

Aftercare Instructions

WITH BANDAGE:

- *You can wear the DermShield bandage for up to 5 days.
- *The bandage is waterproof, so you can shower as usual, i just wouldnt take a bath/soak it.
- *There is no need to clean/moisturize the tattoo with the bandage on.
- *It is normal to have pockets of fluid under the bandage, be careful not to pop it.
- *After 3-4 days, the fluid will dry underneath, this can be washed away when its time to take the bandage off.
- *If the bandage opens up to expose the tattoo or leaks fluids out of it, then i would recommend taking the bandage off so that nothing can get trapped underneath the bandage and cause infection.
- *When taking the bandage off, i recommend doing it in the shower or under a faucet to help lubricate, peeling from the corners

inward.

*After taking the bandage off, you can follow the "Without Bandage" steps, OR you can rewrap with a new piece of Dermsheild.

*Before wrapping with new bandage, be sure to clean the tattoo with the correct cleaning soap, rinse, and pat fully dry before applying new layer.

*Do not moisturize before putting bandage on or it wont stick! You can even use isopropyl alcohol to clean around the tattoo (not on it) before applying the bandage so it will stick extra well.

WITHOUT BANDAGE:

*Wash 2-3 times a day for 2-3 weeks with one of THESE SOAPS:

-Dial Gold Antibacterial Hand Soap (non-bar, must be the orange colored gel soap)

-Another nonscented, nonbar, antibacterial skin soap

-H2Ocean tattoo soap

-Dr. Bronners nonscented soap, make sure to dilute as the instructions say!!

*After cleaning, you can also spray with Bactine Antibacterial Numbing Spray if you want to help with soreness.

MOISTURIZING:

*I recommend ONLY focusing on keeping the tattoo clean for the first 3-5 days or until there is no leaking/oozing fluids coming from the tattoo and it begins to feel dry all over.

*Over-moisturizing can clog the pores and cause bacteria to get trapped under the layer of moisturizer.

*Once it is time to moisturize, clean the tattoo with the correct soap and dry before moisturizing.

*You can use a thin layer a couple times per day of any of THESE MOISTURIZERS:

-Coconut oil

-Hustle Butter

-Lubriderm Lotion

-Aquaphor

*After at least a week, the tattoo will begin to feel itchy. Try your best not to itch/scratch the tattoo.

*It is okay to use Cortozone Cream during the itchy phase, just make sure to wash first.

*DO NOT USE:

-Scented soaps/lotions

-Vaseline

-Neosporin

-Lotions containing alcohol

-Tattoo Goo

IMPORTANT THINGS TO REMEMBER:

*Sun exposure can cause your tattoo to fade or swell, so for the first couple weeks try to keep your tattoo out of the sun. After a few weeks and so on, use sunscreen.

*Continuing to moisturize and exfoliate your tattoo after its full healed will keep it looking fresh over time

- *DO NOT plan to swim for at least 3 weeks
- *Your tattoo and surrounding area can swell, so keep it elevated if possible when you sleep and take ibuprofen to help with swelling
- *avoid working out or strenuous activities for at least 5 days after getting your tattoo
- *Some redness and even irritation bumps can be normal surrounding the tattoo. But if there is one or more super red spots on your tattoo that are painful, that may be a sign of infection. Make sure to take extra care to keep that area clean and away from germs and do NOT moisturize that area.
- *If youre not practicing the aftercare, you shouldnt be touching your tattoo at all. Leave it alone as much as possible while healing.