

KHAIRUN-NISA EYE HOSPITAL

Khairun-Nisa Eye Hospital, 49/ 4 Dr. Tharani Road, Gujrat Colony, Jamshed Town, Near Islamia College, Karachi,
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A project of **K&N's Foundation**
(A company set up under section 42 of the Companies Ordinance, 1984)



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ANNUAL REPORT 20¹⁸/₁₉

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Message from CEO

K&N's  Foundation

(A company set up under section 42 of the Companies Ordinance, 1984)

K&N's Foods (Pvt)Ltd. Is dedicated to providing health and happiness to the nation. In order to pursue the objective, it has established the K&Ns Foundation. We are funding charitable organisations engaged in the field of health and education.

Khairun-Nisa Eye Hospital was established in cooperation with Vision Trust, to fulfil the above-mentioned objective and has over the last four years since its inception made significant progress in the realisation of these goals. I congratulate the management for successfully acquiring ISO 9001:Quality Management System Certification last year. A cornerstone in our resolve of not compromising the quality of service.

I feel satisfied to see that so far, Khairun-nisa Eye Hospital, has seen more than 70,000 patients, and more than 15,000 persons have been operated upon so far, and counting. I also feel good to see the quantum of free eye care, like, free glasses, free medications, free general eye surgeries, free special investigations, free labs and highly specialized and sophisticated eye surgeries not available at many places and beyond the reach of ordinary people for their high cost and fees, are also provided on very low or free of charge basis.

I welcome the recent initiative of the community outreach program of School Eye Health Services, under the same umbrella. I hope and wish success for Dr Mazhar Awan, a mission-driven and dedicated person in his endeavours of fighting and preventing curable blindness. It's a pleasure to be working with him.

Together we hope to contribute in our own ways, towards a healthier, progressive and prosperous future of the nation in special and a better world in general.

MR. KHALIL SATTAR
CEO K&N's Foods (Pvt)Ltd



My fight to cure blindness commenced on the day I chose ophthalmology as my field of specialization, soon after my graduation back in 1982. The turning point in my practice, however, came 21 years later in 2003, when I decided to dedicate the remaining career full time in service of less privileged. Those who don't have financial means for decent eye care or access to what present-day science and technology has to offer in this regard.

My humble but consistent start was from a small first floor residential flat in Karachi, where I relentlessly served for about 12 years albeit on a humble scale. The time came when we needed to expand our service base and intake/output capacity. In 2016, courtesy of Mr Khalil Sattar CEO K&N's Foundation, we shifted over to his ancestral home and had it converted into an eye hospital. We named it Khairunisa Eye Hospital in loving memory of his deceased mother. Here, by the grace of Almighty the scope, as well as our service base, increased by leaps and bounds.

We do not want to slow down or stop here but hope and pray to carry-on this mission forward. We would like to grow into a bigger and better, state of the art and internationally accredited purpose-built eye care and teaching facility with its doors always open and accessible to less fortunate and less privileged as well as the fortunate few, without any discrimination or compromises in the quality of service.

Now as an *ISO: 2015 9001 QMS Certified* organization we have also taken humble steps towards community outreach programs of school health services for our future generation and hence contribute towards making Pakistan and this world a better place.



DR. MUHAMMAD MAZHAR AWAN

CMO Khairunisa Eye Hospital

ISO 00022442 - 9001

Message from CMO
KHAIRUN-NISA
EYE HOSPITAL



EVERYONE HAS THE RIGHT TO DECENT EYE CARE
ABOUT 75% OF THE VISUAL IMPAIRMENT
AND BLINDNESS IS CURABLE
WE NEED TO BRIDGE THE VAST GAP
THAT EXIST BETWEEN THE MASSES AND
DECENT EYE CARE FACILITIES





Mission Statement

NOBODY SHOULD BE LEFT UNCHECKED OR UNASSESSED FOR THE NEED OF ANY EYE CARE.

BY FAR THE OVERWHELMING MAJORITY OF OUR PEOPLE EITHER DO NOT HAVE ACCESS TO OR CANNOT AFFORD QUALITY EYE CARE.

