

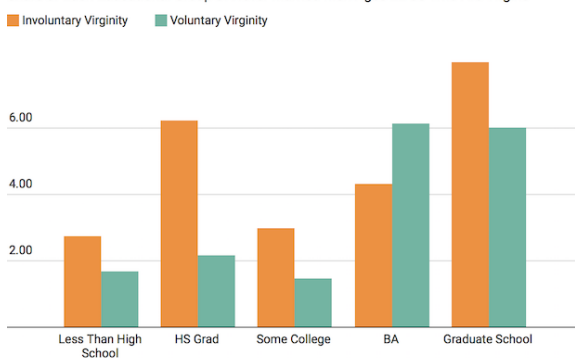
SAMANTHA'S THOUGHTS

It's not about a poke and a squirt ... or is it?

Guest Thoughts: Dan Henderson

Sexlessness Rises With Education

Share of Each Educational Group of Never Married Men Ages 22-35 Who Are Virgins



NSFG 2013-2015, "Involuntary Virginity" refers to reasons for virginity given other than religious, health, or timing

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Please let me say that I feel privileged to have been invited by Samantha to prepare this article and that she has published it.

I've told Samantha previously of the horror I viscerally experience at times when I hear other males talking. This is not simply about conversations I hear when counselling couples or when males come to me to discuss why

their wife/partner is complaining about their sexual performance. Here, I'm talking as much or more about the overheard conversations in pubs and clubs and other social venues, over many years past.

"Well, she wanted it, so I stuck it in her! Gave her a good poke and a squirt. She's got to be happy with that surely?"

Sometimes it's more crudely said with "working class" men; but nonetheless, the same message is conveyed by other supposedly more "sophisticated" males of any age. Especially by males who see themselves as superior to all women.

In counselling I tell them: *"Well, no it isn't and there's no reason she should be happy with that! She's looking for genuine sexual satisfaction and what you are telling me you're doing won't automatically satisfy her needs!"*

I'd like to shout this same message to many of the comments from males that I

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hear in social settings, especially when they have had more than a bit of alcohol to drink! There's a need to shout it from the rooftops; but would males listen!

Males such as these are mostly quite puzzled and lack understanding or even knowledge about where to start any journey in understanding if they are even amenable to learning to understand. Unfortunately, many are not!

Both Samantha and I have heard women tell us about their sheer sexual frustration from such behaviour. Their sheer frustration in watching the male roll off them and go to sleep while they are in sexually unfulfilled agony. Unfulfilled sexual satisfaction in women is not less agony than it is in men. But most men don't understand the differences. And, with increasing education levels, most males don't want to know the difference because their career matters more to them than anything else.

The woman dashes off to another bedroom or to the bathroom to masturbate and achieve some satisfaction, mostly much less than they hoped to achieve. Sometimes with their fingers, sometimes with sex toys. Or, lying there impatiently waiting for his snoring to commence so that they could seriously activate their fingers that by then are already between her legs fondling herself – if inhibitions (*such as religious beliefs*) do not prevent her from taking such necessary actions. Again, much less than she had hoped for on that occasion and in her life generally.

Is it any wonder that women seek to find a male or female to help them achieve the sexual fulfilment that they crave? Another female is expected to understand their need. Most do, some don't, and some are too scared to sexually bond with another female – because in their mind *"it's simply not right"* or so their upbringing has told them. Many males simply don't understand, they just want to squirt! Often, they don't want to understand the difference for a woman.

The next *"poker and squirter"* event becomes another disaster and the women blame themselves even further, following the current/previous disaster(s). Repeatedly the cycle continues. She must be doing something wrong. She must be "odd" because she doesn't hear other females complaining about their sex

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life. She must be ... “too ugly” ... “too fat/thin” ... “too dominant/submissive” ... “too evil as a person” ... “too ABC/XYZ” ... and the list of explanations in her head goes on and on and on!

