

Race Date
October 19, 2024

Gold's Gym Stronger than Cancer 5k Run
Age Group Results

Gold's Gym Stronger than Cancer 5k

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Julia Cantu	Laredo TX	40	225	6	19:15.4	6:13/M
2	Lilybeth Rendon	Laredo TX	39	241	12	20:53.4	6:45/M
3	Karla Albrecht	Laredo TX	41	233	13	20:56.6	6:45/M

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Alan Anderson	Laredo TX	36	105	1	17:21.3	5:36/M
2	Max Hernandez	Laredo TX	14	263	2	17:47.0	5:45/M
3	Emiliano Sanchez	Laredo TX	17	179	3	17:50.4	5:46/M

Race Date
October 19, 2024

Gold's Gym Stronger than Cancer 5k Run

Age Group Results

Gold's Gym Stronger than Cancer 5k

Female 14 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Sophie Cantu	Laredo TX	10	313	16	21:21.8	6:57/M
2	Isabella Guerra	Laredo TX	11	207	117	29:59.0	9:41/M
3	Livia Orozco	Laredo TX	9	332	131	31:20.4	10:07/M

Male 14 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Max Hernandez	Laredo TX	14	263	2	17:47.0	5:45/M
2	Filiberto Olveda	Laredo TX	14	190	4	19:00.8	6:08/M
3	Mauricio Vidal	Laredo TX	12	261	5	19:06.2	6:10/M
4	Nathan Villarreal	Laredo TX	13	281	33	23:15.2	7:39/M
5	Miguel Gomez Jr	Laredo TX	13	348	37	23:57.4	7:49/M
6	Jayden Maclas	Laredo TX	12	409	38	23:58.2	7:44/M
7	Emiliano Modrazo	Laredo TX	14	404	40	24:04.1	7:47/M
8	Adrian Veliz	Laredo TX	14	100	84	27:54.7	9:07/M
9	Mauricio Perez	Laredo TX	13	262	123	30:47.7	10:04/M
10	Cederic Perez	Laredo TX	14	141	129	31:14.2	10:05/M
11	Azael Gonzalez	Laredo TX	10	123	180	43:20.6	14:07/M

Female 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Allison Avila	Laredo TX	18	113	22	21:49.0	7:03/M
2	Anabelly Chavez	Laredo TX	16	352	100	28:55.9	9:20/M
3	Andrea Vazquez	Laredo TX	19	117	143	32:10.1	10:25/M
4	Priscila Moreno	Laredo TX	17	285	163	34:43.7	11:14/M
5	Adriana Veliz	Laredo TX	15	102	183	44:58.0	14:37/M

Male 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Emiliano Sanchez	Laredo TX	17	179	3	17:50.4	5:46/M
2	Ethan Villarreal	Laredo TX	15	184	25	22:24.7	7:16/M
3	Armando Garcia	Laredo TX	16	122	64	25:51.1	8:21/M
4	Daniel Escamilla	Laredo TX	15	156	95	28:33.0	9:16/M
5	Eduardo Guerra	Laredo TX	16	170	101	28:56.2	9:20/M

Race Date
October 19, 2024

Gold's Gym Stronger than Cancer 5k Run

Age Group Results

Gold's Gym Stronger than Cancer 5k

Female 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kayla Lancon	Laredo TX	20	234	15	21:21.4	6:57/M
2	Karina Garza	Laredo TX	28	230	42	24:08.4	7:48/M
3	Rut Moreno	Laredo TX	24	300	49	24:53.6	8:04/M
4	Marisa Gaona	Laredo TX	24	423	59	25:19.7	8:12/M
5	Natalia Vazquez	Laredo TX	20	279	67	25:55.0	8:24/M
6	Paola Cavazos	Laredo TX	29	283	70	26:05.6	8:27/M
7	Lizbeth Gomez	Laredo TX	23	334	73	26:38.9	8:38/M
8	Lizbeth Ortiz	Laredo TX	24	405	92	28:25.6	9:13/M
9	Laura Cisneros	Laredo TX	26	343	94	28:31.4	9:15/M
10	Carolina Martinez	Laredo TX	26	137	96	28:33.9	9:16/M
11	Ruth Oviedo	Laredo TX	28	301	103	29:02.7	9:25/M
12	Yazmin Osoria	Laredo TX	23	324	106	29:20.1	9:33/M
13	Briana Gutierrez	Laredo TX	28	130	109	29:32.1	9:33/M
14	Bonita Gonzalez	Laredo TX	27	129	113	29:42.6	9:36/M
15	Karla Castillo	Laredo TX	24	232	122	30:44.6	9:56/M
16	Naylie Chavez	Laredo TX	22	282	134	31:28.7	10:12/M
17	Xenia Aguilar	Laredo TX	24	322	140	31:51.2	10:32/M
18	Cynthia Contreras	Laredo TX	27	149	141	32:03.7	10:26/M
19	Shannon Vazquez	Laredo TX	21	312	145	33:19.5	10:49/M
20	Xiomara Rivera	Laredo TX	28	403	150	33:31.6	10:51/M
21	Julianne Norris	Laredo TX	27	226	161	34:35.5	11:17/M
22	Samantha Lara	Laredo TX	23	303	164	34:45.2	11:20/M
23	Evelyn Herbert	Laredo TX	20	185	171	36:03.2	11:52/M
24	Andrea Salazar	Laredo TX	23	118	177	41:36.9	13:30/M
25	Alejandra Arreoila	Laredo TX	27	428	184	45:22.9	14:41/M

