## Fall 2019 Parenting classes Fridays 2:00-3:30 PM

Arthur Lesow Community Center 120 Eastchester, Monroe, MI 48161 Courtney Aldrich – MSU Extension; (517) 552-6909

This is a FREE parenting series. Participants are highly encouraged to start class at the beginning of the series as marked on the calendar below. Exceptions can be made to the start date by contacting the instructor.

At the end of the series, participants will receive a certificate stating how many class hours of the series they completed out of the total number of class hours offered. Participants may participate in a unique series of classes next quarter and receive a second certificate.

## Series Starts October 11: Guiding Principles for Highly Successful Parenting

October 11: Brain Development/High Quality Positive Family Routines

October 18: Development of Emotional Control

October 25: Being a Calm, Assertive Parent

November 1: Establishing Clear Rules and Strong Relationships

November 8: Allowing Children to Make Great Mistakes

Free. Questions call 517-552-6909 or email aldric82@msu.edu. No pre-registration required.



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