

LAP's 5k For Rescues

Age Group Results

LAP's 5k Run

Race Date
March 22, 2025

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ellie Reyna	Lubbock TX	533	21	22:15.4	7:11/M
2	Marifer Escamilla	Laredo TX	523	23	22:27.2	7:16/M
3	Carolina Dordevic	Laredo TX	338	27	24:04.0	7:47/M

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Joaquin Melendez	Laredo TX	393	1	17:10.8	5:33/M
2	Maximo Hernz	Laredo TX	547	2	17:19.4	5:36/M
3	Isaiah Best	Laredo TX	568	3	17:27.4	5:38/M

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LAP's 5k Run

Female 10 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Sarah Castillo	Laredo TX	476	206	41:50.9	13:47/M

Male 10 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Diego Rodriguez	Laredo TX	586	63	28:28.5	9:15/M

Female 11 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Lexie Galindo	Laredo TX	417	73	29:07.7	9:26/M
2	Shayra Vasquez	Laredo TX	482	107	31:25.4	10:23/M
3	Victoria Molina	Laredo TX	497	167	37:56.2	12:20/M
4	Natalie Ridgley	Laredo TX	449	216	42:26.2	13:45/M

Male 11 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Joaquin Melendez	Laredo TX	393	1	17:10.8	5:33/M
2	Maximo Hernz	Laredo TX	547	2	17:19.4	5:36/M
3	Marcos Valdez	Laredo TX	580	5	18:44.1	6:03/M
4	Manuel Valdez	Laredo TX	579	7	19:46.0	6:23/M
5	Mateo Franco	Laredo TX	434	13	20:31.6	6:38/M
6	Kaleb Mata	Laredo TX	401	19	21:41.7	7:00/M
7	Elias Saucedo	Laredo TX	543	30	24:33.0	7:58/M
8	Derek Barron	Laredo TX	353	39	25:30.1	8:16/M
9	Miguel Garcia	Laredo TX	442	40	25:34.4	8:16/M
10	Iker Benavides	Laredo TX	545	54	27:18.9	8:52/M
11	Mathew Valdez	Laredo TX	581	57	27:45.2	8:58/M
12	Ryan Druker	Laredo TX	470	109	31:34.0	10:14/M
13	Fernando Zuniga	Laredo TX	544	128	32:56.9	10:41/M
14	Alex Bernal	Laredo TX	546	164	37:31.3	12:10/M

Female 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Marcela Guadiana	Laredo TX	528	41	25:35.3	8:17/M
2	Cristal Lopez	Laredo TX	343	130	33:11.8	10:50/M

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Female 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
3	Valeria Delgado	Laredo TX	491	171	38:12.8	12:37/M
4	Natasha Carriedo	Laredo TX	591	192	40:33.7	13:27/M
5	Andrea Ordonez	Laredo TX	550	223	42:53.4	14:01/M
6	Alaayah Lopez	Laredo TX	302	232	44:40.7	14:32/M
7	Anya Jaimez	Laredo TX	322	254	51:09.3	16:40/M

Male 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Isaiah Best	Laredo TX	568	3	17:27.4	5:38/M
2	Ricky Rodriguez	Laredo TX	548	6	19:16.4	6:13/M
3	Fernando Martinez III	Laredo TX	587	9	20:17.4	6:33/M
4	Santiago Guerrero	Laredo TX	475	11	20:24.3	6:36/M
5	Edward De La Garza II	Laredo TX	570	16	21:23.0	6:54/M
6	Benjamin Diaz	Laredo TX	539	20	21:53.7	7:04/M
7	Rodrigo Cuevas	Laredo TX	466	100	30:38.3	9:57/M
8	Gael Perez	Laredo TX	369	156	36:25.1	11:57/M
9	Kristopher Morua	Laredo TX	411	174	38:32.9	12:30/M
10	Marco Camero	Laredo TX	589	193	40:34.2	13:27/M
11	Stephano Flores	Laredo TX	484	257	52:33.2	17:04/M