AT KHAIRUNISA EYE HOSPITAL , WHICH IS A PROJECT OF K&N'S FOUNDATION, MANAGED BY VISION TRUST, WE AIM TO BRIDGE THESE GAPS TO WHATEVER EXTENT WE CAN, BY PROVIDING QUALITY EYE CARE FOR THE VISUALLY IMPAIRED IN OUR COMMUNITY OUTREACH PROGRAMS REGARDLESS OF THEIR FINANCIAL STATUS.



Vision

To see Khairunisa Eye Hospital as a leading charitable, quality eye care providing and human resource development facility of the country.

Mission

To provide quality and affordable eye care for all on purely humanitarian, non religious, non political and non discriminatory basis regardless of their paying capacity.

Background of Our Mission

According to global estimates published by international association of the prevention of blindness (www.iapb.org) figures. about 75 % of the visual impairment and blindness is curable. By far the major burden lies in under-developed world such as ours. Vast majority of our populace do not have access to basic health or eye care.

Major cause of decreased vision can be cured by simple eyesight testing and dispensing appropriate glasses. More than a billion people in the world need suitable reading glasses only Hence the most common cause of visual impairment and blindness, is uncorrected refractive errors. Correct assessment and prescription of glasses is all that it takes to cure the disability. Worst affected in the category of visual impairment are school going, silently suffering school going children because they do not generally complain.

Second most common cause of curable blindness is cataract and this will have to be dealt with by increasing our Operating Capacity many folds, hopefully through creating a bigger and better hospital.



Our History

We opened our doors for services on 1st of January, 2016. At the time of writing this report, we have successfully completed four years of operations. With never-ending and increasing financial support of K&N's Foundation, there is a great improvement, expansion of our service base and capacity.

We don't want to stop here and in the coming years, have many plans of expansion of our in-house facilities as well as to initiate community outreach programs. One such initiative is School Eye Health Service, which is already making inroads into the community.



Consultants

Chief Consultant

Dr Tarique Saleem

MBBS, FCPS

Assistant Professor of Ophthalmology
Dow University of Health Sciences
Civil Hospital Karachi.

Associate Consultants

Dr. Fatiema Sheikh, FCPS

Dr. Sana Siddiq Motiyar, FCPS

Dr. Sikandar Shamsi, FRCS

Visiting Consultants

Dr. Muhammad Ali Tahir, FCPS

Dr. Qurat-ul-Ain Paracha, FCPS

Dr. Beenish Khan, FCPS, FRCS

Orthoptics

Salma Saleem,

BS Optometry, DO Orthoptics

Managers

Mehnaz Ali

Front Office Manager

Muhammad Haneef Maher

Manager Initial Assessment and
Outpatient Diagnostic Procedures

Samina Mazhar

Manager Welfare

Roseline Asif

Head of Nursing, Environment of Care
and Infection Prevention and Control

Kelash Kumar

Incharge Operation Theatre

Shabbir Almani

Manager Accounts

Humayun Kalam

Head of HR

Nisar Ahmad Farooqui

Manager Repair & Maintenance,
Purchase & Procurement

Nadia Ayub

Pharmacist

Assistants

Noureen Javaid, Maham Khalil,
Mehrun-Nisa, Shifa, Sufian, Hameed,
Ghulam Mohiuddin, Kamran, Ayaz Khan,
Aslam Khan, Fazal Khan, Sajid Khan,
Muheer, Abdul Wahid, Sunny Yaqoob,
Shakeela, Ishtiaq, Shan, Jawed, Shehzad,
Riaz, Arjun Nawab, Alamzeb, Rizwan,
Farzana, Kaleem David, Shabbir Almani,
Junaid Rafeeq, Rafeeq, Adeeb, Majeed,
Naeem, Raheem, Qasim.

School Eye Health Program

Best place to start off with our community based outreach programs is schools where virtually no consistent or ongoing program exists in Pakistan. It is generally understood that children constitute about 35 % of the population. There is no effective legislation to make it incumbent upon school administrators to screen their students for visual impairment or to provide any other relevant school health care. We at Khairunisa Eye Hospital wish to undertake this as our challenge and hope not only to bring out more accurate estimates of visual impairment in our school going children, but also endeavour to bring this prevalence down.

Year 2019 has given us this opportunity, a path we wanted very much to tread in this regard. This is based on the concept of community outreach programs in order to undertake early detection and intervention in matters of health. Our program follows a well focussed staged plan, where we want to systematically sensitise, school administrators, train teachers and school children, organise screening to identify those who may have decreased vision and managing the vast amount of data.

