

# Coaching Engagement

The following are definitions and disclosures to be aware of as we reach an agreement on our coaching engagement

## Definitions and Disclosures

1. Client is the person receiving the coach.
2. Sponsor is the person or organization paying for the coaching. The client and the sponsor may be the same person.
3. Conflicts of Interest: A situation in which a coach has a private or personal interest sufficient to appear to influence the objective of his or her professional role or responsibilities as a coach, faculty, or mentor. This includes disclosure of all anticipated compensation from third parties that I may receive from referrals of clients or pay to receive clients. Compensation from the sale of products or non-coaching services to clients will be disclosed fully before coaching begins. The quality or quantity of coaching sessions will not be dependent in any way upon the purchase of any additional products or services by the client.

### DR. AMY DASSOULAS

Founder and CEO of Cornerstone Health & Wellness Coaching, LLC, Dr. Dassoulas is an experienced health and wellness consultant and coach. She received her undergraduate degree from the University of North Carolina Chapel Hill, doctorate from the University of Maryland School of Dentistry, nutrition certification from Harvard Medical School Executive Education, and Trauma-Informed Coach certification from Mentor Agility. She is a board certified Diplomate with the American College of Lifestyle Medicine and a National Board Certified Health and Wellness coach. She has also been a board certified dentist for over 20 years. Having worked in health care in private, public, and academic settings she has learned the benefit of treating the whole patient and the impact of their oral health on their systemic health. After coaching for several years using evidence-based recommendations she loves seeing her clients/patients flourish and thrive.



4. Confidentiality: I maintain the strictest levels of confidentiality with all my client and sponsor information unless release is required by law, specifically adhering to all applicable state and federal regulations.
5. Confidentiality Client/Sponsor or Client/Group: If the client and sponsor are not the same people, or there are more than one client, we will discuss and agree upon the management of private information. We will add an agreed-upon signed addendum to our contract.
6. Confidentiality Public Places: If we choose to coach in a public place such as outdoors, in an office or gym, or outdoors, the same level of confidentiality cannot be maintained.



**CORNERSTONE HEALTH & WELLNESS  
CONSULTING AND COACHING**