Female 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ellie Reyna	Lubbock TX	533	21	22:15.4	7:11/M
2	Marifer Escamilla	Laredo TX	523	23	22:27.2	7:16/M
3	Karla Resendez	Laredo TX	517	36	25:21.4	8:11/M
4	Lorren Cantu	Laredo TX	420	49	26:32.9	8:37/M
5	Cristina Graña	Laredo TX	348	55	27:41.5	9:02/M
6	Angela Ramirez	Laredo TX	565	59	28:05.0	9:06/M
7	Casey Zamarripa	Laredo TX	340	61	28:26.8	9:18/M
8	Veronica Trevino	Laredo TX	494	67	28:38.6	9:21/M
9	Samantha Villarreal	Laredo TX	471	70	28:51.6	9:19/M
10	America Garcia	Laredo TX	313	80	29:32.4	9:34/M
11	Wendy Reyes	Laredo TX	498	82	29:40.8	9:38/M
12	Leslie Gonzalez	Laredo TX	416	85	29:50.8	9:44/M
13	Frida Chapa	Laredo TX	366	87	29:58.2	9:44/M
14	Victoria Chavez	Laredo TX	564	91	30:11.3	9:46/M
15	Shalay Tobias	Laredo TX	479	92	30:12.2	9:51/M
16	Cristina Herrera	Laredo TX	347	108	31:33.1	10:14/M

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LAP's 5k Run

Female 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
17	Perla Linares	Laredo TX	455	110	31:49.9	10:21/M
18	Erika Garcia	Laredo TX	364	117	32:11.2	10:28/M
19	Wesslie Hernandez	Laredo TX	499	119	32:25.3	10:34/M
20	Myka Avila	Laredo TX	446	125	32:46.4	10:36/M
21	Georgina Morales	Laredo TX	370	126	32:52.0	10:42/M
22	Melanie Arellano	Laredo TX	436	131	33:17.4	10:48/M
23	Alondra Milera	Laredo TX	310	136	34:26.4	11:10/M
24	Danyelle J Barrientos	Laredo TX	558	140	34:36.9	11:18/M
25	Xiomara Rivera	Laredo TX	501	145	35:03.5	11:26/M
26	Nathalie Lopez	Laredo TX	448	149	35:23.7	11:29/M
27	Melissa Andrade	Laredo TX	437	152	35:41.8	11:41/M
28	Terry Cavazos	Laredo TX	486	153	35:43.4	11:36/M
29	Lizeth Lopez	Laredo TX	583	157	36:38.8	11:52/M
30	Yasmine Villarreal	Laredo TX	503	161	37:07.9	12:02/M
31	Vanessa Delgado	Laredo TX	492	162	37:11.8	12:17/M
32	Tori Lopez	Laredo TX	489	178	38:53.6	12:38/M
33	Alyssa Osorio	Laredo TX	519	182	39:38.6	12:50/M
34	Gabriela Ramirez	Laredo TX	518	183	39:38.7	12:50/M
35	Regina Castaño	Laredo TX	457	187	40:20.8	13:04/M
36	Alejandra Guerra	Laredo TX	306	190	40:25.4	13:14/M
37	Nereyda Avila Rubio	Laredo TX	576	194	40:50.8	13:16/M
38	Keyla Garcia	Laredo TX	407	196	41:11.5	13:17/M
39	Ashley Pena	Laredo TX	326	197	41:11.6	13:17/M
40	Claudia Dezta	Laredo TX	537	198	41:14.8	13:23/M
41	Katia Cordero	Laredo TX	405	212	42:06.7	13:49/M
42	Carolina Guerrero	Laredo TX	339	218	42:30.4	13:50/M
43	Jillian Garcia	Laredo TX	549	224	42:53.6	14:01/M
44	Rebecca Borrego	Laredo TX	510	225	43:26.9	14:15/M
45	Michelle Munoz	Laredo TX	441	227	43:56.6	14:26/M
46	Klarissa Tamez	Laredo TX	409	237	45:21.4	14:42/M
47	Jessenia Garnica	Laredo TX	387	247	48:39.4	16:01/M
48	Alejandra Eligio	Laredo TX	305	249	48:56.2	15:51/M
49	Christa Elizondo	Laredo TX	341	250	48:57.6	15:51/M
50	Mary Jane Martinez	Laredo TX	574	259	55:02.5	17:52/M
51	Brandy Martinez	Laredo TX	573	261	55:14.7	17:56/M

