

Race Date
October 18, 2025

Gold's Gym Stronger than Cancer 5k Run

Age Group Results

5k Run

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Julie Cantu	Laredo TX	41	946	4	19:02.8
2	Nora Marquez	Laredo TX	37	972	30	23:01.6
3	Liliana Serrato	Laredo TX	47	733	31	23:09.8

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Alan Anderson	Laredo TX	37	604	1	16:08.5
2	Emiliano Sanchez	Laredo TX	18	724	2	17:27.8
3	Daimien Lopez	Laredo TX	17	682	3	17:51.2

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October 18, 2025

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Age Group Results

5k Run

Female 14 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Abigail Guerrero	Laredo TX	13	660	96	29:22.4
2	Eliza Valerio	Laredo TX	10	747	117	31:12.5
3	Livia Orozco	Laredo TX	10	964	135	32:46.0
4	Amanda Marquez	Laredo TX	12	688	153	36:07.5

Male 14 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Ernesto Llano Jr	Laredo TX	10	787	34	23:31.3
2	Jacob Teniente	Laredo TX	10	950	65	26:09.8
3	Jesse Coe	Laredo TX	7	782	166	39:13.0

Female 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Anahi Lambrana	Laredo TX	19	948	94	29:19.2
2	Sofia Hernandez	Laredo TX	15	770	137	32:56.6
3	Alexus Rodriguez	Laredo TX	15	778	163	37:58.9
4	Ainhoa Carvajal	Laredo TX	15	775	164	38:24.9
5	Christina Zertuche	Laredo TX	18	761	180	43:45.0

Male 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Emiliano Sanchez	Laredo TX	18	724	2	17:27.8
2	Daimien Lopez	Laredo TX	17	682	3	17:51.2
3	Eduardo Wayo Guerra	Laredo TX	17	659	5	19:16.4
4	Santiago Guerrero	Laredo TX	17	662	6	19:39.8
5	David Cardenas	Laredo TX	17	612	7	19:39.9
6	Armando Garcia	Laredo TX	17	644	18	21:31.7
7	Matt Rabago	Laredo TX	18	712	23	22:30.0
8	Isaac Gomez	Laredo TX	18	961	29	22:57.0
9	Cruz Martinez	Laredo TX	16	689	63	26:03.9
10	Diego Medina	Laredo TX	17	960	83	28:00.1

Female 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
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5k Run

Female 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Stephanie Raya	Laredo TX	27	788	42	23:53.3
2	Veronica Trevino	Laredo TX	23	741	45	24:06.2
3	Lorren Cantu	Laredo TX	24	955	49	24:17.4
4	Kiana Ramos	Laredo TX	24	943	91	29:14.8
5	Kiana Ramos	Laredo TX	24	940	92	29:15.5
6	Daniela Cedillo	Laredo TX	26	615	93	29:18.5
7	Shannon Vasquez	Laredo TX	22	792	111	30:51.3
8	Jennyfer Cardenas	Laredo TX	26	611	116	31:12.0
9	Alexis Trevino	Laredo TX	26	742	118	31:28.4
10	Elaine Leija	Laredo TX	28	942	124	31:40.0
11	Alexis Triebenbach	Jamestown ND	26	744	125	31:46.8
12	Kaitlyn Hace	Laredo TX	22	945	130	32:03.6
13	Carolina Guerra	Laredo TX	25	967	131	32:09.5
14	Kati Chaguan	Irvington NJ	20	617	139	33:10.2
15	Valeria Ares	Laredo TX	28	773	141	33:34.9
16	Jessica Lopez	Laredo TX	26	680	142	33:41.7
17	Noemi Salazar	Laredo TX	29	720	149	35:49.5
18	Alina Salinas	Laredo TX	23	798	150	35:53.8
19	Jacqueline Skinner	Laredo TX	23	973	152	36:04.9
20	Valeria Juarez-Peña	Laredo TX	28	675	159	36:57.8
21	Julianne Norris	Laredo TX	28	702	161	37:35.5
22	Maria Contreras	Laredo TX	29	624	165	38:35.1
23	Julia Garcia	Laredo TX	21	962	177	42:33.2
24	Emilia Fernandez	Laredo TX	22	635	183	44:24.1
25	Daniel Bernal	Laredo TX	25	984	186	44:44.9

Male 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Adam Reyes	Laredo TX	24	781	14	21:11.7
2	Gabriel Guerra	Laredo TX	24	983	20	21:51.9
3	Fernando Quiroga	Laredo TX	27	951	32	23:25.7
4	Jaime Valles	Laredo TX	25	748	33	23:30.8
5	Jose Ramos	Laredo TX	28	968	51	24:21.9
6	Emmanuel Vazquez	Laredo TX	27	750	57	25:13.2
7	Memo Perez Jr	Laredo TX	23	799	72	26:45.0
8	Garrett Reihs	Jamestown ND	25	714	126	31:46.9
9	Reymundo Perez	Laredo TX	25	985	154	36:22.1
10	Jacob Gonzalez	Laredo TX	21	651	181	44:04.4

