




MSU Extension Presents:

Introduction To Positive and Adverse Childhood Experiences

ACES (Adverse Childhood Experiences) are traumatic events that occur in childhood and can have an impact throughout our lives. PCES (Positive Childhood Experiences) buffer the impact of ACES. Attendees of this workshop will learn about the landmark ACEs study, ACEs and health problems, and what steps can be taken to increase positive and protective factors to decrease risk factors for youth. These free Online workshops provide guidance for caregivers of children as they navigate the joys, challenges and concerns of raising children.

Class Details	
Date	October 16, 2025
Time	7:00 pm – 8:30 pm
Location	Download Zoom: https://zoom.us/download
Cost	Free! This training is free and open to all.
Registration Link	Register https://msu.zoom.us/webinar/register/WN_nm kj1QDeRtO2r66kiWYRTw
	
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