Male 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Joey Palacios	Laredo TX	514	14	20:42.7	6:42/M
2	Robert Zamora	Laredo TX	538	18	21:36.9	6:59/M

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<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
3	Santiago Gamez	Laredo TX	572	25	23:29.8	7:38/M
4	Robert Carranco	Laredo TX	465	29	24:26.9	7:55/M
5	Kassandra Rodriguez	Laredo TX	566	31	24:40.0	8:00/M
6	Alexandro Carraman	Laredo TX	308	42	25:47.7	8:21/M
7	Austin Aleman	Laredo TX	582	46	26:16.1	8:30/M
8	Leo Gonzalez	Laredo TX	414	53	27:01.8	8:54/M
9	Jorge Castillo	Laredo TX	394	62	28:27.0	9:18/M
10	Aaron Manrique	Laredo TX	297	76	29:20.1	9:30/M
11	Arturo Arriaga	Laredo TX	324	79	29:32.2	9:34/M
12	Pablo Tovar	Laredo TX	452	84	29:50.6	9:44/M
13	Carlos Mendoza	Laredo TX	334	95	30:20.2	9:48/M
14	Luis Madraza	Laredo TX	421	118	32:12.2	10:28/M
15	Brandon Ramirez	Laredo TX	331	121	32:37.8	10:38/M
16	Antonio Alejo	Laredo TX	320	135	34:07.7	11:10/M
17	Travis Gibbs	Laredo TX	529	143	34:56.4	11:24/M
18	Roel Delbosque	Zapata TX	467	146	35:06.4	11:28/M
19	Daniel Solis	Laredo TX	350	169	38:09.1	12:30/M
20	Martell Alberto Martinez	Laredo TX	431	188	40:24.9	13:14/M
21	Josue Escamilla	Laredo TX	522	189	40:25.2	13:05/M
22	Ricardo Espinoza	Laredo TX	463	195	40:57.6	13:28/M
23	Cristian Morales Garcia	Laredo TX	344	208	41:56.7	13:43/M
24	Gilberto Buenrostro	Laredo TX	371	228	43:59.5	14:20/M
25	Alfonzo Galvan	Laredo TX	534	234	44:44.5	14:28/M
26	Alexis Rosales	Laredo TX	557	236	45:20.7	14:59/M

Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Carolina Dordevic	Laredo TX	338	27	24:04.0	7:47/M
2	Cyndy Longoria	Laredo TX	349	34	24:50.7	8:06/M
3	Brianda Pacheco	Laredo TX	333	48	26:29.3	8:38/M
4	Barbara Benavides	Laredo TX	328	50	26:38.1	8:37/M
5	Anali Sosa	Laredo TX	561	52	26:58.8	8:47/M
6	Theresa Duante	Laredo TX	530	65	28:31.7	9:19/M
7	Sandy Huerta	Laredo TX	473	69	28:50.9	9:23/M
8	Guadalupe Medina	Laredo TX	375	71	28:56.8	9:27/M
9	Gaby Navarrete	Laredo TX	368	74	29:08.5	9:35/M
10	Gloria Barron	Laredo TX	372	77	29:28.0	9:33/M
11	Sanjuanita Olivarez	Laredo TX	474	78	29:28.9	9:35/M
12	Marah McDriguez	Laredo TX	585	94	30:17.7	9:50/M
13	San Juanita Ibarra	Laredo TX	592	96	30:24.7	9:49/M

