

## **Athletic Administrative Report**

### **Date: 8-19-19**

Fall sports are underway here at the high school. Our campus is full of athletes from early morning cross-country practice until late evening football practice. We are off to a great start! This time of the year always makes me feel excited about our upcoming school year. The student athletes are excited to be here, as if they had missed us!

Football: 1<sup>st</sup> Varsity game is Thursday, August 29<sup>th</sup> vs. Summerfield@ 7:00 HOME. We will not have a JV team this year. Middle school football practice will start on Monday, August 26<sup>th</sup>.

Cross Country is looking to improve after losing 2 graduating seniors from the team this year. For the first time in 3 years, we have enough girls on the cross country team to be considered a team. You must have 5 runners to score as a team. We are very excited about this. They have been running all summer and are excited for their first meet in Adrian on August 22<sup>nd</sup>.

Cheerleading: The Varsity cheer squad is preparing to bring spirit and pep to school this fall. Many activities have been planned to encourage school spirit. We are looking forward to seeing the athletes this fall on the sidelines.

Girls Swimming and Diving: Coach, Sacha Moore has been preparing the girls for their first meet this year on Friday, August 23<sup>rd</sup>! The numbers are holding strong with 13 girls. The updates to the pool platform have the natatorium ready for action. We are looking forward to another great season!

Volleyball: We are thrilled to introduce Shelia Cuschieri as the new Varsity Head Coach. She has over 25 years of coaching experience in volleyball, basketball and softball. She has coached at many levels throughout her career. She was able to secure our JV and Varsity teams a spot in 2 summer volleyball leagues that played in June and July. This was something our teams have never experienced before. The team was able to participate while following the guidelines of MHSAA. These athletes are ready to compete. Their first contest will be at the Summerfield Tournament on Saturday, August 24<sup>th</sup> and JV will play in Adrian on August 23<sup>rd</sup>.