

David Klein MD, CCFP

...Committed to Excellence in Public Mental Health, Research and Education

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experience

March 2026 - Current

Addictions & Mental Health Counsellor

Centres For Health & Healing, Vaughan, ON, Canada

- Provide structured individual and group counselling for clients with substance-use and concurrent mental health disorders within a residential recovery setting.
- Conduct comprehensive biopsychosocial and dual-diagnosis assessments to guide treatment planning, relapse-prevention strategies, and functional recovery during stabilization and transition phases of care.
- Collaborate with interdisciplinary addiction treatment teams to support continuity of care, discharge planning, and reintegration through psychoeducation, skills-based programming, and physician-informed clinical consultation.

2025 - Current

GP Psychotherapist

Vaughan, ON, Canada

- Provide referral-based physician-delivered longitudinal psychotherapy for adults with complex mood, anxiety, trauma-related, ADHD, personality, and substance-use presentations, integrating biopsychosocial formulation with DSM-5 diagnostic clarification.
- Deliver structured evidence-informed psychotherapy (CBT, ACT, DBT, IFS, IPT, MBT, psychodynamic and trauma-informed approaches) with medication management when indicated, supporting functional recovery and symptom stabilization.
- Collaborate with referring physicians and multidisciplinary providers while completing functional assessments and medico-legal documentation supporting disability claims, workplace accommodations, and return-to-work planning.

2019 - Current

Clinical Faculty, Lecturer

Department of Family & Community Medicine

University of Toronto, Toronto, ON, Canada

- Supervise and mentor medical students in longitudinal family medicine training, teaching clinical assessment, biopsychosocial formulation, and patient-centred management within community-based primary care setting.

2017 - 2025

Family Physician, GP Psychotherapist

Atkinson Medical Center, Vaughan, ON, Canada

- Delivered longitudinal, patient-centered primary care across the lifespan, including preventive care, chronic disease management, acute care, and complex multimorbidity management.
- Provided office-based procedures including dermatologic excisions, joint injections, and gynecologic procedures.
- Coordinated care across multidisciplinary teams including specialists, allied health professionals, and community supports.

2015 - Current

Founder / Director

MEDScholar, Vaughan, ON, Canada

- Lead structured preparation programs for Canadian, U.S., and U.K. medical and nursing licensing examinations (MCAT, MCCQE Part I, NAC-OSCE, CCFP, USMLE Steps 1–3, MLA/PLAB, NCLEX, REx-PN, and NP certification exams).
- Provide mentorship and licensing-navigation strategy for International Medical Graduates (IMGs) and Internationally Educated Nurses (IENs) pursuing entry into Canadian, U.S., and U.K. practice environments.
- Advise domestic and international applicants on medical and nursing school admissions strategy, including portfolio development, personal statements, and structured interview preparation.
- Support residency applicants through CaRMS, ERAS, and GMC pathways with application optimization, interview coaching, and match-readiness planning.

2013 - 2015

Director of Medical Education

Focus Education Center of Canada, Mississauga, ON, Canada

- Developed curriculum and trained educators to provide instruction for USMLE, NAC-OSCE & Medical Council of Canada (MCCEE, QE1/2) licensing exams.
- Assisted International Medical Graduates with licensing pathways in Canada and the United States.

2012 - 2013

Chief Resident

Department of Family Medicine

Faculty of Medicine, University of Manitoba, Winnipeg, MB, Canada

- Supervised, mentored, tutored, advocated for residents & students; Call scheduling

April - May, 2011

Adjunct Faculty

UBC MD Undergraduate Program, Faculty of Medicine, UBC, Vancouver, BC, Canada

- Facilitated student understanding of basic science content and case learning objectives during Problem Based Learning sessions

2010 - 2011

Author, editor

www.canadaqbank.com

- MCCEE, MCCQE1/2, USMLE test question author, editor, developer

2002 - 2006

Vice President of Quality Assurance & Research and Development

World Aviation Corp., Concord, ON, Canada

- Restructured and directed the company's Quality Management System
- Published Operations, Policy and Procedures Manuals (approved by Transport Canada, the Federal Aviation Administration & the European Aviation Safety Agency)
- Directed Scientific Research & Experimental Development (SR&ED) claims

education

- **C.C.F.P.**, Family Medicine Residency, University of Manitoba, Winnipeg, MB, Canada; 2011-2013
- **M.D.**, Saint James School of Medicine, Bonaire, Netherlands-Antilles/ Chicago, IL, USA; 2006-2010
- **B.A.**, Gerontology, Psychology, McMaster University, Hamilton, ON, Canada; 2000-2002
- Kinesiology, York University, Toronto, ON, Canada; 1996 - 2000

