

Race Date  
February 14, 2026

Heart and Sole 5k Run/Walk  
Age Group Results

Heart and Sole 5k Run/Walk

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Yaretzi Gonzalez	Zapata TX	17	160	6	20:18.7	6:40/M

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Alan Anderson	Laredo TX	37	81	1	16:19.1	5:21/M

Female Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Lilybeth Rendon	Laredo TX	40	126	11	22:39.6	7:25/M

Male Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Eloy Lopez	Zapata TX	40	110	13	24:01.6	7:53/M

Female Senior Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Eva Serna	Rio Grande City TX	50	130	24	26:25.6	8:39/M

Male Senior Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Angel Gallegos	Laredo TX	57	94	8	21:41.9	7:06/M

Female Ultra Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Cheryl King	Zapata TX	60	104	31	28:29.8	9:21/M

Male Ultra Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jose Alfaro	Laredo TX	68	151	39	31:47.3	10:24/M

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### Heart and Sole 5k Run/Walk

#### Female Ultra Senior Masters Wi

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Amelia Del Bosque	Zapata TX	72	90	71	47:13.7	15:30/M

#### Male Ultra Senior Masters Winn

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Pablo Gallardo	Zapata TX	71	92	65	44:09.9	14:30/M

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# Heart and Sole 5k Run/Walk

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### Heart and Sole 5k Run/Walk

#### Female 10 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kate Grant	Laredo TX	10	100	69	47:00.0	15:25/M

#### Male 10 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ernesto Llano Jr	Laredo TX	10	108	17	24:30.0	8:01/M

#### Female 11 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jeraldin Gonzalez	Zapata TX	12	176	15	24:11.5	7:55/M
2	Alexa Zepeda	San Ygnacio TX	14	159	34	29:38.1	9:43/M
3	Genesis Yanez	Zapata TX	11	146	45	35:15.9	11:33/M

#### Male 11 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Caleb Cantua	Laredo TX	13	87	10	22:20.5	7:19/M
2	Brian Llano	Laredo TX	13	107	20	25:01.6	8:12/M

#### Female 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Yarezi Gonzalez	Zapata TX	17	160	6	20:18.7	6:40/M
2	Jackeline Gonzalez	Zapata TX	16	161	12	23:01.3	7:33/M
3	Delissa Chapa	Zapata TX	19	89	51	36:56.2	12:07/M
4	Kaylee Garza	Zapata TX	18	143	60	40:28.2	13:15/M

#### Male 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Aleksis Arambula	Hebbronville TX	16	150	3	19:17.4	6:19/M

#### Female 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Yulitza Mendiola	Zapata TX	27	164	9	21:47.2	7:08/M

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Female 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
2	Veronica Trevino	Laredo TX	24	133	19	24:55.3	8:10/M
3	Genesis Villarreal	Lopeno TX	25	138	28	27:55.8	9:09/M
4	Jennifer Yanez	Zapata TX	28	145	30	28:20.1	9:17/M
5	Layla Robles	Zapata TX	28	127	33	29:20.5	9:39/M
6	Sydney Viera	Laredo TX	23	134	46	36:05.0	11:50/M
7	Krysta Villarreal	Laredo TX	25	136	47	36:05.2	11:50/M
8	Avery MacLaren	Zapata TX	27	114	50	36:51.1	12:06/M
9	Alexa Solis	Zapata TX	23	131	53	37:39.4	12:21/M
10	Ashley Garcia	Zapata TX	23	96	62	41:31.7	13:38/M
11	Destiny Lucio	Laredo TX	27	111	63	42:19.1	13:56/M
12	Mikayla Olivo	Rio Grande City TX	26	120	78	52:31.9	17:12/M
13	Alyssa Campos	Zapata TX	29	169	82	52:53.6	17:24/M
14	Ana Teresa De La Fuente	Laredo TX	27	147	88	55:19.7	18:08/M

Male 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Nathan Trevino	Zapata TX	28	157	5	20:12.1	6:37/M
2	Maycol Mendoza	Zapata TX	27	156	7	21:25.1	7:01/M
3	Manuel Escobedo	Laredo TX	29	91	36	30:32.4	10:01/M

Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Nora Rosales	Laredo TX	37	153	14	24:10.5	7:55/M
2	Laura Trejo	Zapata TX	35	162	18	24:54.3	8:10/M
3	Barbara Benavides	Laredo TX	34	85	22	25:22.2	8:20/M
4	Alejandra Lujan	Laredo TX	32	113	26	27:23.1	9:01/M
5	Joyce Garcia	Zapata TX	30	95	32	28:58.2	9:32/M
6	Liliana Arambula	Zapata TX	35	155	48	36:21.3	11:54/M
7	Selina Gonzalez	Zapata TX	37	174	54	38:06.6	12:28/M
8	Nelly Garcia	Laredo TX	36	149	57	38:44.8	12:41/M
9	Samantha Morace	Zapata TX	35	140	64	42:51.5	14:02/M
10	Chantel Lopez	Laredo TX	30	109	66	44:18.6	14:34/M
11	Victoria Medina	Laredo TX	38	118	70	47:01.0	15:25/M
12	Lorena Vela	Zapata TX	34	172	87	53:11.1	17:25/M

