

# Helping Baby Grow!

#### The Monroe County Health Department is now providing

### **Newborn Home Visits!**

A FREE visit from an Experienced Registered Nurse in the comfort of your home!

#### What Can You Expect From Your Newborn Home Visit?

## Your Public Health Nurse will

- ✓ Assess your Baby, including Weight & Physical Assessment
- ✓ Discuss Safe Sleep
- ✓ Review Nutrition Needs
- ✓ Breastfeeding assistance and support
- ✓ Discuss Growth & Development
- ✓ Discuss How to Care for Baby
- Education Regarding Immunizations & Importance of Medical Follow-up
- ✓ Appropriate Referrals
- ✓ Assist with Health Insurance Needs
- Provide Additional Resources
- Answer Questions & Concerns



Those first days after baby is born can be the most thrilling *and* challenging!

> Sign up for a Newborn Home Visit while you are still in the Hospital! Ask your nurse for a referral form.

> > Questions, Call

734-240-7830