

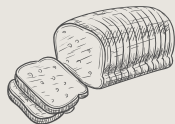


# FROZEN MEALS, APPETIZERS & BREADS

## APPETIZERS Bake from frozen

MINI VEGETARIAN SPRINGROLLS	20 PK
MUSHROOM DUMPLINGS	12 PK
MINI WILD MUSHROOM TARTS	12 PK
CHEDDAR JALAPENO PHYLLO CUPS	12 PK
SMOKED SALMON MOUSSE CUPS	12 PK
SHRIMP GYOZA	1LB
HAM & MOZZARELLA STICKS	20 PK
MINI BEEF WELLINGTONS	12 PK

SMOKED SALMON		85G
SMOKED TROUT		128G



## BREADS & BUNS

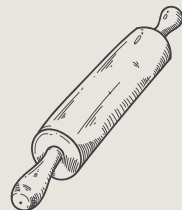
- BAGUETTE
- ACE BRIOCHE BURGER BUNS 6PK
- ACE ROSEMARY FOCACCIA
- THRIVE WHOLE WHEAT
- THRIVE MARBLE RYE
- GLUTEN FREE WHOLE WHEAT

## *baked goods*

BAKE / REHEAT FROM FROZEN

- APPLE CRUMBLE (GF)
- BLUEBERRY CRUMBLE (GF)
- BAKED BLUEBERRY FRENCH TOAST

WE ALSO CARRY A WIDE RANGE OF FRESH TO GO BAKED  
GOODS IN STORE



## PREPARED MEALS

Made from scratch - Bake/BBQ/Reheat from frozen

- CHEDDAR JALAPENO STUFFED BEEF BURGERS 4PK
- CHILI LIME TURKEY BURGERS 4PK
- BEYOND MEAT VEGGIE BURGER 4PK
- PULLED PORK 800G
- BABY BACK PORK RIBS (FULL RACK)
- BUTTER CHICKEN (4 SERVE)
- BACON-WRAPPED MEDITERRANEAN STUFFED CHICKEN BREASTS (4)
- TERIYAKI SALMON W/RICE & BROCCOLI (2 SERVE)
- 3 CHEESE & MACARONI (2 SERVE)
- BAKED CHICKEN ENCHILADAS (4)
- CAULIFLOWER CHICKPEA CURRY (4 SERVE)
- TURKEY & EGG BURRITOS (4PK)
- CURRIED CHICKEN APPLE & RICE BURRITOS (4PK)
- BLACK BEAN & CORN BURRITOS (4PK)
- BEEF CHILI (1L)
- BLACK BEAN & KALE CHILI (1L)
- THAI CHICKEN & RICE SOUP (1L)
- MOROCCAN CHICKEN SOUP (1L)
- QUINOA STUFFED PEPPERS (2)
- INDIVIDUAL POTATO GRATIN (4)



## PIE WOOD FIRED PIZZA

BAKE FROM FROZEN

CHEESE 2PK

PEPPERONI 2PK

MUSKOKA 2PK

(mushroom, pepperoni, caramelized onions, bocconcini cheese)