Male 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Gresham Ganninger	Laredo TX	27	417	8	19:59.6	6:28/M
2	Oscar Escamilla	Laredo TX	28	410	10	20:05.5	6:29/M
3	Fernando Lopez	Laredo TX	27	189	24	21:55.6	7:08/M
4	David Reyes	Laredo TX	20	159	28	22:48.2	7:23/M
5	William Keeslar	Farmington MO	28	321	58	25:13.6	8:10/M
6	Bryan Del La Garza	Laredo TX	24	335	60	25:33.4	8:17/M
7	Rogelio Ortiz	Laredo TX	26	406	76	27:07.8	8:48/M
8	Julio Chapa	Laredo TX	20	229	81	27:46.7	8:58/M
9	Juan Sierra	Laredo TX	28	223	93	28:26.0	9:26/M
10	Bryan Esparza	Laredo TX	21	327	98	28:47.4	9:21/M
11	Antonio Bernal	Laredo TX	24	120	108	29:31.9	9:34/M
12	Tyshon Bankston	Kansas City MO	29	401	114	29:44.0	9:40/M

Race Date
October 19, 2024

Gold's Gym Stronger than Cancer 5k Run

Age Group Results

Gold's Gym Stronger than Cancer 5k

Male 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
13	Luis Lopez	Laredo TX	21	420	115	29:55.7	9:47/M
14	Alan Cavazos	Laredo TX	25	106	118	30:04.8	9:44/M
15	Brahamm Alvarez	Laredo TX	23	351	121	30:43.7	9:56/M
16	Michael Gajardo	Laredo TX	27	271	126	30:50.5	9:58/M
17	Medrano Chavez	Laredo TX	26	422	157	34:08.0	11:03/M
18	Alejandro Nava	Laredo TX	26	110	165	34:59.4	11:19/M
19	Devin Gallagher	Laredo TX	27	164	188	49:37.5	16:17/M

Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Lilybeth Rendon	Laredo TX	39	241	12	20:53.4	6:45/M
2	Irene Mendoza	Laredo TX	39	408	35	23:39.6	7:38/M
3	Barbara Benavides	Laredo TX	33	124	41	24:07.7	7:50/M
4	Cynthia Longoria	Laredo TX	37	150	45	24:20.9	8:00/M
5	Stephanie Gonzalez	Laredo TX	35	314	50	24:54.6	8:10/M
6	Erika Herrejon	Laredo TX	37	182	52	24:56.6	8:07/M
7	Milvia Alvayero	Laredo TX	33	275	56	25:06.8	8:07/M
8	Janeth Vazquez	Laredo TX	35	210	61	25:35.0	8:22/M
9	Lupita Perez-Gonzalez	Laredo TX	36	247	69	26:04.6	8:29/M
10	Bertha Lopez	Laredo TX	33	126	79	27:20.3	8:53/M
11	Anahisa Bueno	Laredo TX	32	116	83	27:47.6	9:00/M
12	Mariana Yanez	Laredo TX	38	256	86	27:59.5	9:03/M
13	Maria Mendoza	Laredo TX	32	346	87	28:04.6	9:10/M
14	Corina Villagomez	Laredo TX	35	147	105	29:19.6	9:34/M
15	Mayela Fernandez	Laredo TX	35	266	119	30:23.7	9:51/M
16	Anali Sosa	Laredo TX	34	339	124	30:49.4	10:04/M
17	Viviana Perez	Laredo TX	33	320	125	30:50.1	9:58/M
18	Marissa Martinez	Laredo TX	36	259	139	31:51.2	10:20/M
19	Sandy Alvarez	Laredo TX	30	304	148	33:21.7	10:46/M
20	Laura Gonzalez	Laredo TX	30	235	154	33:51.2	11:01/M
21	Cecilia Leyva	Laredo TX	34	140	156	34:06.3	11:09/M
22	Gabi Guerra	Laredo TX	33	192	172	36:32.7	11:55/M
23	Lesly Villarreal	Laredo TX	30	239	173	37:10.5	12:00/M
24	Laura Govea	Laredo TX	37	236	179	42:39.8	13:46/M
25	Sarahi Garcia	Laredo TX	30	307	187	45:52.4	14:51/M