This shall be followed up by sending out field teams adequately trained and equipped to test and dispense glasses to those found in need, free of cost. Our primary focus is on the underprivileged segments of the society. We shall do everything possible within our means to provide or facilitate specialised hospital based care to those who might need it.



Our working philosophy is to install a sustainable, ongoing activity in every school we reach out to. This is being done by empowering and creating adequate awareness and motivation. We shall be retracing our activities by setting up a system of reminders to children, parents and school administration, if not on a six monthly basis then at least an annual basis.

In the long run, we would like to provide advocacy to provincial/ federal legislative bodies and push comprehensive school health service laws and a binding on schools.



Our Project Team

Dr. Muhammad Mazhar Awan
Project Director

Fatima Zehra
Masters in Project Management
Program Manager, Coordinator School Eye Health Project

Zeenat Aziz
Assistant Project Manager

Noureen Jawed
Data Entry Assistant

Muhammad Imtiaz Ansari
BCS, MBA
Database Manager, Senior Business Analyst

Ali Rehan
IT and Operation Partner E-Resource Center (Pvt) Ltd.

Sarmad Waseem
ACCA, CIA, BSc
Consultant Finance

Shabbir Almani
Manager Accounts

Advisory Panel of Experts in Ophthalmology

Dr M Dawood Khan

FRCS

Dr Muhammad Zahid Jadoon

MBBS, DLSHTM, MSc Epidemiology

Dr Akhtar Jamal

FRCS

Dr Fatima Ali Lanewala

FRCS

Dr Masroor-ul-Haq Shahzad

FRCS

Dr Harris Shahzad

FRCS

Dr Tariq Aziz

FRCS

Dr Imran Hussain

FRCS

Dr Azam Ali

FRCS

Legal Advisors

Junaid Ahmed

Barrister at Law & Advocate High Court

Syed Tasneem Yousuf

Deputy Commissioner Income Tax(Retd.) Federal Board Of Revenue, Pakistan

Financial Auditors

Grant Thornton

Chartered Accountants

Anjum Rehman

Chartered Accountants

ISO 9001:2015 QMS

Lloyd's Register

Khairun-Nisa Eye Hospital boasts installing a Quality Management System to run the affairs of the hospital.

The reason to invest our time, efforts and resources in this area, is to ensure the delivery of quality service to our patients.

We strongly believe that an organization having quality management in place to run the affairs, is in a better position to create and deliver quality service. What could be better than to go for an ISO 9001:2015 Internationally accredited Quality Management System certification in this regard.



Current issue date: 21 October 2019
Expiry date: 20 October 2022
Certificate identity number: 10225283

Original approval(s):
ISO 9001 - 21 October 2019

Certificate of Approval

This is to certify that the Management System of:

KHAIRUNISA EYE HOSPITAL

49/4 DR. THARANI ROAD GUJRAT COLONY JAMSHED TOWN, Karachi, 74800, Pakistan

has been approved by Lloyd's Register to the following standards:

ISO 9001:2015

Approval number(s): ISO 9001 – 00022442

The scope of this approval is applicable to:

Management and Delivery of Healthcare in relation to Eye care.

Luis Cunha

Area Operations Manager - SAMEA

Issued by: Lloyd's Register Quality Assurance Limited



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Overseas Contacts

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San Francisco, USA

Dr Mateen Durrani

m.durrani@btinternet.com
London, UK

Mr. Raheel Siddiqui

raheel_siddiqui@hotmail.com
Toronto, Canada

Our Facilities

1. General Outpatient Facilities ²

- 1.1. Optometry
- 1.2. Comprehensive Eye Exam & Consultation
- 1.3. Orthoptic Care
- 1.4. Common Labs
- 1.5. Dispensing Optician & Pharmacy

2. Specialized Outpatient Facilities ³

- 2.1. A-scan Immersion Biometry
- 2.2. B-scan Imaging
- 2.3. OCT, OCT + Angioscan, OCT + Gonio & Pachymetry
- 2.4. Fundus Photography & Fundus Fluorescein Angiography
- 2.5. Visual Field Analysis
- 2.6. YAG Laser Procedures
- 2.7. ARGON Laser Treatments

