



SUMMER VIKING BATTLE

Promoter: Global Strongman Gym and United States Strongman, Inc.
Date: Sept 21st, 2019
Weigh In: Sept 20th, 2019 starting at 8:00am at Global Strongman Gym and Sept 21st, 2019 before 9:00am

Men's Divisions

Novice A (220 and under)
 Novice B (220+)
 Light Weight (181 and under)
 Middle Weight A (182-198)
 Middle Weight B (199-220)
 Heavy Weight (221+)
 Masters Open 40yrs + MWA weights

Women's Divisions

Novice A (165 and under)
 Novice B (165+)
 Light Weight (132 and under)
 Middle Weight (165-)
 Heavy Weight (166+)

Place: Global Strongman Gym
 987 Pacific Street
 Brooklyn New York 11238

Directions: Take 2/3/4/5/6 to Barclays or C to Clinton-Washington Ave.

Rules Given: 9:00 am
Competition Starts: 10:00 am
 \$50 cash all 1st Place winners

Events*	Men's	Women's
60 Secs CNP Monster Dumbbell	Novice A80 , Novice B 100, LW - 110, MW A -120, MW B - 130 HW - 150, M0 - 100	Novice A - 55, Novice B - 65, LW - 75 MW - 80, HW - 90
KEG CARRY 100FT {60 SEC NO DROP}	Novice A - 155, Novice B 175- LW - 200, MW A - 225, MW B - 255, HW - 290, MO 225	Novice A - 100, Novice B - 155, LW - 155, MW - 175, HW - 200
18 INC MAX DEADLIFT WESSEL'S RULE 50LB/20LBS STRAPS CHALK NO SUIT	Novice A - , Novice B - LW - , MW A - , MW B - , HW - , MO	Novice A - , Novice B - , LW - , MW - HW -
YOKE SQUAT LAST MAN STANDING PARALELL ON YOUR HEIGHT .NO SUIT.	START Novice A - , Novice B - LW - MW A - , MW B - , HW - , M0 -	START Novice A - , Novice B - LW - , MW - , HW -
MAX ATLAS STONE OVER BAR 3 ATTEMPTS	ANY STONE START Novice A - , Novice B - LW - MW A and B - / HW	ANY STONE START Novice A, Novice B - LW -MW - HW -

*Events and weights subject to change at promoters' discretion

Awards: Trophies or medals to top 3 in each class
Entry Fee: \$65 (prior to Aug 4th, 2018)
Entry Deadline: Entry forms postmarked by Sept 21st, 2019

Day of Competition: \$80 **No Refunds**

Mail Entries and Make Checks Payable To:

Global Strongman Gym
 987 Pacific Street, Brooklyn, New York 11238
Hans@globalstrongmangym.com (ph. 1-347-425-1400)

Or to Pay Via Paypal:\$70.

In consideration of your acceptance of this entry, I hereby, for myself, my heirs, executors and administrators, and my assignees, waive and release all rights and damages I may have against Global Strongman Gym (GSG) Scorp, Hans Pirman, United States Strongman, Inc., Willie Wessels, any and all sponsors of the event, their representatives and assigns, for any and all injuries incurred by me in conjunction with these championships and in traveling to and from the event. And in further consideration of permission being granted to me to participate in the GSG Scorp and United States Strongman, Inc. contest and its related events, I hereby grant GSG Scorp and United States Strongman, Inc., and/or any other approved video or entertainment organization and all of their agents, successors, licensees and assigns, the right to photograph or otherwise reproduce (whether by film, tape, still photography or otherwise) my voice, appearance and name, and to exhibit, distribute, transmit, and/or otherwise exploit any and all media, including without limitation, by means of still photography, motion pictures, radio, television, television motion pictures, video, printing or any other medium now known or hereafter devised, including with respect also to any merchandising, advertising and/or publicity, and the right to use my name and information about me in any connection with any of the foregoing. The rights granted by me hereunder are granted for the entire universe and shall endure in perpetuity and no further compensation shall be payable to me at anytime in connection therewith. Nothing contained herein shall be deemed to obligate GSG Scorp, United States Strongman, Inc., and/or any other approved video or entertainment organization, to photograph or otherwise reproduce my voice, appearance or name, or to make use of any rights granted herein. I also understand that the aforementioned rights may be reassigned at any time without further consent. I understand that GSG Scorp, United States Strongman, Inc. and/or any other approved video or entertainment organization, are videotaping and photographing the Event in express reliance upon the foregoing, and I represent and agree that I am free to grant the rights granted to GSG Scorp, United States Strongman, Inc., and/or any other approved video or entertainment organization hereunder. Therefore I affix my signature below:

Name:	Age on Day of Competition:	Date of Birth:
Address:	City:	State:
Phone:	Email:	Zip:
T-shirt Size:	Division:	

Signature: _____
 987 Pacific Street, Brooklyn, New York 11238
 Cell 917-968-8720