

TUCARE CARER NEWSLETTER



TUcare

MAY 2023

CARERS WEEK 5th-11th JUNE

Carers Week is an annual awareness campaign to celebrate and recognise the vital contribution made by the UK's 5.7 million unpaid carers.

The Theme for this years campaign is 'Recognising and supporting carers in the community' we would like the carers to nominate a customer's family member who you feel deserves a little treat. As we would like to arrange something for them.



KCR STARS OF MAY

Please remember to let us know if you feel a carer goes above and beyond to be **Kind**, ensure our customers and other carers feel **Comfortable** and are being **Respectful** again to all customers and carers. To nominate a carer for a **KCR Star** please email your nomination and reason for your nomination to bromley@tucare.co.uk or you can call the office and speak to a member of the team.

This Months nominations are:

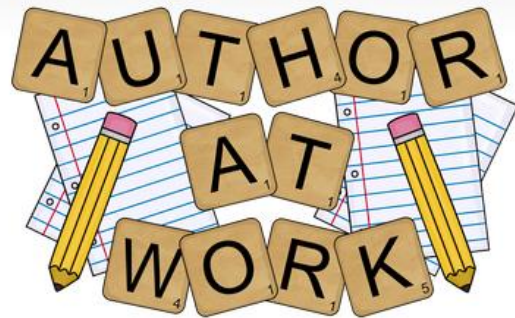
Zoe Humphreys, Clare Brown, Susan Frost and Kris De'vere.

A CARERS COLUMN REMINDER

We haven't really had any takers for the carers column. We would like the customers to be more involved in the Newsletter and so we are opening up the floor to you.

We would like carers to write into us and tell us about anything they like, introduce us to a new side of you, do you have a strange hobby, are you a budding artist or the next Charlie Dimmock, have you achieved something your proud of or do you just want to tell us a bit about you.

If you would like to take part please send in your article to jo.doxford@tucare.co.uk





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BROMLEY'S BIG LUNCHES

I am delighted to let you know that there will be 3, Bromley Big Lunches happening this June. These picnics are not only to celebrate the month of Community but are also an extension to Loneliness Awareness Week (12th – 18th June 2023)

The Big Lunch is a concept which allows people to come together and celebrate everything that makes our community great!

Join us and the community for a big Picnic at the following open spaces:

Queens Gardens, Bromley - Saturday 17th June 2023, from 11 am – 1 pm

High Elms County Park, BEECHE Centre, Orpington Sunday 18th June 11 am – 1 pm

Betts Park, Anerley - Saturday 24th June 2023, from 11 am – 1 pm

There will be a few stalls at these events informing the public how to get more connected with their community.

There will be activities for young and old alike, from arts and crafts, creating bug hotels and making bird feeders.

I have attached the flyer for each event with this newsletter.

There are no fees for any of these events, just bring your own food, drinks, and picnic essentials.