certifications / CPD

- *Military Culture*, MGH Institute of Health Professions, Massachusetts General Hospital, Psychiatry Academy, Dec 2025
- *Introduction to trauma-exposed professionals: TExP1 (Canadian Armed Forces & Public Safety Personnel)*, Atlas Institute for Veterans and Families & Warrior Health Canada, Oct 2025
- *Core Trauma Concepts (First Responders & Uniformed Service Professionals)*, Warrior Health Canada, Sep-Oct 2025
- *Inter-Provincial Occupational Awareness Training (First Responders & Uniformed Service Professionals)*, Warrior Health Canada, Sep-Oct 2025
- *General Psychiatric Management (GPM) for Borderline Personality Disorder (BPD)*, Harvard Medical School, Jul-Sep 2025
- *National Security and Intelligence*, Advanced Certificate, Professional Development Institute, University of Ottawa; 2024-2025
- *MDPAC Psychotherapy Training Program*, Medical Psychotherapy Association Canada; 2023-2024
- *Braxia Institute Psilocybin-Assisted Therapy Training Program*, Braxia Scientific Corp., Aug 2021 – Jul 2022
- **C.C.F.P.**, *College of Family Physicians of Canada*. Dec 2015
- **M.C.F.P.**, *College of Family Physicians of Canada*. Jan 2014
- Postgraduate Education Certificate, *College of Physicians and Surgeons of Ontario*. July - Aug 2013
- Postgraduate Education Certificate, *College of Physicians and Surgeons of Ontario*. December 2012 - Feb 2013
- **N.R.P.** Neonatal Resuscitation Program, *University of Manitoba*. August 2011
- Postgraduate Education Certificate, *College of Physicians and Surgeons of Manitoba*. July 2011
- **A.C.L.S.** Provider certification, Department of Emergency Medicine, *University of Manitoba*. June 2011
- **B.L.S., A.E.D.**, (Level C) certification, *Heart & Stroke Foundation of Manitoba*. June 2011
- **A.C.L.S.** Provider certification, *Global Medical Services*. December 2010
- Clinical Trainee License, *College of Physicians and Surgeons of British Columbia*. September 2010
- Skin Biopsy & Suturing Techniques; Botulinum Toxin Injections; Minimal Epidermoid (Sebaceous) Cyst Removal, *American Academy of Family Physicians*. June 2010
- **P.R.M.**, Aviation Regulations C.A.R. 573.03 Designation: Person Responsible for Maintenance, *Department of Transport Canada*. 2004
- **C.Q.A.**, Certified Quality Auditor, *American Society for Quality (ASQ)*. 2003
- Certified Instructor in Human Factors in Aviation Maintenance, *Department of Transport Canada*. 2002
- **c.Q.C.I.**, Certified Quality Control Inspector, *World Aviation Corp*. 2000
- ITF/GTF Tae Kwon Do Black Belt Instructor Certification, *International Tae Kwon Do Federation*. 1996

academic activities

- Interviewer, *Mocks by Docs* virtual CaRMS interview practice for MD Program graduating class, Office of Health Professions Student Affairs, University of Toronto, ON, Canada, 2021 - 2025
- File Reviewer, MD admissions cycle, Undergraduate Medical Education, University of Toronto, ON, Canada, 2021 - 2025
- Preceptor, Family Medicine Longitudinal Experience, Dept. of Family & Community Medicine, University of Toronto, ON, Canada, 2020 - 2022
- MCCQE2, NAC-OSCE Content Developer/Editor/Author, The Medical Council of Canada, Ottawa, ON, Canada, 2019
- CCFP Exam Certification SOO Examiner/Marker, The College of Family Physicians of Canada, London, ON, Canada, 2018
- CCFP Exam Certification SOO Examiner/Marker, The College of Family Physicians of Canada, London, ON, Canada, 2017
- Interview Panel participant, Admissions, IMG Program, Faculty of Medicine, University of Manitoba, Canada, Nov, 2012
- Supplemental CEE Examiner, Undergraduate Medical Education, Faculty of Medicine, University of Manitoba. Sep, 2012
- Simulated Office Oral (SOO) Exam Certification Practice Candidate, The College of Family Physicians of Canada, May, 2012
- Family Medical Interest Group Mentorship Program, University of Manitoba, Canada, 2011- 2012
- IMG Mentorship & Naturalization, University of Manitoba, Canada, 2011- 2012
- Interview Panel participant, Admissions, IMG Program, Faculty of Medicine, University of Manitoba, Canada, Oct, 2011
- IMG Orientation Program, Faculty of Medicine, University of Manitoba; Jun, 2011
- Problem Based Learning Tutor Training Workshop, Vancouver, BC; UBC, Faculty of Medicine; Aug, 2010

