



Our Services

Gabby's Grief Center is a community-driven organization extending graceful service to those in grief as they discover hope and gather strength to heal in a supportive, judgement-free space.

"We bereaved are not alone. We belong to the largest company in all the world- the company of those who have known suffering." ~ Helen Keller



Youth & Adult Peer Support Nights

Our support opportunities provide grievers of all ages a space to connect after a death, helping them experience a sense of belonging, respect and hope.



Classroom Companions

Not all bereaved youth are able to attend our on-site peer support groups, so Gabby's Grief Center will bring our programs to your school. Our goal is to provide an opportunity for our grieving youth to explore and express grief.



Grief Camp

Gabby's Grief Center and community partners work together to provide a safe environment that allows children and teens to learn how to navigate life after a significant loss.



Summer Family Support

While summer is fun for most, grief does not stop. Gabby's Grief Center invites families to explore the impact of grief within the family throughout the summer months while gaining the strength to laugh together.



Social Wellness

Gabby's Grief Center recognizes grief may leave individuals feeling isolated or lonely. Gabby's invites you to come and join with other grievers in a non-group setting for companionship and connection as grief impacts every area of life.



Phone Support

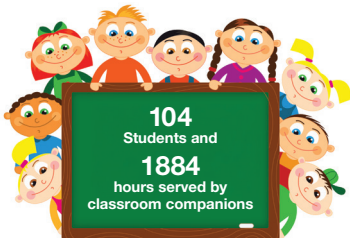
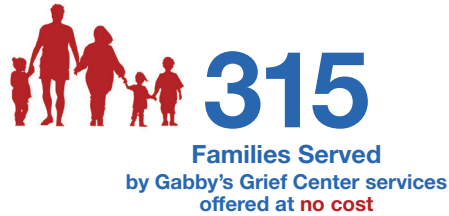
Telephone support is available to help with questions about grief, information about support opportunities, discussion about corporate grief support, and community services.



Grace. Space. Hope. Healing.

2024 Gifts in Action:

YOU make this possible for our community of grievers.



Childhood Bereavement: The Cost of Inaction

Research shows that bereaved children are at an increased risk of disrupted development. Unaddressed childhood grief and trauma can lead to short and long-term difficulties including decreased academic performance, mental health issues, and early mortality.^{1,2}

Health

Those who have lost a parent are more susceptible to physical health issues, accidents, and serious illnesses compared to their peers. Additionally, they tend to take greater risks with their well-being and face a higher likelihood of premature mortality. Moreover, they face an elevated risk of mental health disorders, suicide attempts, and hospitalizations for psychiatric conditions.³

Education and Employment

The impact of grief on children's academic performance is evident, as both students and their parents, along with teachers, often observe challenges at school. These difficulties include diminished concentration, waning interest, and instances of bullying. Bereaved children tend to achieve lower average exam scores compared to their peers, and are more prone to unemployment at the age of 30.³

Criminal and Disruptive Behavior

Young individuals who have experienced loss are overrepresented in the criminal justice system. Specifically, the death of a parent before the age of 26 significantly heightens the risk of a criminal conviction for a violent offense. Support and resources are necessary to address bereavement and provide opportunities for healing.³

¹Burns, M., Griese, B., King, S., & Talmi, A. (2020). Childhood Bereavement: Understanding prevalence and related adversity in the United States. *American Journal of Orthopsychiatry*, 90(4), 391-405.

²Centers for Disease Control and Prevention, National Center for Health Statistics, CDC WONDER Online Database. <http://wonder.cdc.gov/>

³The issue. (n.d.). <https://childhoodbereavementnetwork.org.uk/sites/default/files/uploads/files/grief-matters-for-children-2017.pdf>

*Data derived from United Way parameters of service regarding unduplicated services.