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5k Run

Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Nora Marquez	Laredo TX	37	972	30	23:01.6
2	Cindy Longoria	Laredo TX	38	679	36	23:40.9
3	Tina Winston	Laredo TX	36	758	39	23:47.8
4	Janeth Vazquez	Laredo TX	36	751	40	23:48.7
5	Patricia Covarrubias	Laredo TX	35	954	48	24:13.4
6	Stephanie Gonzalez	Laredo TX	36	652	50	24:19.5
7	Anali Sosa	Laredo TX	35	737	53	24:38.7
8	Rita Chapa	Laredo TX	33	957	54	24:50.2
9	Priscilla Coe	Laredo TX	35	785	59	25:30.2
10	Arely Burgoa	Laredo TX	32	610	61	25:48.2
11	Anahisa Bueno	Laredo TX	33	947	77	27:13.5
12	Alejandra Lujan	Laredo TX	32	982	79	27:19.4
13	Christian Miranda	Laredo TX	39	768	81	27:54.1
14	Mayela Nino	Laredo TX	34	700	84	28:10.8
15	Michelle Espinoza	Laredo TX	32	634	87	29:00.3
16	Tania Zebadua	Laredo TX	32	759	88	29:01.3
17	Demi Dimas	Laredo TX	30	966	90	29:12.5
18	Viviana Perez	Laredo TX	34	709	102	29:55.6
19	Willow Serna	Laredo TX	34	731	105	30:23.3
20	Traci Rodriguez	Laredo TX	32	716	115	31:09.7
21	Jessica Hernandez	Laredo TX	31	944	119	31:30.1
22	Andrea Maclel	Laredo TX	38	794	121	31:35.6
23	Ana Mary Ramirez	Laredo TX	36	766	129	32:01.7
24	Gaby Navarrete	Laredo TX	36	698	134	32:44.1
25	Karina Orozco	Laredo TX	37	704	136	32:46.4
26	Ayana Brown	Little Rock AR	34	965	140	33:13.4
27	Anareli Alcazar	Laredo TX	32	602	160	37:14.1
28	Mar Covarrubias	Laredo TX	36	627	162	37:40.8
29	Leticia Navil Moreno	Laredo TX	37	695	171	40:11.1
30	Charlotte Salinas	Laredo TX	33	721	172	41:46.4
31	Irene Juarez	Laredo TX	33	673	173	41:59.8
32	Celie Villarreal	Laredo TX	30	969	174	42:01.4

Male 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Alan Anderson	Laredo TX	37	604	1	16:08.5
2	Ernesto Llano	Laredo TX	36	786	8	19:49.0
3	Hector Leal	Laredo TX	34	677	9	19:52.7
4	Bonifacio Hernandez	Laredo TX	38	668	11	20:32.4
5	Michael Andrade	Laredo TX	32	974	13	20:41.8

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Male 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
6	Augie Velazquez	Laredo TX	32	975	15	21:17.9
7	Alex Nava	Laredo TX	31	697	17	21:30.9
8	Gaines Parker	Montevallo AL	33	707	19	21:45.3
9	Steven Rice	Randallstown MD	37	715	27	22:39.6
10	Kevin Lopez	Laredo TX	33	681	28	22:48.3
11	Stephen Tran	Laredo TX	33	767	35	23:37.6
12	Max Martinez	Laredo TX	30	958	37	23:45.5
13	Franky Adame	Laredo TX	32	956	38	23:46.4
14	Andres Guadiana	Laredo TX	32	765	46	24:07.6
15	Daniel Gonzalez	Laredo TX	33	789	47	24:12.9
16	Jorge Longoria	Laredo TX	37	771	52	24:34.5
17	Aaron Saxon	Laredo TX	35	730	58	25:24.3
18	Jorge Ubilla	Laredo TX	36	764	64	26:04.4
19	Mathew Rodriguez	Laredo TX	37	979	67	26:23.9
20	Alex Almaraz	Laredo TX	30	603	70	26:36.9
21	Alec Boughton	Fargo ND	32	609	74	26:48.8
22	David Gomez	Laredo TX	32	650	85	28:38.4
23	Aaron Hernandez	Laredo TX	30	667	95	29:20.9
24	Joel Connelly	Helena AL	36	621	107	30:30.8
25	Eric Stroupe II	Laredo TX	33	739	144	34:06.1
26	Homero Contreras	Laredo TX	34	626	185	44:26.1

