



# FALL STRONGMAN BATTLE

**Promoter:** Global Strongman Gym and United States Strongman, Inc.  
**Date:** Nov 14th, 2020  
**Weigh In:** Nov 13<sup>th</sup>, 2020 starting at 8:00am at Global Strongman Gym and Nov 14<sup>th</sup> 2020 before 9:00am

### Men's Divisions

Novice A (220 and under)  
 Novice B (220+)  
 Light Weight (181 and under )  
 Middle Weight A (182-198)  
 Middle Weight B (199-220)  
 Heavy Weight (221+)  
 Masters Open 40yrs + MWA weights

### Women's Divisions

Novice A (165 and under)  
 Novice B (165+)  
 Light Weight (132 and under)  
 Middle Weight (165-)  
 Heavy Weight (166+)

**Place:** Global Strongman Gym  
 987 Pacific Street  
 Brooklyn New York 11238

**Directions:** Take 2/3/4/5/6 to Barclays or C to Clinton-Washington Ave.

**Rules Given:** 9:00 am

**Competition Starts:** 10:00 am

Events*	Men's	Women's
LOG CNP	Novice A 140, Novice B 160, LW - 180, MW A -210, MW B - 230 HW - 280, MA0 - 180 HEROES 170	Novice A - 750, Novice B - 100 LW - 120 MW - 140, HW - 150 Heroes 100
Cross Carry 60 ft 60 sec drops	Novice A 155, Novice B 175 - LW - 200, MW A - 225, MW B - 225, HW - 300, MAO 200 Heroes 200	Novice A - 100, Novice B - 125, LW - 125, MW - 150, HW - 170 Heroes 125
MAX DEADLIFT WESSELS RULE 3 ATTEMPTS FROM FLOOR	Novice A - , Novice B - , LW - , MW A - , MW B - , HW - MAO Heroes	Novice A - , Novice B - , LW - , MW - HW - Heroes
KETTLE BELL FRONT HOLD FOR TIME	Novice A - 25, Novice B - 35, LW - 35, MW A - 40, MW B - 45, HW - 50, MA0 - 35 Heroes 35	Novice A - 25 , Novice B - 25 LW - 35 , MW - 55, HW - 65 Heroes 35
7 STONE OVER BAR 60 SEC 44"W/50"M	Novice A - 190 Novice B - 210, LW - 235 MW A and B - 275 HW 315, MO - 260 HEROES 210	Novice A - 110, Novice B - 135, LW - 155 MW - 175 190, HW - Heroes same as 135

\*Events and weights subject to change at promoters' discretion

**Awards:** Trophies or medals to top 3 in each class  
**Entry Fee:** \$65 (prior to February 14<sup>th</sup>, 2020)  
**Entry Deadline:** Entry forms postmarked by February 7<sup>th</sup>, 2020

**Day of Competition:** \$80 **No Refunds**

**Mail Entries and Make Checks Payable To:**

**Global Strongman Gym**  
 987 Pacific Street, Brooklyn, New York 11238  
**Hans@globalstrongmangym.com** (ph. 1-347-425-1400)

**Or to Pay Via Paypal:\$70.**

In consideration of your acceptance of this entry, I hereby, for myself, my heirs, executors and administrators, and my assignees, waive and release all rights and damages I may have against Global Strongman Gym (GSG) Scorp, Hans Pirman, United States Strongman, Inc., Willie Wessels, any and all sponsors of the event, their representatives and assigns, for any and all injuries incurred by me in conjunction with these championships and in traveling to and from the event. And in further consideration of permission being granted to me to participate in the GSG Scorp and United States Strongman, Inc. contest and its related events, I hereby grant GSG Scorp and United States Strongman, Inc., and/or any other approved video or entertainment organization and all of their agents, successors, licensees and assigns, the right to photograph or otherwise reproduce (whether by film, tape, still photography or otherwise) my voice, appearance and name, and to exhibit, distribute, transmit, and/or otherwise exploit any and all media, including without limitation, by means of still photography, motion pictures, radio, television, television motion pictures, video, printing or any other medium now known or hereafter devised, including with respect also to any merchandising, advertising and/or publicity, and the right to use my name and information about me in any connection with any of the foregoing. The rights granted by me hereunder are granted for the entire universe and shall endure in perpetuity and no further compensation shall be payable to me at anytime in connection therewith. Nothing contained herein shall be deemed to obligate GSG Scorp, United States Strongman, Inc., and/or any other approved video or entertainment organization, to photograph or otherwise reproduce my voice, appearance or name, or to make use of any rights granted herein. I also understand that the aforementioned rights may be reassigned at any time without further consent. I understand that GSG Scorp, United States Strongman, Inc. and/or any other approved video or entertainment organization, are videotaping and photographing the Event in express reliance upon the foregoing, and I represent and agree that I am free to grant the rights granted to GSG Scorp, United States Strongman, Inc., and/or any other approved video or entertainment organization hereunder. Therefore I affix my signature below:

Name:	Age on Day of Competition:	Date of Birth:
Address:	City:	State:
Phone:	Email:	
T-shirt Size:	Division:	

**Signature:** \_\_\_\_\_

987 Pacific Street, Brooklyn, New York 11238  
 Cell 917-968-8720