Male 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
--------------	-------------	-------------	------------	---------------	----------------	-------------	-------------

Race Date
October 19, 2024

Gold's Gym Stronger than Cancer 5k Run

Age Group Results

Gold's Gym Stronger than Cancer 5k

Male 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Alan Anderson	Laredo TX	36	105	1	17:21.3	5:36/M
2	Ruben Gamboa	Laredo TX	31	298	7	19:15.9	6:13/M
3	Alberto Tellez	Laredo TX	32	107	9	20:02.9	6:29/M
4	Hector Leal	Laredo TX	33	201	21	21:46.0	7:02/M
5	Agustin Velazquez	Laredo TX	31	427	26	22:33.4	7:20/M
6	Sthephen Tran	Laredo TX	32	315	27	22:40.8	7:20/M
7	Ernesto Bueno	Laredo TX	33	183	31	23:03.1	7:27/M
8	Jacob Holmes	Laredo TX	31	209	43	24:08.5	7:48/M
9	Danny Ferdin	Laredo TX	35	157	44	24:13.6	7:53/M
10	Julien Aleka	Laredo TX	32	429	48	24:39.1	7:59/M
11	Miguel Martinez	Laredo TX	38	328	74	27:02.5	8:48/M
12	Adolfo Diaz	Laredo TX	36	99	75	27:07.6	8:46/M
13	Franky Adame	Laredo TX	31	191	78	27:09.7	8:50/M
14	Randy Dawtin	Laredo TX	37	286	97	28:39.4	9:16/M
15	David Yound	Laredo TX	39	416	111	29:34.2	9:34/M
16	Sebastian Gomez	Laredo TX	34	309	130	31:19.8	10:09/M
17	Cesar Orozco	Laredo TX	31	333	132	31:22.6	10:07/M
18	O.j. Ali	Laredo TX	30	418	135	31:31.3	10:22/M
19	Arturo Ali	Laredo TX	34	419	136	31:39.1	10:25/M
20	Emiliano Martinez	Laredo TX	36	412	142	32:06.6	10:23/M
21	Eliseo Solis	Laredo TX	31	173	153	33:47.7	10:57/M
22	Sergio Ramirez	Laredo TX	38	310	159	34:18.5	11:04/M
23	Felipe Padilla	Laredo TX	32	187	160	34:31.4	11:10/M
24	Luis Rubio	Laredo TX	30	245	185	45:45.7	14:49/M

Female 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Julia Cantu	Laredo TX	40	225	6	19:15.4	6:13/M
2	Karla Albrecht	Laredo TX	41	233	13	20:56.6	6:45/M
3	Liliana Serrato	Laredo TX	46	240	17	21:23.6	6:55/M
4	Vanesa Palafox	Laredo TX	42	344	36	23:52.5	7:43/M
5	Melissa Salinas	Laredo TX	44	270	54	25:00.9	8:06/M
6	Cecila Flores	Laredo TX	40	139	65	25:53.5	8:24/M
7	Emma Torres	Laredo TX	41	414	71	26:31.9	8:37/M
8	Veronica Vidal	Laredo TX	46	204	77	27:08.6	8:47/M
9	Erika Mendoza	Laredo TX	42	181	89	28:12.2	9:07/M
10	Alicia Diaz	Laredo TX	44	112	91	28:14.7	9:07/M
11	Monica Ayala	Laredo TX	41	277	104	29:13.8	9:32/M
12	Cynthia Dominguez	Laredo TX	48	153	112	29:39.1	9:37/M
13	Karina Mendoza	Laredo TX	47	231	116	29:57.4	9:42/M

Race Date
October 19, 2024

Gold's Gym Stronger than Cancer 5k Run

Age Group Results

Gold's Gym Stronger than Cancer 5k

Female 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
14	Bethzayda Ruvalcaba	Laredo TX	41	413	120	30:32.6	9:54/M
15	Ana Benavides	Laredo TX	45	115	127	31:05.8	10:04/M
16	Elizabeth Ochoa	Laredo TX	49	174	133	31:24.0	10:13/M
17	Yadira Gonzalez	Laredo TX	48	345	138	31:50.3	10:17/M
18	Luz Armas	Laredo TX	42	248	147	33:20.4	10:51/M
19	Yessika Dimas	Laredo TX	48	326	149	33:29.3	10:56/M
20	Marie Escobedo	Laredo TX	43	257	151	33:35.9	10:56/M
21	Cipriana Gaytan	Laredo TX	46	145	162	34:41.1	11:13/M
22	Cynthia Ruffing	Laredo TX	49	148	175	37:59.0	12:18/M
23	Carmen Riofrio	Laredo TX	44	135	176	39:24.4	12:46/M
24	Maxine Martinez	Laredo TX	43	264	178	42:08.6	13:37/M
25	Brigette González	Laredo TX	43	131	181	43:36.5	14:12/M
26	Aide Veliz	Laredo TX	40	104	182	43:39.9	14:12/M
27	Mayra Gross	Laredo TX	47	269	189	51:30.6	16:50/M

