


October 2024

Food Service Report

Mason Consolidated Schools

Bringing Your Cafeteria to You!



Caring
people.
**Serving
great
food.**

TNG On-Site at MS/HS

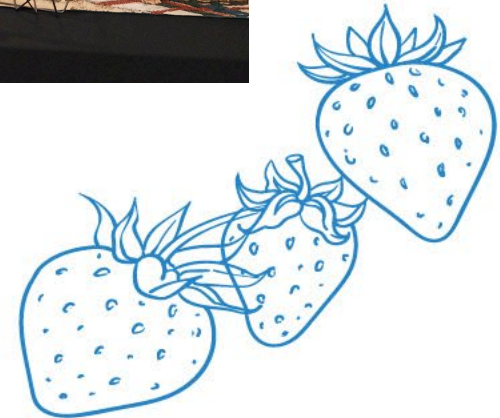


We celebrated National Apple Crunch Day at lunch on Oct. 17th by offering a variety of different types of apples from tart to sweet.

The students really enjoyed getting their “crunch” on!

Get to KNOW YOUR MICHIGAN APPLES

	<p>Golden Delicious</p> <ul style="list-style-type: none"> • Mellow and sweet • Eat out of hand. • Great for baking or salads. 		<p>Honeycrisp</p> <ul style="list-style-type: none"> • Sweet yet slightly tart. • Great for salads, baking cooking or eating as a snack.
	<p>Red Delicious</p> <ul style="list-style-type: none"> • Mildly sweet. • Great for snacking and salads. 		<p>Gala</p> <ul style="list-style-type: none"> • Good for eating fresh, salads or juicing. • Sweet and tart.
	<p>Empire</p> <ul style="list-style-type: none"> • Eat fresh, or in salads, sauces, baking, pies, and freezing • A blend of sweet and tart. • Juicy and crisp. 		<p>Ida Red</p> <ul style="list-style-type: none"> • Sweetly tart. • Sauces, cooking, baking and pies. • Great for applesauce.



National School Lunch Week

October 14-18 | School Lunch Pirates, Find Your Treasure!

The National School Lunch Program (NSLP) serves nearly 30 million children every school day. President John F. Kennedy created National School Lunch Week (NSLW) in 1962 to promote the importance of a healthy school lunch in a child's life and the impact it has inside and outside of the classroom.

The 2024 NSLW theme is **School Lunch Pirates Find Your Treasure!**



We had some fun with this year's theme by decorating our cafeteria line, dressing up as a pirate and placing “treasures” under many lunch trays to include Lucky Tray Day.



#NSLW24

October Celebrations



This Photo by Unknown

TheNutritionGroup.com | 888.272.8106



Numbers Across the Cafeteria



We are definitely *meeting and exceeding* our budget with meals served and Ala Carte sales!

	Budget	Actual
Breakfast	376	424
Lunch	636	667
Ala-Carte	177	194

Elementary Munchables



Munchable boxes available include:

- Bologna & Cheese with Crackers
- Build Your Own Pizza
- Chicken Nuggets
- Dunkers
- Ham & Cheese with Crackers
- Turkey & Cheese with Crackers
- Nachos & Cheese
- PB&J Grape Crescent, Yogurt & Carrots



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A tasty and fun lunch option!

Continuing to Create a Positive Attitude and Cafeteria Environment

Six basic inspirational principles from the book are utilized to create a transformational power of unconditional love.

Be the change you want to see happen.

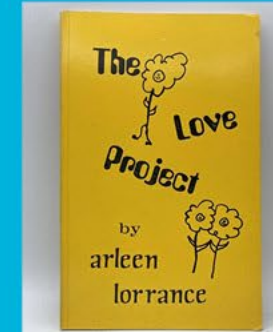
Consciously create your own reality.

Receive all people as beautiful exactly where they are.

Perceive problems as opportunities.

Provide others with the opportunity to give.

Have no expectations, but rather abundant expectancy.



The Love Project
by
Arleen Lorraine

What's the change you want to see?



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