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Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
14	Ana Chavez	Laredo TX	314	99	30:37.8	9:56/M
15	Maria Gonzalez	Laredo TX	428	104	31:15.8	10:12/M
16	Sandra Cuellar	Laredo TX	472	105	31:15.9	10:09/M
17	Kimberly Garcia	Laredo TX	408	114	32:04.0	10:22/M
18	Jyzela Moreno	Laredo TX	400	115	32:10.5	10:25/M
19	Jahayra Rodriguez	Laredo TX	382	116	32:11.0	10:31/M
20	Diana Bonugli	Laredo TX	354	120	32:32.7	10:33/M
21	Angelica Solano	Laredo TX	319	139	34:34.0	11:19/M
22	Erika Saldarriaga	Laredo TX	365	141	34:39.6	11:18/M
23	Deziree Barrientos	Laredo TX	559	144	35:01.8	11:26/M
24	Mary Delbosque	Zapata TX	432	147	35:08.2	11:28/M
25	Irene Juarez	Laredo TX	378	150	35:32.2	11:39/M
26	Monica Lopez	Laredo TX	445	154	35:56.9	11:39/M
27	Diana Martinez	Laredo TX	356	155	36:20.4	11:46/M
28	Arely Burgoa	Laredo TX	323	158	36:55.2	12:09/M
29	Sonia Alvarado	Laredo TX	483	168	38:03.5	12:32/M
30	Amanda Solis	Laredo TX	312	170	38:09.7	12:30/M
31	Linda Serna	Laredo TX	418	172	38:18.2	12:33/M
32	Michelle Bustamante	Laredo TX	440	175	38:38.8	12:35/M
33	Carmen Montes	Laredo TX	337	179	39:02.8	12:42/M
34	Joanna Villarreal	Laredo TX	392	181	39:29.6	12:50/M
35	Kristel Loa	Laredo TX	410	184	39:41.8	12:53/M
36	Berenice Rodriguez	Laredo TX	588	185	39:48.2	13:06/M
37	Karime Navarrete	Laredo TX	402	186	40:17.8	13:27/M
38	Yaretzi Montemayor	Laredo TN	502	199	41:33.6	13:32/M
39	Gloria Deleon	San Antonio Tx TX	373	205	41:50.6	13:48/M
40	Laura Meza	Laredo TX	413	207	41:52.2	13:47/M
41	Mayra Gonzalez	Laredo TX	435	209	42:01.5	13:49/M
42	Diana Saucedo	Laredo TX	355	210	42:02.0	13:49/M
43	Jacqueline De La O	Laredo TX	381	213	42:11.6	13:53/M
44	Tamara De La Garza	Laredo TX	485	214	42:17.9	13:52/M
45	Michelle Espinoza	Laredo TX	439	215	42:18.7	13:53/M
46	Christina Guerrero	Laredo TX	342	217	42:30.2	13:50/M
47	Adriana Belloc	Laredo TX	301	220	42:46.2	14:21/M
48	Alejandra Covambias	Laredo TX	525	222	42:48.5	14:03/M
49	Valeria Naranjo	Laredo TX	552	239	46:28.7	15:11/M
50	Adriana Piton	Laredo TX	556	240	46:29.0	15:11/M
51	Maria De Lourdes	Laredo TX	578	241	46:40.0	15:09/M
52	Blanca Gonzalez	Laredo TX	569	242	46:41.4	15:09/M
53	Erika Arrambide	Laredo TX	512	245	47:32.2	15:33/M
54	Aurora Cedeno	Laredo TX	327	248	48:39.8	16:01/M
55	Kayla Collado	Laredo TX	406	251	50:22.9	16:21/M

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Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
56	Jacklynn Moreno	Laredo TX	380	252	50:29.3	16:20/M
57	Grace Hilario	Laredo TX	374	258	54:03.9	17:33/M
58	Jessica Alvarado	Laredo TX	388	260	55:07.3	18:00/M
59	Vanessa Martinez	Laredo TX	493	262	57:20.3	18:49/M

