

KHAIRUN'NISA INSTITUTE OF VISUAL SCIENCES

Khairun'nisa Eye Hospital | Khairun'nisa Education Services | Khairun'nisa Community Outreach Programs

OPTOMETRY INTERNSHIP PROGRAM

INTRODUCTION AND PURPOSE

Khairun'nisa Institute of Visual Sciences successfully launched a one-year 'Optometry Internship Program' in January 2021.

The Eligibility Criteria of the program was BS in Vision Science/BS Optometry/ Clinical Ophthalmology Technologist or equivalent.

The main purpose of this capacity-building program is to enhance the skills of qualified optometrists by providing increased hands-on training opportunities and facilitate the management of avoidable vision loss and blindness.

SELECTION PROCESS

The positions were widely advertised through all media channels well in time. The shortlisting and interviews were carried by the panel of experts before offering the internship positions to candidates.

IN THIS NEWSLETTER , WE'RE COVERING:

OPTOMETRY INTERNSHIP PROGRAM ACTIVITIES

KHAIRUNINSA EYE HOSPITAL ACTIVITIES

SCHOOL EYE HEALTH SERVICES ACTIVITIES



An optometrist checking patients' eye sight .

INAUGURATION OF OPTOMETRY INTERNSHIP PROGRAM

INAUGURATION

CHIEF GUEST AND DIGNITARIES:

The inauguration ceremony of the program was held on 5th January 2021 at Khairun'nisa Eye Hospital, Karachi. Our honorable Chief Guest was Mr. Khalid Saifullah Head of Programs Asia, BrienHolden Foundation (BHF) Australia. Other dignitaries included Muhammad Asif, Finance & Administration Manager, Brien Holden Foundation, Mr. Yasir Malik, Instructor Dow University of Health Sciences, Mr. Umair Ahmed and Mr. Ammar, Faculty members DUHS, and Mr. Saleem Burdi Head Of HR, Al Ibrahim eye hospital.

Proceedings:

Dr. Muhammad Mazhar Awan, CEO of Vision Trust, and CMO Khairun'nisa Eye Hospital shared the need of this much-needed training program along with program aims and objectives.

Ms. Fatima Zehra, Program Manager Community Eye Health, Vision Trust shared the overall training plan and innovative aspects of the program.



Mr. Khalid Saifullah, Head of Programs, BHFV Inaugurating optometry internship program at khairun'nisa Eye Hospital.

Ms. Zeenat Aziz, Project Coordinator of the program introduced the details of services offered at Khairun'nisa Eye Hospital.

Mr. Khalid Saifullah, Head of Programs Asia, BrienHolden Foundation (BHF) endorsed the aims and objectives of the program i.e., enhancing skills. He appreciated the program methodology and found it well structured and organized. He also offered both technical and financial support to the Khairun'nisa Institute of Visual Sciences.

To reach maximum people and raise awareness, the program was covered live and published on Facebook. COVID-related protocols were strictly observed throughout the occasion.



A Group

COLLABORATION WITH BINAЕ WELFARE ASSOCIATION

BINAЕ WELFARE ASSOCIATION.

BINAЕ Welfare Association is an organization working for the rehabilitation and vocational training of persons or children who are blind.

To ensure access to inclusive eye health, Vision Trust has intended to join hands with organizations for persons with disabilities. For this purpose, Khairun'nisa Institute of Visual Sciences has developed a liaison with BINAЕ Welfare Association.

BINAЕ Awareness Campaign

We are actively supporting BINAЕ Welfare awareness programs and providing technical support in the eye-health domain. Recently in March 2021, Dr. Muhammad Mazhar Awan CMO, Khairun'nisa Eye Hospital was invited for the BINAЕ awareness campaign as a guest speaker, hosted by Mr. Salman Elahi founder of BINAЕ Welfare Association. The session was organized to raise awareness on blindness and visual impairment.



External Faculty for Optometry Internship Program

For our Optometry Internship Program, we engage external faculties having diversified teaching experiences in the field of eye health. In this regard, we have collaborated with BINAЕ Welfare Association as well to have their services as an external faculty.

This collaboration will not only help us in planning eye care services more inclusively but also will provide our optometrists a broader picture to understand the need of rehabilitation services.



LOW VISION TRAINING OF KHAIRUN'NISA EYE HOSPITAL STAFF BY BRIEN HOLDEN FOUNDATION:

OPTOMETRY INTERNSHIP PROGRAM

Brien Holden Foundation, An International Non-Governmental Organization conducted a five days training workshop on "**Clinical and Functional Low Vision Management**" at LRBT Hospital Karachi where Khairun'nisa Eye Hospital Staff actively participated. This training workshop aimed to strengthen the knowledge and skills of Optometrists involved in Low Vision treatment and management.



