



## MSU Extension Presents: Online - Extension Extras Parenting Hour- Intro to HOPE

**DATE:**  
May 13, 2025

**TIME:**  
8:00 PM - 9:30 PM

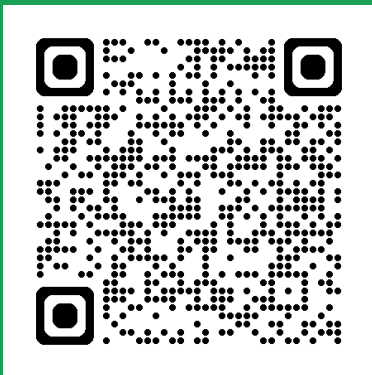
**FREE**

**Download Zoom:**

<https://zoom.us/download>

**Register at:**

[https://msu.zoom.us/webinar/register/WN\\_Z30PXKKRSMWuhNJbAje7A#/registration](https://msu.zoom.us/webinar/register/WN_Z30PXKKRSMWuhNJbAje7A#/registration)



**For more information or  
accommodations\***

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### **DESCRIPTION:**

#### **May 13: Intro to HOPE**

Positive childhood experiences (PCEs) drive healthy child development and lessen the lifelong effects of adverse childhood experiences (ACEs). PCEs help children build resilience and grow into thriving, healthy adults. The HOPE framework centers on those key types of PCEs to help everyone – parents and caregivers, professionals, organizations, and agencies – promote health and well-being for children and families. Attendees will learn about Type 1 and Type 2 thinking, PCEs, the HOPE Framework, and the Four Building Blocks of HOPE.

Extension Extras Parenting Hour is a free online series of parenting workshops that provides guidance for parents of young children as they navigate the joys, challenges and concerns of parenting.

**HOW TO REGISTER:** Register in advance for any of the Extension Extras webinar workshops at the following link:

[https://msu.zoom.us/webinar/register/WN\\_Z30PXKKRSMWuhNJbAje7A#/registration](https://msu.zoom.us/webinar/register/WN_Z30PXKKRSMWuhNJbAje7A#/registration)

Choose May 13 to register for Intro to HOPE

**After registering, you will receive a confirmation email containing information about joining the meeting.**

**\* Accommodations should be requested no later than 2 weeks before class**

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