



Kathryn Colas Academy

*“Early intervention around menopause is recommended; it’s more efficient than hindsight.”*

In House Menopause Ambassador Accredited Training Programme

Kathryn Colas, CEO Kathryn Colas Academy & Author



# Our mission



Kathryn Colas Academy



“to enable Certified Professional Menopause Training for every workplace”

# In House Menopause Ambassador Accredited Training Programme

- Develop your own In-House Menopause Ambassador Team (or individuals) with our Accredited Training Programme
- This programme is a balanced combination of comprehensive information, interactive engagement and discussion delivered by experienced Certified Executive Menopause Coaches on the impacts and management of menopause in the workplace.
- We focus on building long term engagement and measurable outcomes within organisations.
- Our programme modules are delivered weekly. Different arrangements can be made for large organisations.
- On completion of the training programme each participant will achieve Certification as an In-House Menopause Ambassador, a valuable distinction and resource for any organization.



# Our Executive Menopause Coaches

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# In-House Menopause Ambassador Programme Format & Structure

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Participants	Delivery	Duration	Format	Results
Managers and those employees looking to increase their knowledge and skills in workplace menopause management	Individual Modules presented in an inclusive learning environment, delivered by Certified Experienced Menopause Coaches	A five-part programme in an interactive community environment Equates to 12 ½ training & learning hours	<ol style="list-style-type: none"><li>1. Live, interactive workshops</li><li>2. 1:1 Assessments</li><li>3. Assignment assessments for CPD Certification</li></ol>	External Accreditation & Presentation of Certificates in a Menopause Ambassador Celebration Workshop



# In-House Menopause Ambassador Programme

## FAQ'S



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Accreditation	How many people can participate?	How many learning hours?	Programme Fee	How To apply?
<p>Our training programmes were all externally Accredited by CPDUK in 2021</p>	<p>We keep to small groups for greater learning and understanding. Each programme has around twelve participants</p>	<p>A five-part programme which equates to 12 ½ training &amp; learning hours</p>	<p>1. Individual participants £1595 pp +Vat 2. Bespoke courses on application</p> <p>Fees are fully inclusive of all training materials, assignment submission, assessment, 1:1's and Certification.</p>	<p>Contact details are included on slide 7. Please do get in touch</p>



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