

Birth to Three **Parent–Child Programmes**

By The Rainbow Sprinkles



Welcome to The Rainbow Sprinkles

What Makes Us Different?



1

Specialised in Birth–Three

Programmes designed specifically for
infants and toddlers



2

Strengthening Parent–Child Relationships

Building Quality and Meaningful
Parent–Child Interactions

Why Families & Preschools Choose Us?

- ✓ Evidence-Based Programmes
- ✓ Tailored to Fit Your Centre's Curriculum & Needs
- ✓ Simple, Practical Strategies
- ✓ Strengths-Based Approach
- ✓ Respectful of Every Family's Values and Culture

Our **Programmes**

1. Parent-Child Learning Journey

2. Hands-on Parenting Workshops



Parent-Child Learning Journey

Supporting a Responsive and Expressive Child

(Language Development)

Programme Synopsis

This session supports parents in building their child’s language development by turning everyday moments into meaningful, back-and-forth conversations. Grounded in the Abecedarian Approach (AA), it is backed by over 50 years of research with positive child outcomes. Each session includes practical strategy sharing and parent–child play, with on-the-spot guidance to help parents build responsive and engaging communication with their child.

Learning Objectives

- 1. Boost your child’s words – Simple ways to grow their vocabulary every day.
- 2. Make conversations fun – Learn easy techniques to have engaging, responsive conversations.
- 3. Practice the 3N Strategy – Create meaningful back-and-forth exchanges that grow with your child.

Programme Outline (90 mins)		Group Requirements	Fees
20 mins	Introduction of Key Concepts & Practice Tips* <i>*Children will stay with their teachers in a designated play area during the 20-minute briefing, allowing parents to focus on key theories and practical strategies.</i>	• For children aged 6 months to 3 years • Each child to be accompanied by an adult • Min 10 pairs Max 30 pairs • Socks required for both adults and children (anti-slip for children)	• \$30 per child (1 adult included) • Additional adult: \$10 (subject to capacity)
60 mins	Parent & Child Playtime at Kidztropic Cove Indoor Playground with guided practice of strategies for parents		
10 mins	Closure Circle Time: Parent-Child Music and Movement and Wrap up		
		Session Timings • Morning: 9:30 am – 11:30 am • Afternoon: 2:30 pm – 4:30 pm • 2-hour session: 90 mins programme + 30 mins routine care (snacks/toileting) • Custom timings available upon request	

Session Includes:

- ★ 60 minutes of free play at indoor Playground
- ★ Take-home tip cards for parents
- ★ A free toy for each child to bring home!



Parent-Child Learning Journey

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Here's a peek at **Kidztropic Cove** indoor playground!



In Collaboration with

Hands-on Parenting Workshops

(Birth to 3 Years)

Workshop Overview

Our hands-on parenting workshops are thoughtfully designed to support parents of children from birth to 3 years old. Grounded in research and child development principles, including the Abecedarian Approach (AA), these sessions go beyond theory—parents actively practise simple, meaningful strategies they can use in daily interactions with their child. Through guided facilitation, real-time practice, and reflection, parents gain confidence in building strong, responsive relationships that support their child’s lifelong learning and development.

Workshop Series (Choose One)

1. **Unlock the Power of Words** (Language Priority)

Building Your Child’s Communication and Language Skills.

Support your child’s early language development through intentional, responsive interactions.

2. **Learning through Routines** (Enriched Caregiving)

Turn Everyday Moments into Powerful Learning Opportunities.

Learn how routine caregiving moments (feeding, diapering, play) can become rich learning experiences.

3. **Joy of Reading** (Conversational Reading).

The Joy of Reading Together.

Discover how to engage your child during reading to build connection, language, and a love for books.

Each session includes **take-home tip cards** for parents to practise the strategies at home!

Session Outline (60 mins)		Fees
30 mins	Introduction & Key Concepts Discover why the early years matter, your role as a parent, and the key Abecedarian Approach strategy you will practise.	• \$20 per participant • Minimum 15 participants required to start a session. Key Information • Customisable to school/event objectives • Suitable for parents of children (Birth–3 years) • Venue to be provided by school
20 mins	Guided Practice* Parents practise the strategies through guided, hands-on application with real-time feedback from a certified trainer.	
10 mins	Reflection & Closure Parents reflect, share experiences, and leave with practical tips to try at home.	

**Schools may choose for the Guided Practice segment to be conducted with or without children.*



Let's Stay Connected



About Rainbow

Hi, I'm Rainbow, a certified Parent-Child Relationship Specialist with over 20 years of experience and a Master's in Early Childhood. I support parents and educators in building strong, connected relationships with children from birth to three.

Certifications & Specialised Training:

- Abecedarian Approach Master Trainer (USA)
- Circle of Security Parenting™ Facilitator (International)
- Smalltalk Trainer (Australia)
- Fundamental Movement Skills (Australia)
- Pikler Approach (Hungary & UK)

Working with Preschools

I partner with preschools to deliver teacher training, parent-child programmes, and practical workshops that strengthen relationships and support the development of young children from birth to three.

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