speaking engagements

- Webinar: *"The Evolutionary Trajectory of ADHD: Genetic Insights and the Hunter–Gatherer Hypothesis"*, (Presenter). MEDScholar, Toronto, Canada, May, 2025.
- Webinar: *"Outpatient Management of Complex Trauma"*, (Presenter). MEDScholar, Toronto, Canada, Nov, 2024.
- Information Session: *"Substance Use Disorder in the Academic & Professional Setting"*, (Presenter). Atkinson Medical Center, Toronto, Canada, April, 2024.
- Information Session: *"Assessment & Screening of Substance Use Disorder"*, (Presenter). Bathurst-Clark Resource Library, Toronto, Canada, Sep, 2023.
- Information Session: *"Trauma & Substance Abuse"*, (Presenter). Atkinson Medical Center, Toronto, Canada, March, 2021.
- Webinar: *"Lollipops & Crayons: Maladaptive Coping Learned From Childhood Trauma"*, (Presenter). MEDScholar, Toronto, Canada, Sep, 2020.
- Webinar: *"Substance Use & Addictions"*, (Presenter). MEDScholar, Toronto, Canada, July, 2020.
- Webinar: *"Complex Trauma"*, (Presenter). MEDScholar, Toronto, Canada, June, 2020.
- Information Session: *"Epidemiology of ADHD"*, (Presenter). Atkinson Medical Center, Toronto, Canada, April, 2019
- Learn Serve Lead: 2017 AAMC Annual Meeting: *"Learning How to Learn--A Guide for Educators"*, (Poster/ Presentation), Boston, USA, Nov 2017.
- IMG Seminar Series: *"Electives & ERAS/CaRMS Residency Preparation"*; *"Clinical Rotation Preparation"*; *"USMLE Step 1 Secrets! Exam Approach & Strategies"*; *"MCCEE & NAC-OSCE Secrets! Exam Approach & Strategies"*, (Presenter). Poznan University School of Medicine, Poznan, Poland, March, 2016.
- IMG Seminar Series: *"Electives & ERAS/CaRMS Residency Preparation"*; *"Clinical Rotation Preparation"*; *"USMLE Step 1 Secrets! Exam Approach & Strategies"*; *"MCCEE & NAC-OSCE Secrets! Exam Approach & Strategies"*, (Presenter). American University of Barbados School of Medicine, Barbados, Nov, 2015.

- Information Session: *"IMG Pathway to a Medical Residency in Canada"* (Presenter). Focus Education Center of Canada, Mississauga, ON, August 2014.
- Information Session: *"IMG Pathway to a Medical Residency in Canada"* (Presenter). Polycultural Immigrant and Community Services, Mississauga, ON, June 2014.
- 55th Annual Scientific Assembly: *"Natural Health Products, Health Literacy & the Role of the Primary Care Physician"*. (Presenter/ Workshop). Victoria Inn & Convention Center, Winnipeg, MB, April 2013.
- Information Session: *"IMG Pathway to a Medical Residency in North America"* (Presenter). Mercy Hospital & Medical Centre, Chicago, IL. September 2013.
- Resident Chart Audit: *"Chronic Kidney Injury: Tracking and Managing Progress"*. (Presenter). Family Medical Center, Winnipeg, MB, March 2013.
- Family Medicine Resident Research Day: *"The Canadian Natural Health Products Regulations: Lessons in Health Literacy & Logistics"* (Presenter). Health Science Center, Winnipeg, MB, June 2012.
- Guideline Review: *"Medical Guidelines for Airline Travel"*. (Presenter). Family Medical Center, Winnipeg, MB, December, 2012.
- Family Medicine Grand Rounds: *"Fever in the Unwell Returned Traveler "*. (Presenter). St. Boniface Hospital, Winnipeg, MB, October, 2011.
- Academic Half Day: *"Grey New World: The Aging of Our World's Population"*. (Presenter). Health Science Center, Winnipeg, MB, August, 2011.
- Guideline Review: *"Alcohol Screening"*. (Presenter). Family Medical Center, Winnipeg, MB, August, 2011.
- Surgical Rounds: *"Surgical Quality Assurance: Lessons from Our Past... Possibilities for the Future"* (Presenter). Mercy Hospital & Medical Centre, Chicago, IL. February, 2010.
- OB-Gyn Rounds: *"Unintended Pregnancy ... a possible measure of prevention"* (Presenter). Mercy Hospital & Medical Centre, Chicago, IL. December, 2009.
- Pediatric Rounds: *"Vaccine: Past, Present & Future Immunity"* (Presenter). Lutheran Hospital, Chicago, IL. December, 2009.