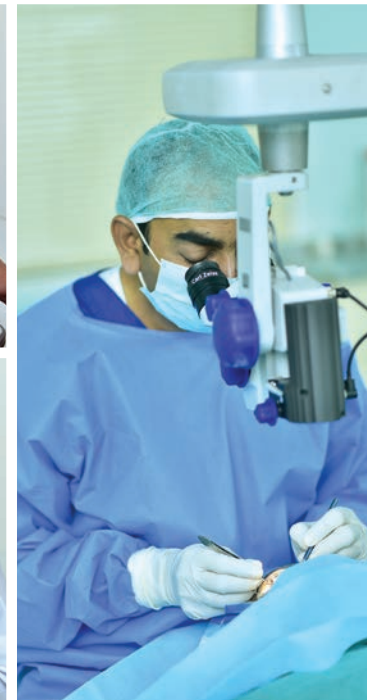
3. General & Specialized Surgical Facilities ⁴

- 3.1. Minor Surgeries
- 3.2. Intravitreal Injections
- 3.3. Major Anterior Segment Surgeries
- 3.4. Major Posterior Segment Surgeries

² These facilities are general outpatient interaction like eyesight check up by an optometrist, or comprehensive eye exam by an ophthalmologist where felt necessary. The orthoptist deals with squint related non surgical interventions mostly in children. The hospital has common lab tests, optical shops and a pharmacy where prescribed glasses and medication is dispensed.

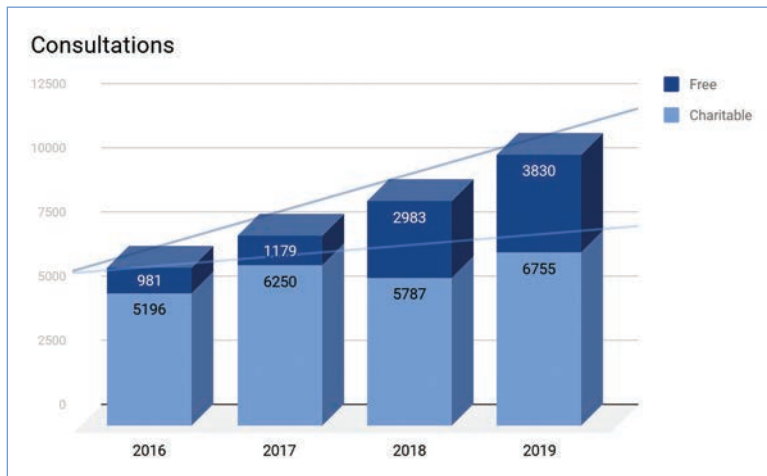
³ These facilities are both diagnostic aids as well as therapeutic modalities.

⁴ Operation theatre is fully equipped with latest equipment and very well trained staff to undertake sophisticated eye surgeries.



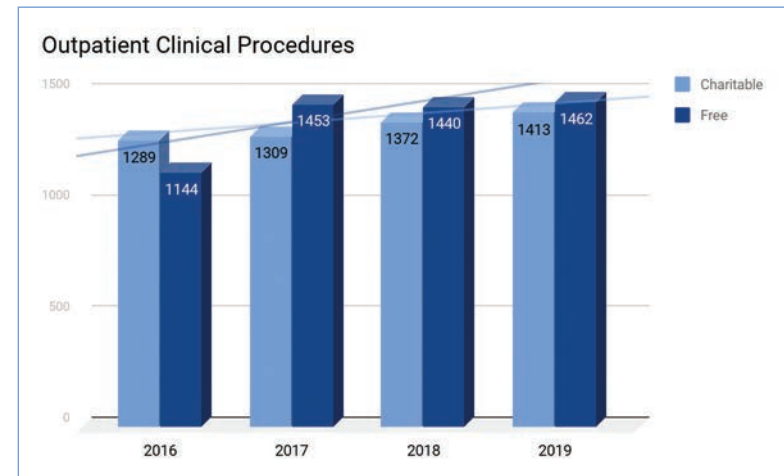
Activities Year by Year | **Consultation Services**