Female 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Julie Cantu	Laredo TX	41	946	4	19:02.8
2	Liliana Serrato	Laredo TX	47	733	31	23:09.8
3	Vanne Chapa	Laredo TX	44	619	41	23:50.4
4	Melissa Salinas	Laredo TX	45	723	56	25:01.3
5	Cecilia Flores	Laredo TX	41	637	68	26:28.6
6	Blanca Contreras	Laredo TX	42	623	73	26:45.2
7	Mariana Xolo	Laredo TX	47	949	76	27:07.5
8	Emma Torres	Laredo TX	42	977	80	27:48.7
9	Dorothy Montemayor	Laredo TX	45	952	86	28:43.7
10	Mayra Lozano	Laredo TX	41	684	97	29:36.1
11	Bertha Salas	Laredo TX	43	780	98	29:36.5
12	Bethzayda Ruvalcoba	Laredo TX	42	976	99	29:41.0
13	Angela Erazo	Laredo TX	47	633	100	29:49.8
14	Lucy Hernandez	Laredo TX	43	665	101	29:51.6
15	Yessika Dimas	Laredo TX	49	629	109	30:42.4
16	Seema Hernandez	Laredo TX	41	664	110	30:48.0

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5k Run

Female 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
17	Debbie Leija	Laredo TX	47	941	122	31:39.5
18	Ivonne Godinez	Laredo TX	49	648	132	32:11.8
19	Elizabeth Dominguez	Laredo TX	47	790	143	33:48.6
20	Carmen Contreras	Laredo TX	46	622	145	34:32.5
21	Nora Covarrubias	Laredo TX	49	791	148	34:46.5
22	Magaly Urbina	Laredo TX	40	745	151	35:58.4
23	Brenda Gonzalez	Laredo TX	43	654	155	36:27.8
24	Graciela Hernandez	Laredo TX	41	800	158	36:53.0
25	Ramona Coe	Laredo TX	40	783	167	39:19.3
26	Erika Skyles	Laredo TX	48	734	175	42:27.9
27	Erika Garcia	Laredo TX	41	643	184	44:25.3

Male 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Eric Benavides	Laredo TX	43	939	10	20:01.0
2	Andres Valencia	Laredo TX	44	959	12	20:38.4
3	Javier Perez	Laredo TX	45	710	16	21:20.6
4	Jesus Perez	Laredo TX	42	708	21	21:55.1
5	Jesse Coe	Laredo TX	41	784	43	23:56.3
6	Jose Lopez	Laredo TX	42	683	55	25:00.9
7	Eddie Mata	Laredo TX	43	691	60	25:43.7
8	Mario Teniente Jr	Laredo TX	44	740	66	26:10.9
9	Carlos Ruiz	Laredo TX	47	719	71	26:40.6
10	Gustavo Garcia	Laredo TX	46	642	75	27:03.4
11	Ricardo Caviedes	Laredo TX	41	614	82	27:57.8
12	Hugo Perez	Laredo TX	46	978	108	30:37.2
13	Eric Wright	Laredo TX	42	793	120	31:34.3
14	Eduardo Nájera Macías	Laredo TX	46	696	123	31:40.0
15	Luis Martinez	Laredo TX	46	797	168	39:19.8

Female 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Veronica Marquez	Laredo TX	53	687	89	29:09.6
2	Mely Pyn	Laredo TX	56	970	103	30:11.1
3	Elizabeth Ochoa	Laredo TX	50	703	114	31:09.3
4	Sara Villa	Laredo TX	59	753	133	32:24.1
5	Roxana Figueroa	Laredo TX	50	774	138	33:01.7
6	Sonia Lopez	Laredo TX	55	981	146	34:39.6

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5k Run

Female 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
7	Patty Garcia	Laredo TX	57	640	156	36:31.7
8	Cynthia Ruffing	Laredo TX	50	718	157	36:40.6
9	Alicia Medina	Laredo TX	58	980	169	40:07.5
10	Rosa Izquierdo	Laredo TX	59	670	176	42:33.2
11	Gaby Lara	Laredo TX	58	676	182	44:22.5
12	Alicia Alcazar	Laredo TX	53	796	187	48:16.1

Male 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Miguel Delgado	Laredo TX	52	628	22	21:57.0
2	Marcos Valdez	Laredo TX	52	746	24	22:30.0
3	Haroeel Godinez	Laredo TX	57	649	26	22:37.3
4	Alex Blanco	Laredo TX	55	608	62	26:01.7
5	Joe Palomo	Laredo TX	51	706	69	26:35.3
6	Oscar Saucedo	Laredo TX	51	729	78	27:19.4
7	Jason Gann	Cartersville GA	53	639	104	30:17.5
8	Javier Villa	Laredo TX	57	754	113	30:59.9
9	Alfredo Ramos	San Antonio TX	54	713	128	32:00.5
10	Alberto Parraga	Laredo TX	58	971	170	40:07.9
11	Mario Gonzalez	Laredo TX	57	653	178	42:49.9

Female 60 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Camelia Benavides	Laredo TX	60	763	106	30:30.4
2	Martha Vazquez	Laredo TX	62	776	127	31:52.7
3	Lourdes Carrillo	Laredo TX	63	613	147	34:40.2

Male 60 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Fernando Sosa	Laredo TX	61	736	25	22:35.0
2	Antonio Gonzalez	Laredo TX	67	963	44	24:01.9
3	Gerardo Nino	Laredo TX	63	701	112	30:59.6
4	Joel Izquierdo	Laredo TX	63	671	179	43:33.7