# Avenue Fifty Salon

## Hand Tied HairExtensionCareSheet

#### **Recommended Products**

- Olaplex shampoo, signature conditioner and Olaplex oil #7 recommended hair care products for maintaining hair extensions (box sets available)
- Olaplex formula #3 and #8 Mask
- Goldwell Big Finish Hairspray
- Any Wet or paddle brush

#### **Extension Care**

- Brush hair thoroughly multiple times a day, holding the wefts securely to avoid unnecessary pulling on beads and tension to the hair
- Always keep a firm grip on the base of the extensions to prevent unnecessary pull while brushing
- Apply recommended oil daily, twice is you can
- Wear hair in a high bun or braid at the beach or pool. Before going in a pool, dapen and apply Olaplex mask to extensions. Use mineral Sunscreen if possible. Normal Sunscreen can be absorbed by your extensions and turn them pink.
- Use a scrunchie instead of an elastic band (they're gentle)
- Sleep on a silk pillowcase and wear hair in a gentle top knot or low pony/braid at night
- Always dry hair completely all the way to the weft on medium to low heat.

- Make sure to separate rows when washing and get your scalp super clean.
- Schedule maintenance every 10-12 weeks
- Have clean dry hair when you arrive to your maintenance appointment
- Avoid sulfates and high in alcohol products
- Use a wet brush :) you'll love it

### Things NOT TO DO with your extensions

- Try not to get your extensions wet in the ocean or pool (this can damage the
  extensions and cause the hair to matte. Although we do not recommend it, if you
  do choose to go swimming, saturate the hair with pure water and Olaplex mask
  prior and secure in a high bun or braid.)
- Never sleep on wet hair
- Never put your hair into a wet "messy bun"
- Do not use high heat settings on hair tools (blow dryer, flat iron, etc.) keep the setting low (not higher than 375°)
- It is not recommended to use purple shampoo on hair extensions
- Avoid windy environments
- Daily shampooing should be avoided.
- Never use drugstore hair products on your extensions
- Avoid sunscreen on your hair (it may permanently discolor the hair) only use hair safe mineral sunscreen on your face and body

\*If there is any damage to the hair purchased based on anything done listed above the client is responsible for purchasing new hair\*

Any questions or concerns always text or DM your stylist before trying anything yourself. We are happy to fix any issues that may pop up!

ENJOY YOUR NEW HAIR!!!!