



Information, support and workshops for people with physical impairments/disabilities

Bromley Well is a service that can offer support and information for people aged 18 years and over, who do not receive services from the London Borough of Bromley.

- Information, support and advocacy
- Monthly workshops
- Weekly drop-in sessions
- Outreach support
- Emotional support

Training and information on life skills such as:

- Healthy lifestyles
- Wellbeing
- Debt and managing money
- Assistive technology
- Planning for the future

We work with disabled people with a range of physical impairments and mobility difficulties.



If you would like to join Bromley Well please call or email the **Single Point of Access** on **0300 3309 039** or email **spa@bromleywell.org.uk**
www.bromleywell.org.uk

Once we receive your referral from the SPA one of our Information and Support Officers will contact you directly to invite you in for a one to one meeting.

Our Information and Support Officers are Sue Fuller and Chetan Ravel.

Delivered by:



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