research

March 2021 - Current

Project Director

Project Title: Comorbid Constellations: Exploring the ADHD–Trauma–Substance Use Nexus

The study aims to:

- Identify shared risk factors—including neurobiological, psychosocial, and developmental contributors.
- Map temporal patterns—examining whether ADHD symptoms or trauma exposure are primary drivers of subsequent substance use.
- Clarify clinical implications—exploring how these comorbidities influence treatment outcomes, relapse rates, and functional impairment.
- Improve screening strategies, guide integrated interventions, and ultimately reduce the personal and societal burden of untreated ADHD, unresolved trauma, and substance misuse.

July 2012 - 2014

Primary Investigator

Project Title: Emotional Intelligence – Is there a role for E.I. screening & intervention referral during periodic well-child visits?

Supervisor: Dr. Alan Katz, Director, Manitoba Centre for Health Policy, University of Manitoba, Winnipeg, Manitoba, Canada.

- Literature review
- Study proposal

November - December 2010

Research Assistant

Project Title: Effectiveness of a group diabetic education programme using motivational interviewing in underserved communities in South Africa – Pragmatic cluster randomized control trial. Visit: IDF - Bridges

Supervisor: Professor Robert James Mash, Division Head, Family Medicine, Stellenbosch University, Capetown, South Africa

- Data collection, monitoring of project implementation, analytics.

June 2002 - December 2005

Director of R&D

Scientific Research and Experimental Development claim: Coil Manufacturing Devices WAC010/11

Supervisor: David Zeharia, CEO, World Aviation Corp, Concord, ON, Canada

- Involved in the research, design, testing and engineering of electromechanical / hydraulic machines built to improve the accuracy, safety and efficiency of a manufacturing process for Boeing 747 & Airbus 310 aircraft generator subcomponents.

publications

- Klein, D. M.D., *Comorbid Constellations: Exploring the ADHD–Trauma–Substance Use Nexus*, Manuscript in preparation for publication.
- Klein, D. M.D., Jain, S. M.D., *An International Medical Graduate's Guide to the Medical Council of Canada Qualifying Examinations*. Manuscript in preparation for publication.
- Klein, D. M.D., Jain, S. M.D., *An International Medical Graduate's Guide to the National Assessment Collaboration Objective Structured Clinical Examination (NAC-OSCE)*. Manuscript in preparation for publication.
- Klein, D. M.D., *An International Medical Graduate's Guide to Applying to the Canadian Residency Matching Service (CARMs): How to successfully obtain a medical residency and become a licensed physician in Canada*. Manuscript in preparation for publication.
- Klein, D. M.D., *Residency. Our cynicism. Our struggle. Our silence*. Stories in Family Medicine | Récits en médecine familiale [Internet]: College of Family Physicians of Canada, 2014. <http://www.cfpc.ca/ProjectAssets/Templates/Resource.aspx?id=6982>
- Klein, D., Zeharia, D. *Production Control System Manual*. A.C.S.I. Internal Publication: Concord, ON, July 2004.
- Klein, D., *Quality Management System Manual (QS9000)*. Ozon Stamping Internal Publication: Toronto, ON, March 2004.
- Gallina, H., Klein, D. *FAA Repair Station Quality Control Manual*. W.A.R. Internal Publication: Los Angeles, California January 2004.
- Klein, D. *Dynamic balancing of rigid body rotors using the DSP-100 balancing apparatus*. W.A.C. Internal Publication: Concord, ON August 2002.

memberships / interests

- Medical Psychotherapy Association Canada
- College of Family Physicians of Canada
- Canadian Medical Association
- Canadian Medical Protective Association
- Canadian Society for the Study of Education

- College of Physicians & Surgeons of Ontario
- Ontario Medical Association
- American Academy of Family Physicians
- Society of Emotional Intelligence
- International Association of Medical Science Educators
- Society of Teachers of Family Medicine

- National Security & Intelligence
- Public Health & Prevention
- Emotional Intelligence and Self-Regulation