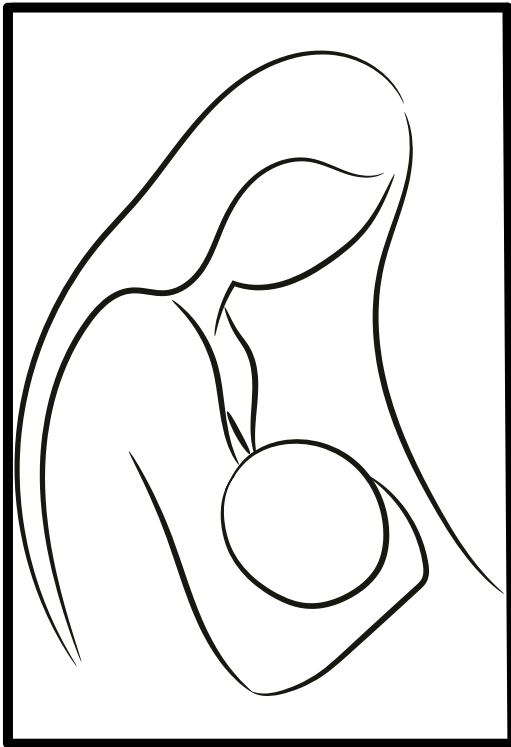


# BREASTFEEDING SUPPORTS

IN MONROE COUNTY



## WIC PROGRAM

### AT THE MONROE COUNTY HEALTH DEPT.

The Peer Counselor Program offers information, encouragement, and support to WIC clients. They are here to listen to your concerns about breastfeeding your child and are trained to help you.

The Breastfeeding Peer Program offers information, encouragement and support to breastfeeding families. They are available to listen to your concerns about breastfeeding and are trained to help you or connect you to other breastfeeding resources.

Contact [wic@monroemi.org](mailto:wic@monroemi.org)

Breastfeeding Warmline/Breastfeeding Peer Office Phone:  
(734) 240-9701

**\*\*ALL ARE WELCOME/WIC eligibility not needed to participate**



PROMEDICA MONROE  
REGIONAL HOSPITAL

## CHILDBIRTH EDUCATION

- A Class on What to Expect During the Birth of Your Child at our Family Birthing Center. Please call our Family Birthing Center to Register (734) 240-8500. All classes are held from 6-8pm on the first Monday of the month and are FREE.
- ProMedica also provides a FREE Breastfeeding class the 2nd Monday of the month following Childbirth Education. Call 240-4466 for questions.
- In addition to the above, ProMedica offers inpatient and outpatient lactation support for breastfeeding moms in the community for FREE. Mothers can call 734-240-4466 with breastfeeding questions or to schedule an appointment if outpatient services are needed

## MINI MITTEN PEDIATRIC THERAPY

### LACTATION SUPPORT

Our CLC can assist the baby and mother duo with an effective and efficient latch, successful and comfortable positioning, education on nursing and/or pumping duration and frequency, and overall guidelines for a positive and successful feeding experience.

Call (734) 888-MINI

Email [info@minimittenttherapy.com](mailto:info@minimittenttherapy.com)

## YOU CAN ALSO VISIT PROMEDICA TOLEDO HOSPITAL

Drop in and receive support from a certified Lactation Consultant and other nursing mothers.  
2nd Tuesday of the month 1:30pm-2:30pm



PROMEDICA TOLEDO HOSPITAL,  
ENTRANCE C,  
MOM & ME BOUTIQUE

SUPPORT FOR NURSING MOTHERS (419) 291-5666