



# MSU Extension Presents: Online - Extension Extras for Professionals Introduction to Positive and Adverse Childhood Experiences (PACES)

**DATE:**  
**February 19, 2026**

**TIME:**  
**7:00 PM - 8:30 PM**

**FREE**

**Download Zoom:**

<https://zoom.us/download>

**Registration:** [https://msu.zoom.us/webinar/register/WN\\_oL8sk1-dRA-uKvpC-VLLSA#/registration](https://msu.zoom.us/webinar/register/WN_oL8sk1-dRA-uKvpC-VLLSA#/registration)



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accommodations\*  
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## DESCRIPTION:

### **February 19: Introduction to Positive and Adverse Childhood Experiences (PACES)**

ACES (Adverse Childhood Experiences) are traumatic events that occur in childhood and can have an impact throughout our lives.

PCES (Positive Childhood Experiences) buffer the impact of ACES.

Attendees of this workshop will learn about the landmark ACEs study, ACEs and health problems, and what steps can be taken to increase positive and protective factors to decrease risk factors for youth. These free Online workshops provide guidance for caregivers of children as they navigate the joys, challenges and concerns of raising children.

Extension Extras for Professionals is a collection of free online series of childcare workshops that provide guidance for early childhood professionals and caregivers of young children. Trainings are eligible for MIRegistry hours.

**Pre-Registration is required for this event. Please make sure that each individual attending registers separately.**

## HOW TO REGISTER:

Register in advance for any of the Extension Extras webinar workshops at the following link:

**Registration:** [https://msu.zoom.us/webinar/register/WN\\_oL8sk1-dRA-uKvpC-VLLSA#/registration](https://msu.zoom.us/webinar/register/WN_oL8sk1-dRA-uKvpC-VLLSA#/registration)

**After registering, you will receive a confirmation email containing information about joining the meeting.**

\* Accommodations should be requested no later than 2 weeks before class

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