Low Vision Training Workshop at Khairunnisa Eye Hospital:

We, at Khairun'nisa Institute, believe in continuous professional learning & development. After successful completion of Low Vision training supported by the BrienHolden Foundation, the trained resources, Ms. Salma Saleem and Ms. Zeenat Aziz conducted a one-day orientation workshop at Khairun'nisa Eye Hospital with the Khairun'nisa Institute of Visual Sciences Team and Optometrists.



IAPB-AWARDS

VISION EXCELLENCE AWARD-2020

The Vision Excellence award recognizes outstanding contributions to advocacy, innovation, program implementation, institution-building, and disease control during the twenty years of **VISION 2020**.

Dr. Muhammad Mazhar Awan CMO-Khairun'nisa Eye hospital and Ms. Salma Saleem, Orthoptist received Vision Excellence award-2020 by IAPB

we are proud to share their excellence award with all of you.



Congratulations

VISION EXCELLENCE AWARD 2020

Congratulations, Dr. Muhammad Mazhar Awan!



Eye Health Hero Award-2020

Ms. Fatima Zehra, the Project manager of Vision trust, is awarded "Eye Health Hero-2020" by IAPB.

Her Objective is 'working for the people with the people.' she believes there is always a team effort behind the success of projects and organizational achievements. It's truly an art and she loves dealing with diversified people while managing projects.



VISION EXCELLENCE AWARD 2020

CONGRATULATIONS, MS. SALMA SALEEM!

CHIEF ORTHOPTIST



Congratulations

EYE HEALTH HERO FUTURE LEADER-2020

Congratulation! Ms Fatima Zehra

PROVINCIAL EYE HEALTH COMMITTEE

PROVINCIAL EYE HEALTH COMMITTEE MEMBERSHIP:

We are pleased to share that Khairun'nisa Institute of Visual Sciences (KIVS) is now a member of the Provincial Eye Health Committee Sindh chaired by Prof Khalid Iqbal Talpur, Provincial Coordinator Sindh.

KIVS attended its first meeting as a member in February 2021 at Karachi. The meeting was organized by the Sindh Institute of Ophthalmology and Visual Sciences (SIOVS) Hyderabad supported by International Eye NGOs. It was privileged to have the Provincial Health Secretary, **Dr. Kazim Hussain Jatoi** in the meeting. The comprehensive picture of the availability of eye care services nationally in general and in Sindh province, in particular, was shared. The existing gaps and future need in Sindh province was shared with the Health Secretary.

During discussions, Dr. Muhammad Mazhar Awan, CMO Khairun'nisa Eye Hospital, and CEO of Vision Trust suggested to formulate legislation for school eye health services and incorporate it into the health and education system. The suggestion was endorsed by the Committee and submitted to the Health Secretariat for further review and consideration.



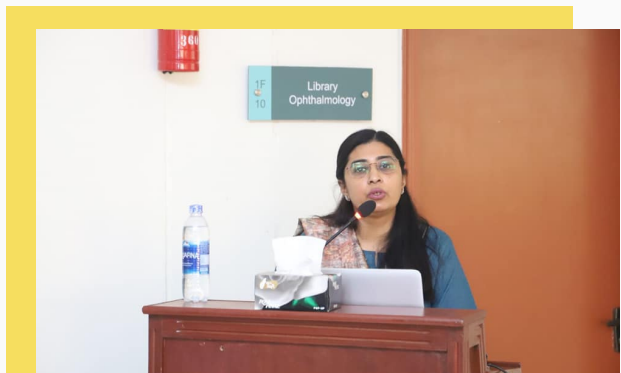
Glaucoma Awareness Week.

World Glaucoma Week is a global initiative of the World Glaucoma Association (WGA) in order to raise awareness on glaucoma.

To be the part of World Glaucoma, KIVS staff attended the "Glaucoma Awareness Session" organized by Fazaia Medical college of Ruth Pfau on 27th March 2021. The importance of annual screening was highlighted specifically in adults for early detection and intervention.



Dr. Muhammad Mazhar Awan CMO, Khairun'nisa Eye Hospital, addressing in Provincial Eye Health committee.



Dr. Quratulain addressing glaucoma awareness talk at Fazaia College.

NEW ADDITION IN THE FAMILY

DR. ADIL SALIM

Dr. Adil Salim has joined us as a VISITING CONSULTANT. He is a specialist in phaco, Lasik, Femto Lasik, Medical & surgical Retina (Vitreoretina). We are proud to have him at Khairun'nisa Eye Hospital and expect that his expertise will help in the provision of high-quality eye care.

