Athletic Administrative Report

Date: 8-11-20

Fall sports are underway here at the high school. Our campus is full of athletes from early morning cross-country practice until late evening football practice. We are off to a great start! This time of the year always makes me feel excited about our upcoming school year. The student athletes are excited to be here, as if they had missed us!

<u>Football:</u> 1st Varsity game is Friday, August 28th vs. Lutheran North at HOME.

<u>Cross Country</u> is looking to improve after losing 4 graduating seniors from the team this year. They have been running all summer and sending their times and workouts to coach. First meet of the year is scheduled for Thursday, August 27th in Adrian.

<u>Cheerleading:</u> The Varsity cheer squad is preparing to bring spirit and pep to school this fall. Many activities have been planned to encourage school spirit. We are looking forward to seeing the athletes this fall on the sidelines.

Girls Swimming and Diving: Coach, Sacha Moore, has been preparing the girls for their first meet of the year. At this time, with the uncertainty of the use of our pool, we will be doing some changing of the schedule based on where we are able to host. At the start date of practice(Aug 12), we are not able to swim in our pool. Volleyball: At the start of the year, we are unsure how we will be able to practice due to the restrictions of indoor gymnasiums. We will be creative and continue to train outdoors until we can get back into our beautiful gym! The JV team has their first contest at the Adrian Invite on Friday, August 21 and the Varsity will follow up with a tournament at Addison High School on Saturday, August 22nd.
*All middle school practices are slated to begin on August 24th.

**With the ever changing issues of Covid-19 and the restrictions due to the guidelines, we continue to stay positive and give our Eagles a safe opportunity to stay active doing what they love....playing sports!