



April 2018 Newsletter

Survey Says Members Weight In on Club Direction

Thank you to all of our members and non-members who participated in the online survey to better gauge what activities people are interested in and help the officers and board of directors determine the future direction of RIAHA.

We've reviewed your suggestions and have already started implementing some - including

the new and improved website offering easier navigation, options to join/renew online and credit card payments. RIAHA will be offering additional member events, including the potluck ride with our July meeting, the annual dressage clinic and new this year - a fun show. This one-day show will be a throwback to the old fashioned fun shows with a few regular classes and lots of fun and games. It will be open to all breeds and disciplines, show clothes optional (boots and helmets required). Details will be coming, so stay tuned.

Congratulations to Lu Guilbault who was randomly selected as the winner of the \$25 gift card to Tractor Supply for completing the survey.

Do you have ideas, suggestions, or want to lend a hand? Send an email to our officers listed in the upper left box. We'd love to hear from you!



(L-R) Lu Guilbault accepts the \$25 gift card from Rebecca Murphy.

2018 Officers

President: Chris Picardi,
winrush@yahoo.com
Vice President: Rebecca Murphy,
Rebecca.eddy781@gmail.com
Secretary: Cindy Downs,
cynthiakarendowns@gmail.com
Treasurer: Chris Picardi
Directors: Walter Comire, Lu
Guilbault, Janet Lentini, Karen
Richmond, Nancy Russell

Upcoming Events

5/11-13/18: Hudson Valley
Arabian Horse Show, W.
Springfield, MA

5/20/18: PHTA Cross Town Ride,
Pomfret, CT

5/25-27/18: AHCC 'A' Show, W.
Springfield, MA

6/28-30/18: AHANE Big Money
Show, W. Springfield, MA

7/8/18: RIAHA Quarterly
Meeting & Pot Luck Ride,
Woodstock, CT

7/11-14/18: Region 16
Championships, Syracuse, NY

7/29/18: RIAHA Open Fun
Show, PondView Equestrian
Center, Pascoag, RI

8/19/18: RIAHA Dressage Clinic,
PondView Equestrian Center,
Pascoag, RI



Ralph Vossler Memorial Scholarship & Grant

Offered to ALL Rhode Island Arabian Horse Association members (Affiliates and Associates) attending college or furthering equine education. See application for details.

\$500

Deadline: June 1, 2018 Apply Today!

Success in the Saddle

If you were unable to attend the educational program on April 8 on mental preparation and goal setting here are a few tips to help you find success in the saddle this year.

- Identify Strengths
- Be Prepared
- Team Effort
- Take Notes
- Stay Motivated
- Be in the Moment
- Focus on Fun

Day of Tips

- Eat a healthy breakfast and pack nutritious snacks.
- Be well rested.
- Stay hydrated.
- Warm yourself up - take a walk around the grounds, stretch or go through yoga moves.
- Get up to the ring and look at all the different vantage points.
- Use your visualization techniques.
- Incorporate any mantras to stay positive.
- Practice meditation and mindfulness.
- Review your short-term performance goals.

Reminders

- Sign Up for 2018 Year-End Awards
- Submit a Scholarship & Grant Application by June 1
- Join a Committee
- Mark Your Calendar with RIAHA Event Dates

New Member Welcome

We extend a warm welcome to the following new members:

Diane Beaulieu, Pascoag, RI
Mindy Comeau, Dayville, CT



Fun in the Sun Open Fun Day



All Ages, All Disciplines, All Breeds Welcome - Show Clothes Optional

Sunday, July 29, 2018

Pascoag, RI

Walk/Trot, Walk/Trot/Canter, Lead Line, Fun & Games
Ice Cream Social

Register Online: www.RIArabianHorseAssociation.com



RIAHA Year End Awards Program

\$20 per horse/rider team - unlimited divisions!

PB & HA Divisions

Halter/Showmanship
Hunter Pleasure
Western Pleasure
Saddleseat
Lead Line
Equitation
Sport Horse In Hand
Sport Horse Under Saddle
Hunter O/F
Dressage
Walk-Trot
Trail
2 & 3-Phase

Open Breed

Leadline
Walk-Trot
Walk-Trot-Canter
Dressage
Two & 3-Phase
Versatility

Trail/Versatility

Pleasure Mileage
Competitive Trail Riding
Versatility Trail

Enroll Today!



New & Improved Website
View it on Your Phone,
Laptop, or iPad

Want to share your news in the monthly newsletter?
Send it to rebecca.eddy781@gmail.com
by the 5th of the month to be included.



www.Facebook.com/RIArabianHorse
www.RIArabianHorseAssociation.com