Male 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Alan Anderson	Laredo TX	303	4	17:56.5	5:48/M
2	Juan Alvarado	Laredo TX	541	8	19:57.9	6:27/M
3	Estevan Garcia	Laredo TX	553	10	20:20.8	6:34/M
4	Marco Ramirez	Laredo TX	521	12	20:25.9	6:36/M
5	Moises Garcia	Laredo TX	444	17	21:30.8	6:57/M
6	Joseph Morace	Zapata TX	397	22	22:21.8	7:14/M
7	Raymond John Litman	Laredo TX	532	26	23:47.4	7:41/M
8	Christian Mata	Laredo TX	540	32	24:41.8	7:59/M
9	Marcos Alvarez	Laredo TX	426	35	25:03.8	8:10/M
10	Luis Olivarez	Laredo TX	422	37	25:26.4	8:16/M
11	Alan Valdez	Laredo TX	577	38	25:28.1	8:16/M
12	Yoshio Wong	Laredo TX	560	44	25:55.9	8:25/M
13	Eric Martinez	Laredo TX	555	45	26:16.1	8:30/M
14	Javier C. Villarreal	Laredo TX	385	47	26:22.8	8:31/M
15	Hector Valdez	Rio Grande Cy TX	377	51	26:41.6	8:38/M
16	Marco Pacheco	Laredo TX	424	58	27:59.1	9:11/M
17	David Gonzales	Laredo TX	351	60	28:10.3	9:07/M
18	Aaron Heredia	Laredo TX	298	66	28:36.2	9:19/M
19	Israel Tellez	Laredo TX	542	72	29:07.5	9:25/M
20	Robert Cardenas	Laredo TX	551	86	29:55.8	9:46/M
21	Leonel Gutierrez	Laredo TX	415	98	30:33.2	9:55/M
22	Oscar Benavides	Laredo TX	575	102	30:53.4	10:06/M
23	Adrian Morua	Laredo TX	300	127	32:53.1	10:40/M
24	Edgar Rivera	Laredo TX	358	129	32:59.4	10:46/M
25	Miguel Chavez	Laredo TX	443	138	34:30.0	11:15/M
26	Reynaldo Ovando	Laredo TX	461	148	35:09.5	11:32/M
27	Mario Martinez	Laredo TX	554	160	37:01.6	11:58/M
28	Abel Gutierrez	Laredo TX	299	163	37:14.0	12:17/M
29	Cristian Tovar	Laredo TX	345	166	37:40.6	12:11/M
30	Angel Valdez	Laredo TX	317	202	41:47.5	13:47/M
31	Marco Ortega	Laredo TX	425	203	41:48.1	13:47/M
32	Angel Castillo	Laredo TX	318	204	41:50.3	13:47/M
33	Ricardo Rodriguez	Laredo TX	462	219	42:36.2	14:19/M

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34	Ricky Zendejas	Laredo TX	464	221	42:47.4	13:54/M
35	Jorge Pena	Laredo TX	526	230	44:37.4	14:44/M
36	Jose Cruz Paredes	Laredo TX	395	235	45:04.6	14:57/M
37	Hector Leal	Laredo TX	376	243	46:43.3	15:24/M
38	Orlando Rodriguez	Laredo TX	590	244	47:26.1	15:35/M
39	Alex Orozco	Laredo TX	511	246	47:32.9	15:33/M