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Male 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Alan Anderson	Laredo TX	37	81	1	16:19.1	5:21/M
2	Ernesto Llano	Laredo TX	36	106	2	18:19.4	6:00/M
3	Beto Terrazaz	Zapata TX	39	158	4	20:07.3	6:35/M
4	Oscar Benavides	Laredo TX	31	84	27	27:33.7	9:06/M
5	Geovani Gonzalez	Zapata TX	38	175	55	38:07.0	12:29/M

Female 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Lilybeth Rendon	Laredo TX	40	126	11	22:39.6	7:25/M
2	Beatriz Guzman	Zapata TX	41	102	21	25:07.7	8:14/M
3	Andrea Martinez	Laredo TX	40	116	25	27:20.9	8:57/M
4	Mariana Comella	Zapata TX	49	163	29	28:13.5	9:16/M
5	Lizzy Villarreal	Laredo TX	40	137	35	30:05.4	9:53/M
6	Ayerim Rocha	Laredo TX	40	128	37	30:33.1	10:01/M
7	Liz Manrique	Laredo TX	46	115	38	30:46.4	10:08/M
8	Brenda Guerra	Zapata TX	41	101	40	32:48.7	10:46/M
9	Claudia Jim	Laredo TX	49	103	44	34:56.4	11:30/M
10	Jessica Villarreal	Zapata TX	48	135	52	36:58.6	12:08/M
11	Becky Cruz	San Ygnacio TX	48	154	73	47:59.3	15:42/M
12	Jessica Garza	Rio Grande City TX	47	99	76	49:36.1	16:17/M
13	Margarita Barrera	Zapata TX	46	166	86	52:58.0	17:25/M
14	Lizzy Duran	Zapata TX	44	170	89	1:01:49.2	20:20/M

Male 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Eloy Lopez	Zapata TX	40	110	13	24:01.6	7:53/M
2	Joseph Morace	Zapata TX	40	148	16	24:30.0	8:02/M
3	Israel Cabeza De Vaca	Laredo TX	45	86	23	25:54.5	8:30/M
4	Gilbert Lucio	Laredo TX	47	112	83	52:55.5	17:26/M

Female 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Eva Serna	Rio Grande City TX	50	130	24	26:25.6	8:39/M
2	Patty Solis	Zapata TX	50	132	41	33:03.3	10:51/M
3	Claudia Garza	Zapata TX	51	97	42	33:18.9	10:56/M
4	Erica Ramirez	Zapata TX	57	122	43	34:14.7	11:14/M

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Female 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
5	Norma Chapa	Zapata TX	56	165	56	38:22.2	12:37/M
6	Gloria Lara	Laredo TX	50	105	58	39:57.0	13:07/M
7	Martha Medina	Laredo TX	59	119	74	48:12.0	15:50/M
8	Diana Ramirez	Zapata TX	59	124	79	52:38.8	17:17/M
9	Liza Arriaga	L Aredo TX	53	83	80	52:44.3	17:18/M
10	Eliza Martinez-Elizalde	Laredo TX	51	117	81	52:44.4	17:19/M
11	Cynthia Salinas	Zapata TX	52	171	84	52:55.9	17:24/M
12	Lupita Alvarez	Leander TX	52	167	85	52:57.2	17:25/M
13	Adreana Valadez	Zapata TX	52	173	91	1:02:07.1	20:20/M

Male 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Angel Gallegos	Laredo TX	57	94	8	21:41.9	7:06/M
2	Rene Lara	Laredo TX	50	144	59	40:05.8	13:08/M

Female 60 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Cheryl King	Zapata TX	60	104	31	28:29.8	9:21/M
2	Rosario Saucedo	Laredo TX	64	129	49	36:29.3	11:57/M
3	Melva Morace	Zapata TX	61	142	68	46:58.0	15:22/M
4	Roxane Ramos	Laredo TX	60	125	72	47:16.8	15:33/M
5	Rosa Garza	Zapata TX	65	98	75	49:34.9	16:16/M
6	Carmen Villarreal	Zapata TX	66	168	90	1:01:49.4	20:20/M

Male 60 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jose Alfaro	Laredo TX	68	151	39	31:47.3	10:24/M
2	David Villarreal	Zapata TX	62	139	61	40:40.5	13:21/M
3	Severiano Gallardo	Edinburgh TX	65	93	67	46:22.9	15:13/M
4	Javier Ramirez	Zapata TX	67	123	77	51:56.9	17:03/M
5	Armando Lopez	Laredo TX	67	152	92	1:20:09.2	26:14/M

Female 70 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
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#### Female 70 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Amelia Del Bosque	Zapata TX	72	90	71	47:13.7	15:30/M

#### Male 70 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Pablo Gallardo	Zapata TX	71	92	65	44:09.9	14:30/M