

Leadership Essentials

Practical leadership development that strengthens leaders, teams, and organizational performance.



Why Leadership Essentials?

Leadership capability doesn't happen by accident. It develops through learning, reflection, practice, and experience.

Leadership Essentials provides practical skills that managers can apply immediately while building habits that strengthen leadership over time.

Stronger leaders. Stronger teams. Stronger results.



Program Highlights

- ✓ 10 Interactive Workshops
- ✓ Practical tools leaders apply immediately
- ✓ Highly engaging and discussion-based
- ✓ Designed for new and experienced leaders
- ✓ Delivered as a complete program or phased over time.

Leadership Essentials at a Glance

Leadership Essentials develops practical leadership capability across three core areas.



Lead Yourself

Develop the mindset, habits, and personal effectiveness needed to lead with confidence.



Lead Teams

Strengthen communication, accountability, and collaboration to build high-performing teams.



Lead the Organization

Understand your leadership role in supporting organizational success.



About Julie Doyle

Founder & Executive Advisor

Julie brings more than 25 years of executive HR and business leadership experience to developing leaders at every level of an organization.



Ready to develop stronger leaders?

Learn more online



Leadership Essentials

Leadership Essentials includes 10 interactive workshops designed to help leaders build practical skills they can apply immediately in the workplace.



The program begins with The Role of the Leader Today, establishing a foundation for leadership by exploring the expectations leaders face from their organization, their teams, and themselves.

Workshops Include:

1		The Role of a Leader Today	Understand the evolving role of leaders and the responsibilities that drive individual, team, and organizational success.
2		Effective Communication	Build communication skills that foster trust, clarity, and stronger relationships.
3		Foundations of Leadership	Explore core leadership principles and mindset, skills, and behaviors of effective leaders.
4		Essentials of Motivation	Discover what drives people and how to create environments that inspire engagement.
5		Effective Delegation	Delegate with confidence and empower others to take ownership and deliver results.
6		Effective Feedback	Give feedback that motivates, improves performance, and strengthens relationships.
7		Managing Conflict	Address conflict early and productively to build stronger, healthier relationships.
8		Time Management	Focus on what matters most and manage your time with greater intention and impact.
9		Navigate Change & Manage Stress	Lead yourself and others through change with practical strategies that build resilience and reduce stress.
10		Collaborating at Work	Strengthen collaboration across teams to solve problems, improve communication, and achieve shared goals.



Leadership Essentials is designed to build practical leadership skills that last.



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