Female 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Carolys Godillo	Laredo TX	584	43	25:55.6	8:24/M
2	Maria M Benavides	Zapata TX	430	56	27:43.9	9:03/M
3	Elizabeth Rios	Laredo TX	360	68	28:50.2	9:23/M
4	Alenandra Gonzalez	Laredo TX	535	89	30:00.1	9:43/M
5	Lorraine Rodriguez	Laredo TX	563	97	30:27.2	9:53/M
6	Dorothy Montemayor	Laredo TX	357	103	31:14.2	10:07/M
7	Yvette Elizondo	Laredo TX	504	111	31:57.1	10:24/M
8	Maria Garcia	Laredo TX	429	113	31:59.0	10:31/M
9	Rosa Guerrero	Laredo TX	468	122	32:37.8	10:38/M
10	Seema Hernandez	Laredo TX	477	124	32:43.9	10:34/M
11	Monica Ayala	Laredo TX	507	132	33:26.7	10:56/M
12	Elizabeth Silva	Laredo TX	361	137	34:27.6	11:12/M
13	Cynthia Garcia	Laredo TX	524	142	34:45.6	11:15/M
14	Shalem Olavarria	Laredo TX	480	159	36:55.7	12:09/M
15	Anya Pardemann	Laredo TX	321	173	38:30.6	12:36/M
16	Carlos Navarrete	Laredo TX	336	191	40:29.2	13:30/M
17	Cory Cisneros	Laredo TX	536	229	44:28.9	14:23/M
18	Denise Mendiola	Laredo TX	527	231	44:37.4	14:45/M
19	Thelma Molina	Laredo TX	487	233	44:44.2	14:31/M

Male 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Andres Valencia	Laredo TX	316	15	21:00.6	6:47/M
2	Jesus Perez	Laredo TX	390	24	22:58.0	7:26/M
3	Edward De La Garza	Laredo TX	571	33	24:42.8	8:00/M
4	Israel Cabeza De Vaca	Laredo TX	379	75	29:12.4	9:28/M
5	William Nye	Lakewood CO	500	83	29:43.8	9:43/M
6	Sergio Silva	Laredo TX	478	90	30:01.3	9:43/M
7	Juan Martinez	Laredo TX	399	93	30:15.7	9:47/M

LAP's 5k For Rescues

Age Group Results

LAP's 5k Run

Race Date

March 22, 2025

Male 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
8	Manolo Maclas	Laredo TX	423	101	30:51.7	10:04/M
9	Oscar Lopez	Laredo TX	451	123	32:42.9	10:42/M
10	Reginald Best	Laredo TX	567	133	33:41.8	10:57/M
11	Cristian Silva	Laredo TX	346	200	41:40.6	13:46/M

Female 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Alissa Andon	Laredo TX	516	88	30:00.0	9:45/M
2	Norma Villanueva	Laredo TX	450	134	33:59.4	11:02/M
3	Claudia Hernandez	Laredo TX	593	165	37:35.4	12:08/M
4	Deborah Lopez	Laredo TX	352	180	39:15.9	12:46/M
5	Gabriela Lara	Laredo TX	367	238	45:59.2	15:00/M

Male 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	J.h. Gonzalez	Laredo TX	531	64	28:31.3	9:19/M
2	Victor Manrique	Laredo TX	495	81	29:33.9	9:35/M
3	Mr Palacios	Laredo TX	506	106	31:21.9	10:16/M
4	Alfredo Ramos	San Antonio TX	309	112	31:58.8	10:27/M
5	Carlos Deleon	San Antonio TX	335	211	42:04.8	13:53/M
6	Raul Rodriguez	Laredo TX	456	226	43:46.8	14:10/M
7	Javier Rodriguez	Laredo TX	384	253	50:51.3	16:43/M

Female 60 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Rosario Saucedo	Laredo TX	469	176	38:39.5	12:31/M
2	Jewel Sharp	Laredo TX	391	256	52:21.9	17:03/M

Male 60 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Fernando Sosa	Laredo TX	562	28	24:21.5	7:53/M
2	Rene Jimenez	Laredo TX	458	151	35:38.2	11:36/M
3	Edward Rabago	Laredo TX	359	177	38:40.8	12:35/M
4	Javier Serrano	Laredo TX	383	201	41:41.3	13:46/M

LAP's 5k For Rescues

Age Group Results

LAP's 5k Run

Race Date
March 22, 2025

Male 60 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
5	Enrique Cisneros	Laredo TX	362	255	52:21.8	17:03/M