

# VISION

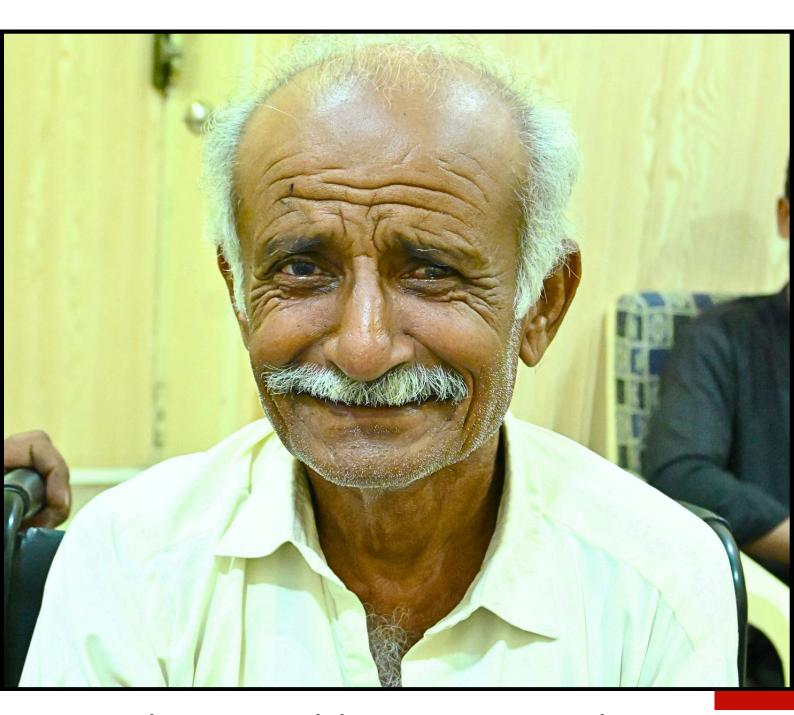
Illuminating Lives, Restoring Vision. A Year of Impact and Hope.

2024

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Approximately 1.1 billion people worldwide live with vision loss.



If you can read this report, you have the gift of sight—imagine life without it.



# VISION TRUST FOUNDER TRUSTEES



#### Justice (R) Mushir Alam, Supreme Court of Pakistan

Born on August 18, 1956, into a family with a rich legal heritage, he is the third generation in the legal field. After earning his LLB from S.M. Law College in Karachi, he became a prominent lawyer and was appointed as a Judge of the Supreme Court of Pakistan in 2013. With a distinguished career, he has held several influential roles, including Chairman of the DPC of the Law & Justice Commission and Judge In-charge of IT Affairs of the Supreme Court, contributing significantly to judicial reforms through technology integration.

#### Syed Humayun Kalam, Economic Consultant.

Syed Humayun Kalam is the Founder Trustee of Vision Trust, a distinguished philanthropist, and an experienced economic consultant. With a deep commitment to social welfare, he has played a pivotal role in advancing eye care services and community health initiatives. His expertise in economic consultancy has contributed to the strategic growth of various organizations, ensuring sustainable impact. Through Vision Trust, he continues to work toward accessible healthcare and empowerment for underserved communities.



#### Syed Shariq Kalam Sales Director, ORACLE- Pakistan

A seasoned Technology Sales Professional with over a decade of experience in key account management, CxO relationship building, and solution selling across Oracle, IBM, and Microsoft solutions. Recognized for driving multi-million-dollar portfolios and awarded multiple times, including Oracle Pakistan's prestigious Club Excellence Award.

#### Air Commodore(R) Dr. Ghulam Mujaddid Butt

Air Commodore (R) Dr. Ghulam Mujaddid Butt is a seasoned military aviator and academic, with a distinguished career in the Pakistan Air Force spanning over 33 years. Commissioned as a GD Pilot in 1978, he served as a fighter pilot, accumulating 2000 flying hours and rising to the rank of Air Commodore. Following his retirement in 2011, he transitioned to academia and is currently an Assistant Professor at the National Defence University, Islamabad, specializing in Strategic and Nuclear Studies. Passionate about walking, travel, poetry, and literature, he leads a fulfilling personal and professional life.