She self-flagellates, whipping herself with endless thoughts about her limitations sexually. She undermines her self-confidence and hope about ever achieving the sexual satisfaction that she craves so desperately. She accepts that this current state is the way it must be for her from now onwards, especially after marriage or it becomes known that she has partnered with someone. She becomes a recluse mentally.

And this can happen not simply at an older age, but also with young and quite inexperienced women that are still in their teenage years. Especially is this the case if she has been raised to believe it is morally wrong to have sexual adventures prior to wedlock – which too often becomes a deadening lock for such women who would like to explore their sexuality and develop seriously orgasmic satisfaction.

None of her self-blaming head-talk is true, barring any medical conditions. Certainly, some physical conditions make it more difficult to achieve complete sexual satisfaction. They are not the norm for women. To be able to talk it through with other people can help to begin the process of resolution – begin the healing process. Some women find that hard to do with face-to-face discussions with friends or professionals. And some “professionals” either don’t understand or take a very clinical approach to the whole matter.

Intimate private discussions with friendly understanding people can make an enormous difference for the very private or timid person.

So, what is this healing process about and why has it become necessary in our societies?

We need to develop some serious perspective about life and human history over millennia.

When we are born, we are naked. When we die, we are stripped naked and our

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body is prepared for burial or cremation or whatever culture process is used. There are ceremonies and rituals surrounding both birth and death!

It's all the uncomfortable rubbish that goes on between birth and death that "screws up" many people and from which they must heal if and when they recognise that their life doesn't have to be the way it is – that it can be different, it can be better – much better than they had ever imagined so far in their life.

Much of humankind's misery stems from cultural beliefs and practices that incorporate religious and like beliefs and practices as an integral part of those stories of humankind. The graft of business practices has found it very convenient to latch onto those myths of culture to downgrade humans (*especially women*) by pretending to build them up – we've got all these cosmetics, clothes, fragrances, etc to make you what you want to be and be a perfect woman. The advertising is foisted onto women and is re-enforced by those who believe it – both women and men.

There are Adam and Eve among the Biblical myths – stories designed deliberately to convey cultural messages. Whether humankind began only in one geographical location on this planet is still debated by some archaeological authors. But regardless of those debates, cultural/religious beliefs whether nourished and conveyed verbally over time or in written form do not say many of the things that ardent religious fanatics of recent or past centuries or current times purport them to say.

Nowhere does the Adam and Eve myth, or like myths in various cultures, prescribe the "*one man and one woman*" category of union of humans; or proscribe sexuality outside the production of offspring. Yet, we've built empires around the depravity ("*the fall*") of humanity from God's grace because of the craft of the woman to get Adam to eat of the apple. For Adam to know of his humanity and for woman to be held as a lesser being because of that mythical act of sex. Yet we perpetuate and build in ludicrous ways on that myth!

The ancient Biblical fathers and others in those times subjugated woman to being of a lower class. Thus, the dominant males of those periods could have

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multiple wives, multiple concubines, multiple slaves (especially women), all of whom should do the bidding of the males without question. And that included having sex with the master or slave-master or others of the household as and when demanded.

This perpetual degradation of women is alive and well in many parts of the world today. And, by this statement, I do not mean that it's alive and well only in remote parts of the world about which most people have never heard. I mean it's alive and well in many parts of our supposedly superior western civilisation as well as anywhere else!

Many women partnering with men (*whether through marriage or civil union*) are still simply "sperm toilets" for their male partner and have never known true total sexual satisfaction or even the level of satisfaction they obtain through masturbation using they own instrument (fingers) or mechanical vibrators or dildos.

Women still have enormous fear to ask a man to have sex with them. Fear that they will be demeaned in thought or words because of that simple request from which society (culture) will impose frightful words of disrepute.

Not that many years ago, a delightful young lady sought counselling from me through our social media posts. Her parents had split when the mother had converted to a fundamentalist religion with its roots in Christianity. The mother had wiped the father and this daughter from her life because they wouldn't also convert with her.

This daughter was a very horny young woman in her twenties. She needed/wanted to have sex regularly, even daily or several times a day. She masturbated when she didn't have a male to help her satisfy her physical and psychological needs for satisfaction. Her boyfriend had left her because he found someone else with whom the initial rush of hormones seemed to be better than with her.

