

Community Resource Directory

*For Emergencies, Dial 9-1-1

Hotlines

24-Hour Mental Health Crisis Line (Tulare County).....	1-800-320-1616
24-Hour AOD Substance Use Disorder (SUD) Access Line (Tulare County).....	1-866-732-4114
Adult Abuse Reporting.....	(559) 623-0651
Central California Family Crisis Center (press 2 for crisis center hotline).....	(559) 781-7468
Child Abuse Reporting.....	1-800-331-1585
Domestic Violence Reporting (24-hour).....	1-800-448-2044
Lifeline Suicide Hotline.....	1-800-799-4889
National Suicide Prevention Lifeline (Veterans press 1)	1-800-784-8255
National Domestic Violence.....	1-800-799-7233
Rape Crisis (24-hour).....	(559) 732-7273
The Trevor Project.....	1-866-488-7386
A national 24-hour, toll-free, confidential suicide hotline for LGBTQ youth under 24	
Vet2Vet Veteran's Crisis Hotline.....	1-877-838-2838

Helplines

2-1-1 Tulare County: When times get tough, finding help should be simple.....	2-1-1
Tulare County Warm Line (Someone to talk to locally that understands mental illness).....	1-877-306-2413
NAMI Helpline.....	1-800-950-6264
National Graduate Student Help Line.....	1-800-472-3457

Tulare County Mental Health Services

One-Stop (Tulare).....	(559) 687-0929
Porterville Mental Health Clinic.....	(559) 788-1200
Visalia Adult Integrated Clinic.....	(559) 623-0900
Family Rights Advocate: Darcy Massey, LCSW.....	(559) 624-7449
Patients' Rights Advocate: Brenda Workman.....	1-800-905-5597

Counseling Services

Central California Family Crisis Center.....	(559) 781-7462
Central Valley Regional Center (Developmentally Disabled).....	(559) 738-2200
Central Valley Recovery Services (drug & alcohol rehabilitation).....	(559) 625-2995
Dinuba Children's Services.....	(559) 591-6680
Family Services of Tulare County Counseling Center.....	(559) 741-7310
Kingsview:	
Porterville Wellness Center.....	(559) 570-5000
Visalia Wellness Center.....	(559) 931-1001
My Voice Media Center.....	(559) 802-3266
Sequoia Youth Services Bureau.....	(559) 594-4969
Tulare County Alcohol & Drug Rehabilitation Services.....	(559) 636-4000
Tulare Youth Service Bureau.....	(559) 688-2043
Turning Point Visalia Youth Services.....	(559) 627-1385

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Emergency Food

Bethlehem Center (Meals: Monday-Friday 7:30-8:00am, Monday-Saturday 11:30am-12:30pm).....	(559) 734-1572
CSET (food, utilities, school).....	(559) 732-4194
Dinuba Open Gate Ministries.....	(559) 591-1241
El Granito Foundation (Porterville - Thursday 12:00-8:00 p.m.).....	(559) 784-2788
Food Link of Tulare County.....	(559) 651-3663
Porterville Area Coordinating Council (food, clothing)	(559) 793-0213
Proteus (food, utilities).....	(559) 627-0100
St. Anne's Food Pantry (Wed/Thu 8:30-11:30 a.m.).....	(559) 783-8018
The New Porterville Rescue Mission (meals 5 pm only).....	(559) 782-6379
Visalia Emergency Aid Food Pantry.....	(559) 732-0101

Emergency Shelters/Homeless Shelters

Central California Family Crisis Center (press 1 for shelters).....	(559) 781-7468
Dinuba Open Gate Ministries (men, women, families).....	(559) 591-1241
Family Crisis Center (victims of domestic violence).....	(559) 784-0192
Family Services of Tulare County - Karen's House (victims of domestic violence).....	(559) 732-5941
Homeless Veterans in Need of Help (press 1).....	1-877-424-3838 (press 1)
Shelter of Hope.....	(559) 734-7921
The New Porterville Rescue Mission (men, women, families).....	(559) 782-6379
Tulare Lighthouse Rescue Mission (women's & children, by referral).....	(559) 687-8317
Visalia Rescue Mission.....	(559) 733-2231

Law Enforcement

Lindsay Police Dept.....	(559) 562-2511
Porterville Police Dept.....	(559) 782-7400
Tulare County Sherriff Department.....	(559) 802-9400
Tulare Police Dept.....	(559) 684-4290
Visalia Police Dept.....	(559) 734-8117

Legal Assistance

Central California Legal Services.....	1-800-350-3654
Legal Aid of Tulare County.....	(559) 733-8770
O.L.A. Raza (Immigration).....	(559) 784-1121
Superior Court of California, Tulare County Family Law Facilitator.....	(559) 737-4422

Local Hospitals & Medical Services

Adventist Health Tulare.....	(559) 688-0821
Family HealthCare Network.....	1-877-960-3426
Kaweah Delta Emergency Dept.....	(559) 624-2213
Kaweah Delta Medical Center.....	(559) 624-2000
Kaweah Delta Mental Health Hospital.....	(559) 624-3300
Sierra View District Hospital.....	(559) 784-1110
Samaritan Center Free Medical Clinic.....	(559) 733-7331