# A FUTURE WITHOUT LIMITATIONS



#### **About**

### **VISION TRUST**

Vision Trust is a non-profit organization dedicated to providing comprehensive eye care services to underserved communities. Established with the mission to prevent blindness and restore sight, Vision Trust operates through its primary facility, Khairun'nisa Eye Hospital, along with mobile eye care units and outreach programs.



### **VISION**

Vision Trust is dedicated to fostering an inclusive world where individuals with disabilities have equal opportunities to thrive and contribute to their communities.



### MISSION

Their mission is to provide highquality, accessible, and comprehensive services to persons with disabilities, enhancing their quality of life and promoting community inclusion.



# MORE THAN 80% OF THE PATIENTS ARE TREATED FREE OF COST.

# **Our Projects**

- Khairun'nisa Eye Hospital
- Human Resource Development (Optometry Internship Program)
- School Health Services Karachi
- Primary Eyecare Center & School Health Services- Attock

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## **CEO MESSAGE**

Reflecting on 2024, I am incredibly proud of Vision Trust's progress in advancing eye health and community outreach. This year has been one of growth, resilience, and impactful service. With the expansion of our services to Attock, the successful implementation of school eye health screenings, and the strengthening of our partnerships, we have significantly improved access to quality eye care.

Our dedicated team, volunteers, and supporters have been instrumental in making these achievements possible. We remain committed to our mission of restoring vision, improving lives, and fostering inclusion for all, particularly those in underserved communities. Looking ahead to 2025, we aim to expand our initiatives, enhance disability management programs, and set new benchmarks in eye healthcare.

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**Dr Muhammad Mazhar Awan** 

Chief Executive Officer

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### KHAIRUN'NISA EYE HOSPITAL

### Managed by Vision Trust & Funded by K&N's Foundation

Khairun'nisa Eye Hospital, managed by Vision Trust, is a leading facility dedicated to providing quality eye care services to individuals from all walks of life. Established with the vision to combat preventable blindness, the hospital offers state-of-the-art diagnostic, therapeutic, and surgical services. Our expert ophthalmologists, optometrists, and healthcare professionals work tirelessly to ensure that every patient receives the best possible care. The hospital also plays a crucial role in Vision Trust's outreach initiatives, hosting free medical camps, school screenings, and specialized treatment programs for underserved communities.

Tansformed over 200 Thousand lives, which has enabled their families to have a bright future.

## **SHCC CERTIFICATION**

Vision Trust has successfully obtained Sindh Healthcare Commission (SHCC) Certification, marking a significant milestone in our commitment to providing high-quality and ethical healthcare services.

This certification is a testament to our continuous efforts in empowering individuals with disabilities, advocating for inclusive healthcare, and ensuring that every patient receives the best possible care.







### **CATARACT PROGRAM 2024**

In 2024, Vision Trust in collaboration with **Sightavers**, launched a Cataract Program particularly for communities outside Karachi. to tackle the growing backlog of cataract cases and improve the cataract surgical rate in Sindh and Balochistan.

#### This initiative is dedicated to:

- Providing life-changing cataract surgeries to underserved communities.
- > Strengthening healthcare systems for sustainable eye care services.
- Raising awareness and promoting early detection to prevent avoidable blindness.

By restoring vision, we are restoring hope, independence, and quality of life for thousands. Together, we are making a brighter, clearer future a reality!





### **WORLD IS BEAUTIFUL AGAIN**

In the busy streets of Baldia Town, Karachi, **Noor Mahel,** 65, lived a simple life making handicrafts. But three years ago, darkness crept into her vision, making daily tasks difficult. Walking, chatting, and even recognizing loved ones became a struggle.

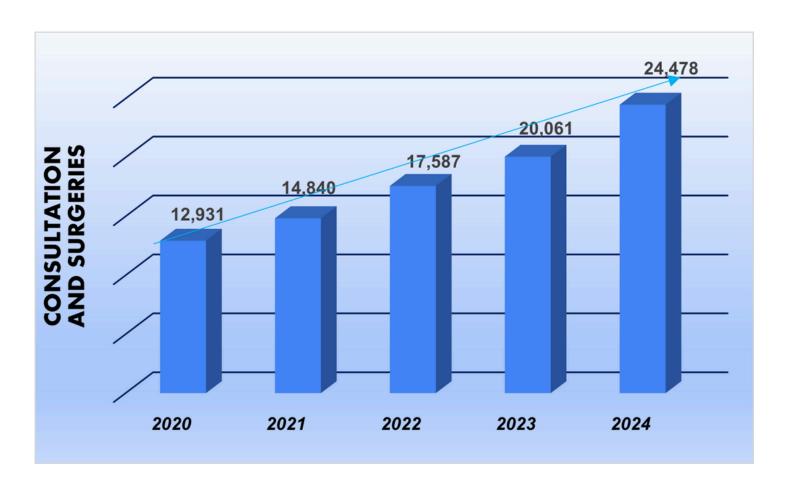
Diabetes stole her sight, turning her world into shadows. Life became isolating, but her family didn't let her lose hope. A relative told her about cataract surgery, a chance to see again. With courage, she took a rickshaw to Khairunisa Eye Hospital (managed by Vision Trust), hoping for a new beginning.