	2016	2017	2018	2019	Total
Charitable	5,196	6,250	5,787	6,755	23,988
Free	981	1,179	2,983	3,830	8973
Total	6,177	7,429	8,770	10,585	32,961



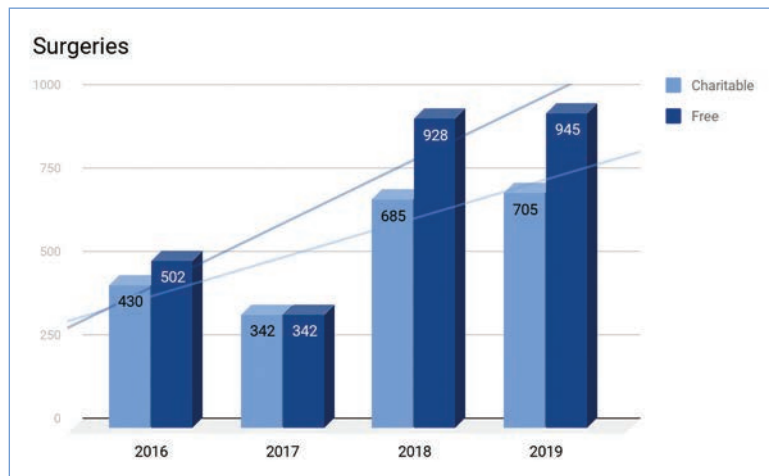
Activities Year by Year | **Outpatient Clinical Procedures**

	2016	2017	2018	2019	Total
Charitable	1,289	1,309	1,372	1,413	5,383
Free	1,144	1,453	1,440	1,462	5,499
Total	2,433	2,762	2,812	2,875	10,882



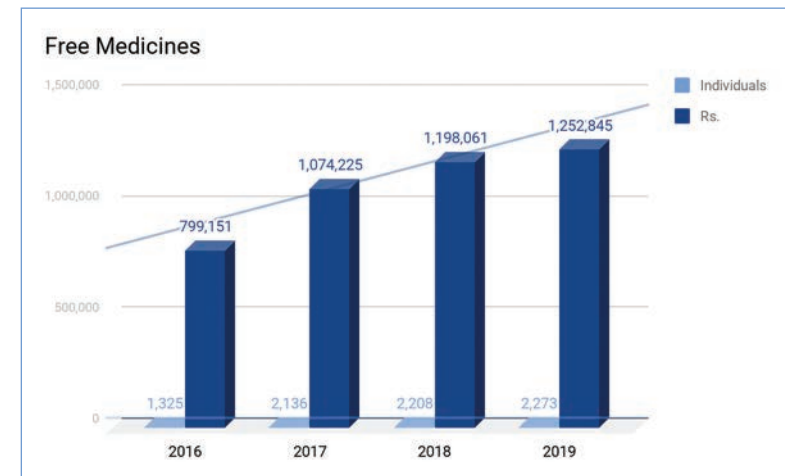
Activities Year by Year | Surgical Services

	2016	2017	2018	2019	Total
Charitable	430	342	685	705	2162
Free	502	853	928	945	3228
Total	1,155	1,547	1,613	1,650	5,965



Activities Year by Year | Free Medication Services

	2016	2017	2018	2019	Total
Individuals	1,325	2,136	2,208	2,273	7,942
Amount Rs.	799,151	1,074,225	1,198,061	1,252,845	4,324,282

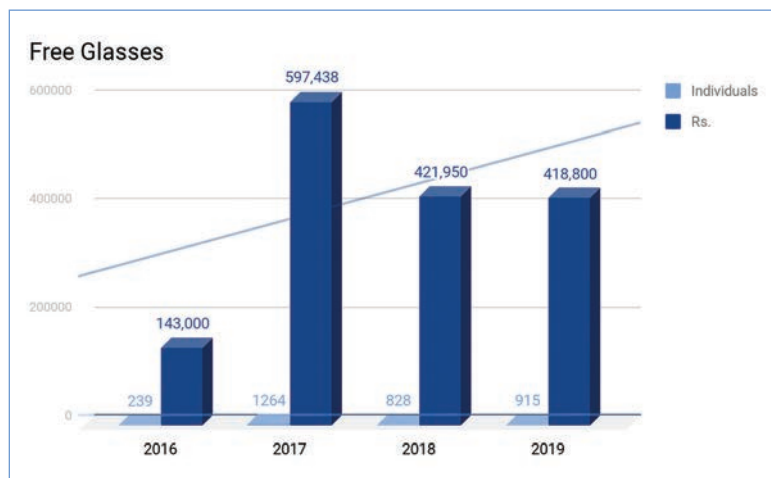


Consultants

Activities Year by Year

Free Optical Services

	2016	2017	2018	2019	Total
Individuals	239	1,264	828	915	3246
Amount Rs.	1,43,000	597,438	421,950	418,800	1,438,188



