



Extension Extras for Professionals

Setting the Stage: Promoting Social-Emotional Health in Young Children

Social and emotional development, a critical aspect of overall brain development, begins at birth. Social-emotional skills are nurtured through daily routine, language, and play. They are the foundations of social competence that affect a child's ability to adapt in school and to form successful relationships throughout life. This workshop on social and emotional health provides parents and professionals tips and tools for helping children in these critical areas. This workshop is designed for parents and professionals of children, from birth through kindergarten entry.

Extension Extras for Professionals is a collection of free online series of childcare workshops that provide guidance for early childhood professionals and caregivers of young children. Trainings are eligible for MIRegistry hours.

Pre-Registration is required for this event. Please make sure that each individual attending registers separately.

Class Details	
Date	1/15/2026 - Thursday
Time	7:00 PM -8:30 PM
Location	Download Zoom: https://zoom.us/download
Cost	Free! This Training and Free and Open to All!
Registration	<u>Register:</u> https://msu.zoom.us/webinar/register/WN_oL8sk1-dRA-uKvpC-VLLSA *After registering, you will receive a confirmation email containing information about joining the meeting.
For More Information or Accommodations*	Contact Courtney Aldrich aldric82@msu.edu *Accommodations must be requested 2 weeks in advance.