After the surgery, Noor's world lit up. Colors returned, faces became clear, and she could once again enjoy her craft. Though age and illness remained, her spirit was renewed. She resumed her walks and cherished conversations with loved ones.

Noor Mahel is a symbol of strength, proving that hope and healing are always worth the effort. She smiles and says, "The world is beautiful again."



# **FIVE YEARS IN A GLANCE**



Consultation	120,186
Out Patient Clinical Procedure	31,343
Surgical Services	24,814
Free Optical Services	13,453



# HUMAN RESOURCE DEVELOPMENT

The Optometry Internship Program is designed to allow freshly graduated optometrists to apply to enhance their academic knowledge in a clinical setting, gain hands-on experience, and develop professional skills under the supervision of optometrists and Ophthalmologists.

Here are some reasons why hands-on training is precious in the context of optometry internships:

- Practical Skill Development
- Experiential Learning
- Confidence Building
- Patient-Centered Care
- Professional Networking

# OPTOMETRY INTERNSHIP PROGRAM (HRD)

Through our Human Resource Development Program, till date we have successfully trained 60 optometry interns, equipping them with the skills and confidence to excel in clinical practice. The Optometry Internship Program, now in its fourth year, has provided aspiring optometrists with invaluable hands-on experience, professional mentorship, and patient-centered care exposure.



**Ms. Tabinda Hanif**Project Manager

Nothing brings me more joy than empowering young professionals to step into their full potential. The Optometry Internship Program is more than just a training ground—it's a journey of growth, confidence, and purpose.

Watching interns evolve, embrace challenges, and develop a deep commitment to patient care is truly inspiring. Every skill they learn, every patient they help, and every barrier they overcome adds to the ripple effect of change in our communities.

I am grateful to be part of this journey, guiding and witnessing their transformation into compassionate eye care professionals.



### FROM A DREAM TO REALITY



For me, dreams were always the beginning of a journey, and this internship became the path to my destination.

A young boy Kaleemullah from a small village, with limited resources but big dreams. His passion for education and his determination to make a difference in the field of vision care led him to Khairun'nisa Eye Hospital, where he began his practical training through the Optometry Internship Program.

This internship was not just a training phase for him—it was a journey where he gained clinical skills, worked directly with patients, and built newfound confidence. He didn't just become a skilled optometrist; he set an example for his community through his hard work and dedication.

Today, he is working with an international organization's CBM project, providing essential eye care services in underprivileged areas of Karachi. His success is not just the realization of his own dreams but also a testament to the impact of the Optometry Internship Program, which empowers talented youth and turns them into agents of positive change.

"This journey is a new beginning for me, where I am not just moving forward but also becoming a source of light for others"



# SCHOOL HEALTH PROGRAM IN COLLABORATION WITH CBM

#### ENSURING A BRIGHTER FUTURE

We are excited to announce a comprehensive School Health Program in collaboration with CBM, aimed at improving the health and well-being of children across schools in Karachi. This initiative is a step toward early detection, intervention, and accessibility for children in need.

# **EXPECTED OUTCOMES AND KEY FOCUS AREAS**

- Screening of 50,000 children for vision, hearing, height, and weight to ensure early detection of health issues.
- > 10,000 children will receive further specialized screening for vision and hearing impairments.
- Provision of eyeglasses, assistive devices, and low vision aids to children requiring support.
- > 50 special schools will receive advocacy and awareness training, along with comprehensive health screenings.
- Training 500 vision screeners to enhance community-based eye care and sustainable health services.