Male 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	David Tice	Laredo TX	41	161	11	20:07.5	6:30/M
2	Jesus Perez	Laredo TX	41	214	14	21:16.2	6:53/M
3	Andres Valencia	Laredo TX	43	340	18	21:26.2	6:58/M
4	Javier Perez	Laredo TX	44	342	19	21:32.5	6:58/M
5	Julio Ferreira	Laredo TX	41	411	20	21:44.9	7:03/M
6	Eric Benavides	Laredo TX	43	180	23	21:52.8	7:04/M
7	Carlos Guerra	Laredo TX	47	134	29	22:51.1	7:27/M
8	Jj Ramirez	Laredo TX	40	215	34	23:24.3	7:33/M
9	Christopher Burge	Laredo TX	48	144	39	24:02.2	7:54/M
10	Jorge Zayas	Laredo TX	44	218	46	24:29.1	7:55/M
11	Gerardo Cordero	Laredo TX	42	330	47	24:32.6	7:59/M
12	Leonel Gonzalez	Laredo TX	40	238	51	24:55.2	8:04/M
13	Fabrico Riofrio	Laredo TX	42	186	53	25:00.5	8:08/M
14	Eduardo Eguia	Laredo TX	48	167	57	25:12.0	8:09/M
15	Jay Gomez	Laredo TX	40	349	63	25:46.0	8:24/M
16	Rudy Escamilla	Laredo TX	44	299	68	25:56.1	8:25/M
17	Victor Avila	Laredo TX	40	318	72	26:35.6	8:36/M
18	Agustin Garcia	Laredo TX	42	103	82	27:47.2	9:01/M
19	Juan Villarreal	Laredo TX	43	331	88	28:05.2	9:07/M
20	Eduardo Mata	Laredo TX	42	171	90	28:12.7	9:10/M
21	Alex Urrieta	Laredo TX	45	111	107	29:22.6	9:33/M
22	Eduardo Najera	Laredo TX	45	169	137	31:45.6	10:17/M
23	Jorge Adrian	Laredo TX	42	217	155	34:05.6	11:09/M

Race Date
October 19, 2024

Gold's Gym Stronger than Cancer 5k Run

Age Group Results

Gold's Gym Stronger than Cancer 5k

Male 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
24	Jose Santa Cruz	Laredo TX	43	347	168	35:20.4	11:29/M
25	Rick Martinez	Laredo TX	45	294	174	37:25.9	12:09/M

Female 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Lizbeth Guzman	Laredo TX	54	242	62	25:38.7	8:17/M
2	Belinda Martinez	Laredo TX	50	125	80	27:34.5	8:58/M
3	Jennifer Batey	Laredo TX	54	213	102	29:00.3	9:26/M
4	Mayra Huck	Laredo TX	52	267	110	29:32.5	9:35/M
5	Dana Perez	Laredo TX	52	154	128	31:13.5	10:07/M
6	Blanca Perez	Laredo TX	51	127	146	33:20.2	10:51/M
7	Cordy Perez	Laredo TX	54	146	152	33:47.3	10:57/M
8	Mely Lyn	Laredo TX	55	402	170	35:52.9	11:37/M
9	Gabriela Lara	Laredo TX	57	193	186	45:47.9	14:55/M

Male 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Rodolfo Maclas	Laredo TX	52	407	30	23:00.1	7:25/M
2	Joseph Petronella	Laredo TX	54	350	32	23:14.8	7:43/M
3	Jose Palomo	Laredo TX	50	220	66	25:53.9	8:30/M
4	Rodolfo Peña	Laredo TX	52	296	99	28:53.8	9:21/M
5	Francisco Padilla	Laredo TX	58	421	167	35:15.8	11:30/M

Female 60 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Gina Mejia	Laredo TX	63	200	158	34:08.7	11:04/M
2	Irma Robles	Laredo TX	65	415	166	35:14.3	11:26/M
3	Diana Perez	Laredo TX	62	165	169	35:47.2	11:37/M

Male 60 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Antonio Gonzalez	Laredo TX	66	338	55	25:01.8	8:05/M
2	Gerardo Nino	Laredo TX	61	196	85	27:57.4	9:04/M
3	Javier Garcia	Laredo TX	61	211	144	33:12.4	10:49/M