

Mental Health Support Groups

Connection Support Group (NAMI Tulare County): My Voice Media Center 300 E. Oak Ave., Visalia Call for Information: Office Cell Phone: (559) 967-6168 Family Support Group (NAMI Tulare County): Visalia Location: St. Pauls' Church, Guild Rm 120 N. Hall St., Visalia Call for Information: Phone: (559) 627-1306 Porterville Location: Porterville Wellness Center 333 W. Henderson Ave., Porterville Call for Information: Phone: (559) 280-5258	Friendship Club: Community Living Center (CLC) 628 E. Tulare Ave., Visalia Call for Information: (559) 624-7461 Kingsview: Porterville Wellness Center 333 W. Henderson Ave., Porterville Call for information: (559) 570-5000 Visalia Wellness Center 1223 S. Lovers Lane, Visalia Call for information: (559) 931-1001 Suicide Attempt Peer Support Group Call for information: (559) 624-7449 Suicide Loss Survivors Support Group Call for information: (559) 624-7449 The Source - LGBT+ Center 208 W. Main St., Ste. B, Visalia Call for information: (559) 429-4277
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Mental Health Online Resources

2-1-1 Tulare County: Community resources, services, and opportunities for when times get tough Each Mind Matters: A California Mental Health Movement Outpost for Hope: For missing persons who are "lost to the street" I'M ALIVE.org: Suicide and crisis chat MediCal RX: Medication Rx Help for Californians	NAMI Tulare County: Free mental health supports, education, and resources; local affiliate NAMI California: State organization NAMI National: National organization OCFoundation.org: International Obsessive-Compulsive Disorder (OCD) Foundation ULifeline.org: Counseling Centers and Crisis Lines VeteransCrisisLine.net: Veterans and Service Members crisis help
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