# PRIMARY EYECARE CENTER & SCHOOL HEALTH SERVICES- ATTOCK

## **ATTOCK CHAPTER**



On September 15, 2024, we proudly inaugurated a new Chapter in Attock, Punjab. The opening ceremony was graced by esteemed guests, including **Dr. Zahid Awan**, Inclusive Eye Health Project Manager at CBM International. This expansion marks a significant step toward improving healthcare accessibility for children and families in the region. The local community expressed immense appreciation for this initiative, recognizing its potential to enhance eye health services in the area.



### **NEWS AND EVENTS**

At Vision Trust, we believe that our employees are the heart of our organization. To foster a positive and engaging work environment, we organize various employee wellbeing activities focused on well-being, professional growth, and team bonding.

- Mental Health Awareness Session
- Breast Cancer Awareness Session
- > Representation at Karoth Conference 2024
- CBID Training







# BREAST CANCER AWARENESS SESSION

Vision Trust had the honor of hosting **Dr. Mehmooda Wasim**, a Consultant General and Breast Surgeon and Assistant Professor of Surgery at UMDC, for a Breast Cancer Awareness Session. Dr. Wasim, a distinguished speaker from Dow University of Health Sciences, shared invaluable insights on breast cancer awareness, prevention, and the latest screening techniques.

During the session, she emphasized the importance of self-examinations and demonstrated practical steps that individuals can incorporate into their daily routines to monitor their breast health. This knowledge is crucial in ensuring early detection and timely treatment, which significantly improves survival rates.

A special thanks to Kashish from **Umeed Welfare Group** for organizing this impactful event. Vision Trust remains committed to spreading awareness and empowering communities with knowledge for better health outcomes.



# MENTAL HEALTH AWARENESS SESSION

Taking a step towards mental well-being, Vision Trust organized an enlightening awareness session at the hospital, focusing on the importance of mental health.

A special thank you to **Areeba Kausar** and **Muskan Hamid** for leading this insightful session, helping to break the stigma around mental health and foster a supportive community.

The session covered topics such as:

- Dunderstanding mental health and its impact on daily life
- > Practical strategies for stress management
- Encouraging open conversations about mental well-being





## **KAROPTH 2024**

Dr. Mazhar Awan, CEO of Vision Trust, and Tabinda Hanif, Project Manager, delivered an insightful presentation on the **School Health Program** and **Optometry Internship Program**, showcasing Vision Trust's unwavering commitment to eye care excellence. They highlighted the transformative impact these initiatives have had on communities, emphasizing the importance of early detection, preventive care, and capacity building in the field of optometry. Their presentation underscored Vision Trust's role in shaping the future of eye health services and empowering the next generation of eye care professionals.



Dr Mazhar Awan CEO



Tabinda Hanif Project Manager



# WORLD SIGHT DAY CELEBRATION

Vision Trust collaborated with **KFC Headquarters** to raise awareness about eye health and vision care. **Dr. M. Mazhar Awan** delivered an insightful talk on the importance of regular eye checkups, encouraging individuals to prioritize their vision. **KFC employees** actively participated by undergoing on-site eye screenings, reinforcing the message that healthy vision is essential for a better quality of life.

This celebration was a significant step towards **building awareness**, **promoting eye health**, **and ensuring access to essential screenings for all**.



### **COMMUNITY OUTREACH**

Throughout 2024, Vision Trust organized multiple eye and general health camps across Pakistan, impacting thousands of individuals.



### Martin Quarter (December 25th)

Provided eye check-ups for **200+ patients**, identifying cases of cataracts, NLD blockages, pterygium, squint, and albinism.



### Essa Nagri (Christmas Camp)

Conducted vision screenings for **150+ individuals**, spreading the spirit of care and eye health awareness.



### **Mubarak Village**

300+ individuals screened; provided prescription glasses and 100+ anti-allergy eye drops.



#### **Panah Shelter Home**

Comprehensive eye examinations were conducted for **100+individuals** examined, providing prescription glasses and eye drops for those in need.

# **COMMUNITY OUTREACH**



### Deaf Reach (2-Day Camp)

Over **200 individuals** were screened and treated in collaboration with Humanity Initiative, with exceptional cases referred for advanced care.



### Sahara Village Old Age Home

Sahara Village Old Age Home Screened 80+ elderly individuals, addressing vision concerns through consultations.



