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Hours of Operation: Monday –Friday 8:30-4:00 Saturday/ Sunday Closed 1223 S. Lovers Lane Visalia, CA 93291 (559) 931-1001 		 	1. 9:00 Coffee & Gardening 10:00 PTSD Support 11:00 Cooking (Pork Chops) 12:00 Bingo 1:00 Art 2:00 Job Readiness/Computer Skills 3:00 Chair Yoga 3:00 TAY 	2. VWC Close at 2 pm 9:00 Coffee & Gardening 10:00 LGBTQ+ 10:00 Qi Gong 11:00 Movie 4th of July Celebration 12PM– 2PM 
5.  VWC Closed In observance of 4th of July Holiday	6. 9:00 Coffee & Gardening 10:00 Self-Esteem 11:00 Cooking (Chicken Tacos) 12:00 Music Appreciation 1:00 Bingo 1:00 Zoom Support Group 2:00 Bipolar Support 3:00 Zumba 	7. 9:00 Coffee & Gardening 10:00 Board Games 11:00 W.R.A.P. 12:00 Free Time 1:00 Depression Support 2:00 Photography 3:00 Journaling 	8. 9:00 Coffee & Gardening 10:00 PTSD Support 11:00 Cooking (Chicken Fajitas) 12:00 Bingo 1:00 Art 2:00 Job Readiness/Computer Skills 3:00 Chair Yoga 3:00 TAY 	9.  9:00 Coffee & Gardening 10:00 LGBTQ+ 10:00 Qi Gong 11:00 Photography Fun Fair 12PM– 3PM 
12. 9:00 Coffee & Gardening 10:00 Board Games 11:00 Men's Group 11:00 Women's Group 12:00 Free Time 1:00 Peer Advisory Council (OPEN) 2:00 Anxiety Support 3:00 W.R.A.P. 	13.  9:00 Coffee & Gardening 10:00 Self-Esteem 11:00 Cooking (Shepard's Pie) 12:00 Music Appreciation 1:00 Bingo 1:00 Zoom Support Group 2:00 Bipolar Support 3:00 Zumba 	14. 9:00 Coffee & Gardening 10:00 Board Games 11:00 W.R.A.P. 12:00 Free Time 1:00 Depression Support 2:00 Photography 3:00 Journaling 	15.  VWC Closed Due to staff Development	16. 9:00 Coffee & Gardening 10:00 LGBTQ+ 10:00 Qi Gong 11:00 Photography 12:00 Movie & Snow Cones 2:00 W.R.A.P Activities 3:00 Zumba  
19. 9:00 Coffee & Gardening 10:00 Board Games 11:00 Men's Group 11:00 Women's Group 12:00 Free Time 1:00 Journaling 1:00 Peer Advisory Council (CLOSED) 2:00 Anxiety Support 3:00 W.R.A.P. 	20. 9:00 Coffee & Gardening 10:00 Self-Esteem 11:00 Cooking (Chicken Parmesan) 12:00 Music Appreciation 1:00 Bingo 1:00 Zoom Support Group 2:00 Bipolar Support 3:00 Zumba 	21. 9:00 Coffee & Gardening 10:00 Board Games 11:00 W.R.A.P. 12:00 Free Time 1:00 Depression Support 2:00 Photography 3:00 Journaling 	22. 9:00 Coffee & Gardening 10:00 PTSD Support 11:00 Cooking (Cheese Burger Salad) 12:00 Bingo 1:00 Art 2:00 Job Readiness/Computer Skills 3:00 Chair Yoga 3:00 TAY 	23. 9:00 Coffee & Gardening 10:00 LGBTQ+ 10:00 Qi Gong 11:00 Photography 12:00 Movie & Snow Cones 2:00 W.R.A.P Activities 3:00 Zumba 
26.  9:00 Coffee & Gardening 10:00 Board Games 11:00 Men's Group 11:00 Women's Group 12:00 Free Time 1:00 Journaling 2:00 Anxiety Support 3:00 W.R.A.P. 	27. 9:00 Coffee & Gardening 10:00 Self-Esteem 11:00 Cooking (Fried Rice w/Chicken) 12:00 Music Appreciation 1:00 Bingo 1:00 Zoom Support Group 2:00 Bipolar Support 3:00 Zumba 	28. 9:00 Coffee & Gardening 10:00 Board Games 11:00 W.R.A.P. 12:00 Free Time 1:00 Depression Support 2:00 Photography 3:00 Journaling 	29. 9:00 Coffee & Gardening 10:00 PTSD Support 11:00 Cooking (Penne Pasta) 12:00 Bingo 1:00 Art 2:00 Job Readiness/Computer Skills 3:00 Chair Yoga 3:00 TAY 	30.  9:00 Coffee & Gardening 10:00 LGBTQ+ 10:00 Qi Gong 11:00 Photography 12:00 Movie & Snow Cones 2:00 W.R.A.P Activities 3:00 Zumba 