Mr. Kashif Ahmed

An IT Resource named Mr. Kashif Ahmed has been appointed as a Videographer in the month of March. He will work in our studio to produce informative teaching and awareness materials.

We welcome new additions warmly in our family



We shall soon be Inaugurating **“Low Visual Aid Department”** which will be fully equipped with devices and well-trained experts. The provision of low vision services is aimed to serve those persons with low vision and help them to be active members of society.

EYE CAMP ACTIVITY

EYE CAMP VILLAGE SAJJAN KHAN GAHO

Interns of KIVS facilitated a free eye screening camp activity at village Sajjan Khan Gaho, district Nawabshah, under the patronage of Dr. Muhammad Nawaz Gaho.

More than 200 patients were examined, were provided free medications, 70 were provided free glasses, and an estimated +45 cases were diagnosed with cataract and referred them to near secondary hospital and Khairun'nisa eye Hospital for detailed examination and surgery. 11 patients reported at Khairun'nisa Eye Hospital, 9 patients have received medical interventions.



SCHOOL EYE HEALTH SERVICES

Due to Covid -19, Our School Eye Health Services are on hold. Waiting for the situation to clear and to resume our program to provide school eye healthcare and screening services to the school going children of **The Citizen Foundation** and **The Read Foundation**

For more details about citizen foundation:
<https://www.tcf.org.pk/>

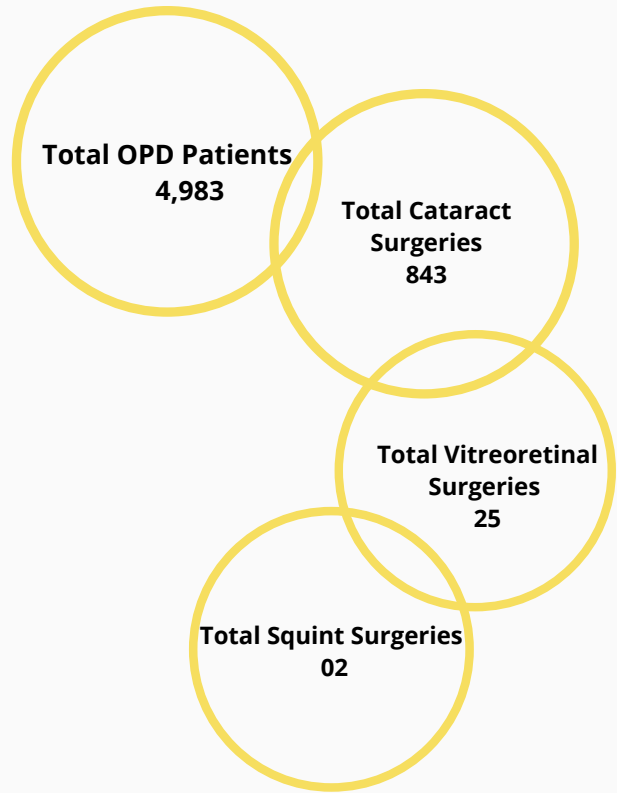
For more details about Read Foundation:
<https://www.readfoundation.org/>



KHAIRUN'NISA EYE HOSPITAL PROGRESS

PERFORMANCE DATA

During Nov 2020 - March 2021, a total of 4,983 patients went through eye examinations, 843 went through cataract surgeries, 25 vitreoretinal surgeries, and 2 squint surgeries were performed.



Dr. Sikander is examining's patient's eye condition through slit lamp following all SOP's due to Covid-19

Education is the basic building block of every society
Khairun'nisa Eye Hospital feels proud to give education to its support staff so that they can enhance their assist in OPD'S with ophthalmologists by calling patient's name and further detailed skills and fulfill job requirements as well.



CASE STUDY

BABY KHUSHI

Khushi was 2 months old when her parents noticed her decreased vision. She was referred to an eye specialist by their General Physician. Soon enough, Khushi's parents ended up at Khairun'nisa Eye Hospital very soon, where Dr. Tariq Saleem FCPS, a renowned Pediatric Ophthalmologist examined her and planned surgeries. In the following weeks, both her eyes were operated upon, and by the grace and mercy of Allah, and supportive well-trained staff, Khushi's blindness was eventually cured. It was indeed a heartwarming experience for the overjoyed and grateful parents seeing the smile on Khushi's face.



Remarks of Parents:

"The day when she was diagnosed with bilateral cataract was the most gloomy day for us. But when her treatment started at Khairunnisa Eye Hospital, our hopes became high and now when she can see well after her successful surgeries, our happiness is unexplainable". God Bless Khairun'nisa Eye Hospital, its patrons, and the team that supports such patients in service of the community.