She was seeing another guy who was much older than her and the sex wasn't great or frequent enough for her liking. The new guy in her life was about to

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have an operation that would put him out of action for some months. The ex-boyfriend was beginning to look back at her with the new rush of hormones abating somewhat.

Her initial questions at that time were would she “go to hell” like her mother predicted if she didn’t convert to her mother’s adopted religion; and would she suffer the same consequences if she fucked her ex-boyfriend while he was still seeing/with this other woman. Remote from each other, she and I worked through the various dimensions of her dilemma to help her deal personally with the religious messages and her own horniness.

Her own less stringent initial religious upbringing caused the first question to be of significance for her. We worked through the “heaven and hell” myths and their significance in religions historically. We worked through her own horniness which had been a characteristic of her life since early teenage years. Horniness that she hadn’t been able to talk to anyone about but had dealt with almost daily with her fingers until she was in a position to purchase dildos and vibrators from her work earnings. And then, she’d found her ex-boyfriend for less than mediocre satisfaction.

She decided to fuck the ex-boyfriend as often as she could until the new older boyfriend had recovered from his operation. The regular sexual satisfaction and its release of endorphins into her body helped her physical and mental well-being. Discussion of the sensations and pleasure with me assisted her to adjust her thinking and mindset to the reality of being human and being a sexual human being. She felt much better over those following few months.

When her new boyfriend had recovered, her next question dealt with his paltry efforts to satisfy her using the missionary position. Remember here why it’s called the “missionary” position – it was taught by Christian missionary to “natives” as the way God wanted sex to be conducted.

Why was this position considered superior “from God’s perspective”?

This was thought to be so in order to ensure the sperm would stay in the woman’s body and produce children. Sex was “invented” to reproduce kids!!!

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The problem is that if “God is to be held responsible” for the production of children by His means, then it’s not very efficient. Women can conceive for only about three days (*give or take a bit of time*) in a thirty-days menstrual cycle. That is a conception efficiency of about ten percent, at best.

We’ve wanted better efficiencies in most of our other human activities. Think about our concepts of efficiency in our areas of advertising today. I understand the concepts are not truly comparable, but the arguments of the past by often ill-informed religious fanatics are truly laughable!

My advice about her new problem was simple and quite clear. Get your new boyfriend naked and on his back. Use whatever means at your disposal (fingers, hands, mouth, etc) to get his penis erect, hard and harder still. Ensure your vulva and vagina are moist (use lubricant if necessary), then climb onboard and put his penis in her vagina (anus if you want to do so) and ride him until you are satisfied. Preferably satisfied multiple times.

And remember, that while women often take longer to become fully aroused than men, women also can have four to six times more orgasms than men – women’s arousal states lasting much longer than for a male. So, women often need to regulate when their man orgasms so they can maximise the number of orgasms experienced.

This young lady developed a fantastic sexual relationship with this partner. She learned to control her needs in this area and is not afraid to satisfy her needs and his as well. This has continued over some years now. She is also now the very pleased mother of three children. Had she not taken positive action she may very well be a disgruntled and sexually unsatisfied mother who is simply a sperm toilet to a dominant man.

In all the shit that goes on between birth and death, we should look seriously at developing polyamorous relationships. Polyamorous either in groups or individually and stop mouthing off disparagingly about people who have sexual intimate relationships with more than one other human being. The one-on-one male/female relationships are myths of the past – the ancient past. Yet, we

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keep perpetuating them in our culture and business thrives on them through marriage/divorce cycles, household furnishing and settings, festive activities (Christmas, Easter, etc) and the other “events” for which commerce can be undertaken. And the commerce lists go on ever more inventively.

What have these aspects of life been like for you? Have you taken control of your sexuality and its needs for your body and mind? Do you blame yourself and do nothing or simply blame a poorly chosen male? When will you go and get the sexual satisfaction that you crave and need for your own health and wellbeing?

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