Dr Tarique Saleem

MBBS, FCPS

We as ophthalmologists are at the heart of the machine waging war against blindness. The best part of my day is spent treating the underprivileged at Civil Hospital, and at Khairun-nisa Eye Hospital. Other than practising General Ophthalmology and high volume cataract surgeries my special interests are in pediatric ophthalmology and LASIK.

I hope to be able to reach out to more and more patients needing specialized services in the future, those who don't have access to decent eyecare.

I look forward to and feel proud to be a team member of the school health services of Khairun-nisa Eye Hospital, a community outreach initiative, providing us with an opportunity for early intervention.



Dr Sana Siddiq Motiyar

MBBS, FCPS

At Khairun-Nisa Eye hospital, I feel like living my dream. I can undoubtedly call this place a topnotch facility for providing quality eyecare, where anyone can walk in without worrying about cost of the treatment or any compromise in quality of service.

I practice ophthalmology not as a profession but as a religious obligation. My parents, may Allah shower His blessings on them, have provided me everything that can make anyone go out and work for. The pleasure I draw from practicing general ophthalmology, high volume cataract surgeries and honing my skills in practice of medical retina here, is beyond words to express. The smiles and prayers of patients I get in return are my precious take homes.

At this hospital, I have all that it takes to practice ophthalmology and achieve what I want to. Patients, all the necessary equipment, supportive staff, above all a friendly and family like professional work environment. In short we have all what it takes to make any professional like me happy, to fully exploit the potentials of my person and the art I practice.

I look forward to serving the patients at Khairun-Nisa Eye Hospital, the cause underlying the creation of this hospital, for a long time. A cause that binds me to it, in a spiritual manner, the pure cause of service to humanity.

Consultants



Dr Sikandar Shamsi

MBBS, FCPS, FRCS

After returning to Karachi, Pakistan from Yemen a few years back, where I served as a consultant for a number of years, I was looking around for an opportunity to practice ophthalmology and make my ends meet.

I consider myself fortunate indeed to join the team of my senior colleague and friend Dr Mazhar Awan. I was pleased to see his dedication and spirit to work for the underprivileged. This gave me the needed strength and resolve and I teamed up with him.

Never had to regret my decision or to look back and here I am as one of a high volume cataract surgeon and medical retina practitioner of his team, employing quality equipment and environment and being able to deliver a service which is a source of spiritual and professional satisfaction for me.



Dr Muhammad Ali Tahir

**MBBS, FCPS Ophthalmology, FCPS Vitreo-Retina
Consultant, Eye Department JPMC, Karachi**

In order for me to deliver what I can, as a vitreo-retinal surgeon, other than the need for a very high level of training and competency, highly expensive equipment, extremely competent supportive staff and efficient working environment are also needed. More than all of the above, there is a need for top management's commitment towards the delivery of rather expensive service to those who cannot afford.

What could be a better place for all these facilities to exist under one roof at Khairun-Nisa Eye Hospital. I am a part time visiting consultant here and enjoy every moment of my work.

Look forward to a long and productive association with the hospital and wish all the success in all the future aspirations of the management to create a teaching and training facility in the coming days.

Consultants



Dr Qurat-ul-Ain Paracha

MBBS, FCPS

I am honored to be part of the team at Khairunnisa Eye Hospital, which is dedicated to deliver quality and cost effective services for the management of vision impairing diseases in the community. The hospital has well-equipped, state of art facilities under one roof to diagnose and manage almost all ocular disorders, ranging from optical, diagnostics, lasers, all major and minor surgical procedures under local and general anaesthesia.

I am practicing as a General Ophthalmologist with special interest in Oculoplastics, Medical Retina and Cornea. I fully enjoy my work here. Besides all support facilities, nursing, technical assistance. Administrative staff are very cooperative and friendly. I wish this hospital to grow further, leading to a teaching and training hub as well.

