

COUGAR WRESTLING

**2025-2026
PROGRAM
SCHEDULE**

12/6	SAT	TBD	at Glenelg Tournament - JV (Glenelg HS)
12/10	WED	6:15pm	BLAKE
12/13	SAT	10:00am	at Blair/Whitman (Blair HS)
12/16	TUES	6:15pm	at Sherwood
12/19-20	FRI/SAT	TBD	at Clash at the Creek - Co-Ed (Tuscarora HS)
12/20	SAT	TBD	Walter Johnson Girls Medley (WJ HS)
12/29	MON	TBD	at Yingling Memorial - Co-Ed (FSK HS)
12/29	MON	TBD	at Yingling Memorial - JV (FSK HS)
1/7	TUES	6:15pm	at Seneca Valley
1/10	SAT	TBD	at War on the Shore - Girls (Ocean City, MD)
1/13	TUES	6:15pm	PAINT BRANCH
1/16-17	FRI/SAT	TBD	at Who's #1? - Girls (Northeast HS)
1/17	SAT	10:00am	at Walter Johnson/Northwest (WJ HS)
1/21	WED	6:15pm	BCC
1/23-24	FRI/SAT	TBD	at Lion Duals (Howard HS)
1/28	WED	6:15pm	at Clarksburg
1/31	SAT	1:00pm	WOOTTON/CHURCHILL [Alumni]
2/3	TUES	6:15pm	at Wheaton
2/5	THURS	6:15pm	POOLESVILLE [Senior Night]
2/6-7	FRI/SAT	TBD	Wrassle at the Castle - Girls (Century HS)
TBD	-	-	REGIONAL DUALS
2/14	SAT	-	JV COUNTIES (GHS)
2/14	SAT	-	STATE DUALS
2/19-21	THU-SAT	-	COUNTIES (GHS)
2/28	SAT	-	REGIONALS (SVHS)
3/5-7	THU-SAT	-	STATES (Showplace Arena)

