



Nuns Against Gun Violence Lenten Fasting Sign-Up Form

As Catholics, our faith calls us to protect life, and yet our country continues to be plagued with an epidemic of gun violence. **In response, we invite you to participate in a fast against gun violence during Lent.** Our fast will be a prayer to God and an opportunity to publicly appeal to our civic communities for action to reduce gun violence.

It is our hope that members of our coalition congregations as well as like-minded individuals will join in this fast against gun violence. Please share this invitation with your community members and networks. **To demonstrate your commitment to undertake this fast, please complete this [form](#).**

Completed forms can be emailed to nunsagainstgunviolence@gmail.com or mailed to

Nuns Against Gun Violence
c/o Franciscan Peace Center
843 13th Avenue North
Clinton, Iowa 52732

Resources to assist you in this fast will be available on the Nuns Against Gun Violence website at www.nunsagainstgunviolence.org.

For more information about our Lenten fast, please contact nunsagainstgunviolence@gmail.com.

Thank you for your participation in this Lenten fast for an end to gun violence. May our prayers and fast strengthen a desire to create a society of peace.

Peace,

Nuns Against Gun Violence Coalition

Mary Ann McGivern, SL
Lenten Fasting Organizer
Sisters of Loretto

Angela Howard-McParland
Justice Resource Manager
Sisters of Mercy of the Americas

Dr. Jennifer Kryszak
Director of Strategic Planning
Franciscan Peace Center

A COALITION OF
CATHOLIC SISTERS
AND THEIR ALLIES
THAT AFFIRMS THE VALUE
OF HUMAN LIFE THROUGH
PRAYER,
EDUCATION,
AND ADVOCACY
FOR COMMON SENSE,
EVIDENCE-BASED,
GUN VIOLENCE PREVENTION.

NUNSAGAINSTGUNVIOLENCE.ORG

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@NUNSAGAINSTGUNV

#NUNSAGAINSTGUNVIOLENCE



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Name: _____

Email Address: _____

I will fast from food during Lent:

- I will give up some food during Lent.
- My two smaller meals will not equal the size of my main meal.
- I will not eat meat during Lent.
- I will abstain from food one day a week during Lent.
- Other: _____

Other than fasting from food, in solidarity with all who work to end gun violence, I will

Standing in solidarity with other sisters, I will make my fast public by

- Declaring that I am fasting and to what degree in letters to Congress
- Signing my name in a newspaper ad or other public notice
- Sharing my fast on social media
- Other: _____

Name of Congregation or organization that you represent: _____

Role in Congregation:

- Sister
- Associate
- Employee
- Partner or ally in NAGV's mission

If appropriate, what is your Title or Role in your organization: _____

City and State: _____