We fully endorse the Visionary leadership of Dr Mazhar Awan to take this hospital forward.



Dr Beenish Khan

**MBBS, FCPS Ophthalmology, FRCS (Glasgow) Ophthalmology
Assistant Professor of Ophthalmology
United Medical and Dental College
Creek General Hospital, Karachi.**

At Khairun-Nisa Eye Hospital, we share the management's vision and mission and are working together to provide service to people coming from all socio-economic tiers of the society. Quality of service reigns supreme here, and almost all the facilities are available under one roof. The sterility protocols in the operating area are stringent creating an Environment Of Care.

Infection Prevention and Control protocols are meticulously practiced and the staff is continually trained and updated to help maintain safety for staff, patients, their attendants and visitors alike.

I practice general ophthalmology, cataract and glaucoma with special interest in oculo-plastic surgeries besides management of medical retina and LASIK.

Consultants



Dr Fatiema Sheikh

MBBS, FCPS

I joined Khairun-Nisa Eye Hospital in 2019 and feel fortunate to be part of a very dedicated team of professionals working under the visionary leadership of Dr Mazhar Awan.

This is a team of people who provide sincere service to patients from all socio-economic tiers of the society, regardless of their paying capacity. It makes me happy to see people getting quality eye care, people who otherwise do not have access to or can't afford.

I have worked for seven years treating patients with Diabetic retinopathy and other such Retinal vascular diseases and find the working conditions as well as the availability of sophisticated diagnostic and therapeutic facilities under one roof to be extremely satisfactory.

I hope I can continue with this mission in my humble way for as long as it takes and wish this hospital a greater and greater role in the care of the Visually Impaired.



Dr Asifa Azam

MBBS, Medical Officer Ophthalmology

I am fortunate to be in the company of such a collection of co-professionals. Every day that I spend at Khairun-Nisa is a day better than the earlier, for my knowledge and experience grows.

I do not practice ophthalmology to make a living, it's just that I enjoy being there among the learned company of experts. I get an opportunity to see a wide variety of clinical conditions and experts dealing with them.

At Khairun-Nisa I feel at home and wish I could get more and more opportunities to serve the visually ailing and find use of the years and resources that went into my medical graduation from AKUH.

Consultants



Ms Salma Saleem

BS Optometry, Doctor of Optometry, Othrhoptist

As an Optometrist and Orthoptist, I am trained to examine and treat children with squints, lazy eyes and anybody in need of Contact Lenses or Low Visual Aids. I go about performing these functions in one of the following two ways;

1. By conducting examination and providing care in their first encounter with an eyecare facility after registration, and ascertaining if they need above mentioned care. If found in need of medical or surgical care, I refer the patients accordingly to our ophthalmologists, and
2. See any of these patients and manage them accordingly when referred to me by the consultant ophthalmologists.

I am proud and pleased to be a team member of the faculty at Khairun-Nisa Eye Hospital, where I provide above mentioned services in addition to performing similar duties at Eye Department, Civil Hospital Karachi.

I look forward to contributing towards the development of a university accredited teaching and training program at Khairun-Nisa Eye Hospital, in the coming days for allied visual sciences. This could go a long way towards our contribution for the management of Visual Impairment in Pakistan and making the world a better place to live.

Our long term future plans

We want to build a larger state of the art eye care teaching facility which should;

1. Deliver high quality eye care on very low to no cost basis to the underprivileged.
2. Should be a purpose built foundation up facility accessible to people with dis-abilities.
3. Should be a bench-mark teaching and training facility contributing towards Human Resource development in following areas;
 - 3.1. Refractionists
 - 3.2. Optometrists
 - 3.3. Orthoptists
 - 3.4. Outpatient Clinical Assistants
 - 3.5. Theatre Assistants
 - 3.6. Ophthalmic Nurses
 - 3.7. Undergraduate and postgraduate teaching and training,
 - 3.8. Much needed Rehabilitation programs for blind
 - 3.9. Research and Development

We hope and pray to the Almighty to give us enough strength enabling us to help eliminate curable blindness, to make our country and this world a better place for our future generations.

OUR FAMILY