### Lakhani Residency

A successful camp offering vision screenings and treatments to residents, significantly improving their quality of life. Facilitated free eye check-ups for **200+residents**, ensuring better vision care.



# SRSC (Society for the Rehabilitation of Special Children)

A special camp for staff members and mothers of children with disabilities, ensuring they received prescription glasses and essential eye drops. Provided eye care services to **100+ staff** and mothers of children with disabilities.



### Shining Star Elementary School Health Camp

Vision Trust and Humanity Initiative provided screenings to 150 students, along with their families, covering eye health, hearing, skin allergies, and oral hygiene. Students requiring treatment were given prescription glasses and eye drops, ensuring better health and education outcomes.

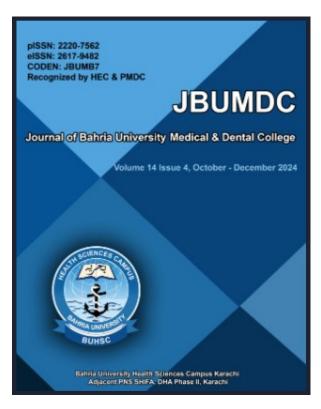


### **ACHIEVEMENTS**

Vision Trust takes pride in its commitment to advancing optometric research and clinical knowledge. A recent publication Scientific Publishers in Athenaeum influence of highlights the geography demographics on the prevalence of pterygium. This research underscores Vision Trust's dedication evidence-based eye care practices, reinforcing its impact on both patient care and academic contributions.

### Published Link:

# Influence of Geography and Demographics on the Prevalence of Pterygium: A Cross-Sectional Study



Another published case report from our dedicated team members, Senior Optometrist Madiha Waqar and Ahmed Hafeez under the expert supervision of Muhammad Faisal Fahim Sahab.

### Published link:

<u>Laser L ight I nduced R etinopathy in a Young Boy: A Case Report</u> <u>from Eye Care Hospital, Karachi</u>

### VISION TRUST STATEMENT OF FINANCIAL POSITION AS AT JUNE 30, 2024

		2024	2023
	Note ·	Rupe	es
ASSETS			
Non-Current Assets			
Property and equipment	5	8,582,278	8,510,656
Current Assets			
Inventory	6	2,128,723	2,074,345
Trade receivables	7	178,291	134,000
Advances to staff	8	7,558,085	5,555,807
Cash and bank balances	9	2,771,276	5,121,681
	r data la	12,636,375	12,885,834
Total Assets	Y	21,218,653	21,396,490
FUND BALANCE AND LIABILITIES			
Fund Balance			
Unrestricted general fund	F	15,586,834	14,537,826
Restricted zakat fund		1,237,326	
Total Fund Balance		16,824,160	14,537,826
Current Liabilities			
Trade and other payables	11	4,394,493	6,858,664
Total Fund Balance And Liabilities		21,218,653	21,396,490

The annexed notes 1 to 25 form an integral part of these financial statements.

Chief Executive Officer

Trustee

		2024	2023
	Note	Rupees	
Income			
Donations	12	52,700,520	49,536,030
Zakat	13	18,745,674	20,033,086
Income from services	14	73,492,265	62,817,773
Sales	15	29,059,771	24,392,229
Other income	16	78,527	640,516
		174,076,757	157,419,634
Expenditure			
Cost of services	17	28,144,218	26,517,760
Cost of sales	18	24,401,437	19,544,457
Administrative expenses	19	64,525,862	51,750,005
Welfare expenses	20	55,956,232	46,558,512
		173,027,749	144,370,734
Surplus for the year		1,049,008	13,048,900

The annexed notes 1 to 25 form an integral part of these financial statements.

Chief Executive Officer

Trustee



# Join us in our mission to eliminate avoidable blindness. Donate today and give the gift of sight!

### **FOR ZAKAT**

### MEEZAN BANK LTD. PAKISTAN

Title of Account: VISION TRUST

Account #: 0100135843

Branch: Bahadurabad, Karachi.

Branch Code: 0185

Swift code: MEZN PK KA

### **FOR DONATIONS**

#### BANK ALFALAH LTD. PAKISTAN

Title of Account: VISION TRUST

Account #: 1002388325

Branch: Bahadurabad, Karachi.

Branch Code: 0016

Swift code: ALFH PK KA



# **CONTACT US**

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We love our patients, so feel free to visit during normal business hours.

**THANK YOU!**