## Mercy Sports Medicine



Mercy Sports Medicine is designed to enhance the quality and accessibility of medical care to all athletes in our region. We use techniques to effectively treat and prevent sports related injuries and diseases to help athletes play and live to their fullest potential.

Designed to meet the comprehensive needs of active individuals and athletes of all levels; recreational, high school, collegiate and professional - Mercy Sports Medicine represents collaboration among multiple physician providers and advanced care givers. Our board certified orthopedic surgeons and primary care physicians apply evidence based medicine to maximize function and minimize disability and time away from sports activities, work or school.

Our sports performance specialists, athletic trainers and other experts focus on the entire patient including injury prevention, nutrition, conditioning and activity specific training for all ages and skill levels. We have the expertise and services to prevent injury, optimize health, and maximize your performance. Safely "Back to play" is our priority.

Services include evaluation and treatment for all musculoskeletal related injuries and conditions and rehabilitative services as well as:

- Coordinated access for athletes and physically active people of all ages
- Rapid entrance to comprehensive care
- Expert management of joint, muscle, bone and other procedures
- Team approach with tremendous depth of knowledge and expertise across a number of medical specialties including:
  - Orthopedics and orthopedic surgery
  - o Family medicine
  - Physical Medicine and Rehabilitation
- Comprehensive concussion program and screening protocols
- Bump Clinic

For more information visit Mercyweb.org\sportsmedicine

