



November 2023 | Food Service Report

Mason Consolidated Schools

Bringing Your Cafeteria to You!

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Meet the Team!

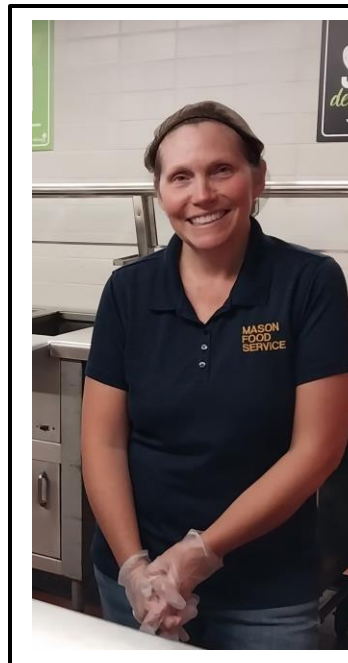
It takes a team!

We appreciate all the hard work and dedication the foodservice team provides each day at Mason Consolidated Schools.

Regina and Beth just celebrated their 5-year anniversary with the district!



Regina is our Lead Cook. She prepares and serves lunch for our MS/HS students and staff. She has 2 sons at the High School, with one graduating this year!



Beth is our Baker. She prepares and serves breakfast and also prepares fresh items daily at our ala carte station, including the monthly Featured Fave. She has a son at the High School.

Meet the Team!

It takes a team!



Lisa (left) is our Lead Cook at Central and Bonnie is our cashier. Both do a great job preparing food and making sure our students have full bellies.



Renee serves breakfast at the MS and is our cashier at the HS during lunch. She is also in charge of keeping the line flowing smoothly during lunch.

TNG On-Site at Central

What's New in the Food Service Department



Elementary students enjoyed sampling this month's Wellness Wednesday Black Bean & Corn Salad on October 18th.

Many students try new foods for the first time during school lunch and this is why it is so important to our team to bring the best experience.

This dish was definitely kid-approved!



Ala Carte at the High School



FEATURED
Fave

Pumpkin Pie Pudding Parfait was the "Featured Fave" for this month!



We offer a variety of pudding & yogurt parfaits throughout each week!



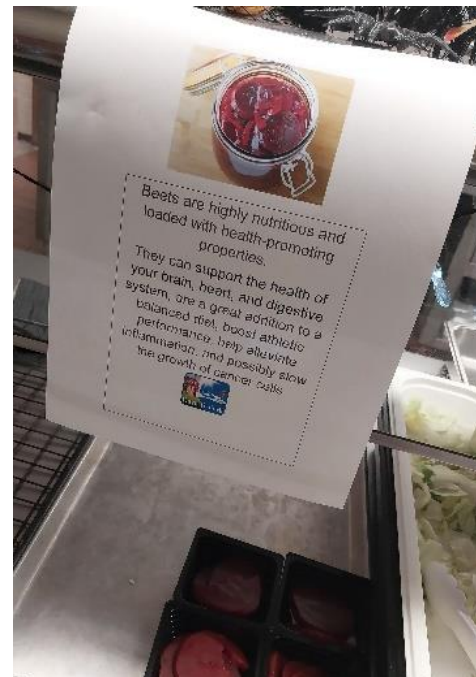
Check out these tasty treats!

Farm to Fork!

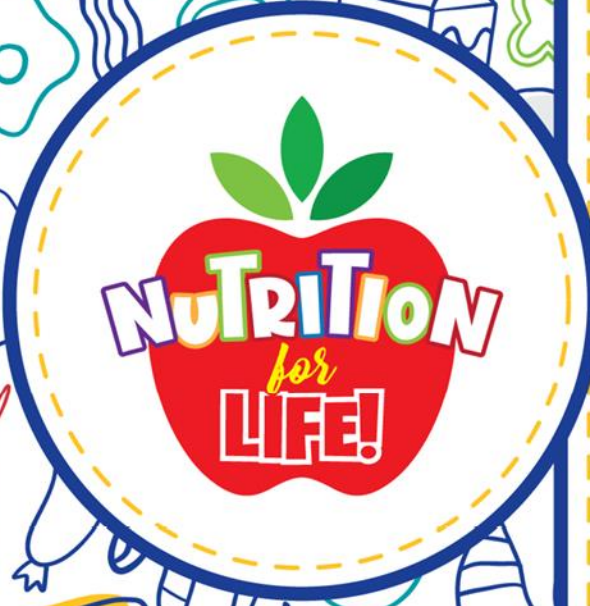


Locally Grown Foods in the Cafeteria!

TNG's Farm to Fork program promotes locally grown foods and boosts economic development by supporting local farmers while creating learning opportunities for students who are still forming healthy eating habits. One featured food from the selection of in-season produce is introduced each week during October through November and ends with a Harvest Feast!



The students and staff have been enjoying our Farm to Fork featured dishes! A few have asked for these items to be featured regularly!



OCTOBER |   

What is Nutrition for Life?

Nutrition for Life is an event that welcomes students into the cafeteria, and makes them feel special while introducing them to the tastiest time of the day!

A special dining event!

First year, full day students are invited to enjoy complimentary breakfast and lunches, helping students learn how school meals work.

You'll love it!

With an emphasis on nutritional value and convenience, Nutrition for Life generates excitement and increases participation in school meals.

How is this event possible?

This event is made possible by the generous support of The Nutrition Group's Champion Sponsor food vendors!



Thank You!



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Your Food Service Team:

Jamie Hoffer

Director of Food and Nutrition

734.848.9307

hoffer@eriemason.k12.mi.us

Jamie Forrest

Regional Manager

248.943.2198

jforrest@thenutritiongroup.biz