

Coordinated Services and Supports Plan (CSSP)

ABOUT ME

AUSTIN H SACHS

Preferred Name: Austin

Assessment Date: 02/24/2021

Plan Dates: 04/15/2021 to 01/31/2022

Developed by: Mackenzie Bruflat (612) 500-9585

Address: 7780 Erick St.

Loretto, MN 55357-8725

County: Hennepin

Home: (612) 802-8362

Work:

Other:

General Plan Notes:

Name: Austin Sachs **Case Manager:** Mackenzie Bruflat 612-500-9585 **Waiver Program:** DD Waiver **Span Dates:** 04/15/202-01/31/2022 **Diagnosis:** Mild Intellectual Disabilities (F70) Autism Spectrum disorder (F84.0) **Annual Visit Date:** 11/23/2020 **Semi-Annual Visit Date:** TBD **CSSP Mailed Date:** 03/29/2021

Austin is 21 years and lives with his family in Loretto. There are no current plans to explore other living/housing options. Austin is in his third year of transition services and will benefit from ongoing socialization and skill building opportunities. His parents understand his support needs and actively advocate on his behalf. His communication skills are limited, so his parents provided all information for today's MnCHOICES Assessment.

Strengths/Skills/Abilities/Talents: Austin's parents have shared that he has a fun and happy personality, is easygoing, and can often be seen smiling. He is also quite athletic and coordinated.

Routines/Rituals/Preferences: Austin tends to wake up when he hears other people and tends to follow a consistent routine in AM. After finishing school, he'll usually grab a snack and watch preferred videos (Blue's clues, Veggie Tales) or listen to music on his iPad. Austin is sensitive to certain food textures and prefers to avoid fruits/vegetable.

Social/religious/ leisure activities Austin is Interested in: Austin enjoys movement oriented activities like, playing basketball, rollerblading/skating,

sliding at the park, swimming, horseback riding, tubing, and adventure parks. At home, he likes to watch preferred shows or roller coaster video and play on his Wii.

Housing: Austin lives in the family home with his mother and father. No interests in any other housing at this time. Housing is stable for the next 6 months.

Employment/Training: Austin is slated to complete his 3rd year with the Student Transitioning in Educational Programming (STEP) program in 2021. He demonstrates the ability to complete simple, repetitive work activities, but would need a high level of direction and oversight. Austin's parents feel that social stimulation and development is currently more important than working. They want him to be involved in community activities, volunteering, and social activities. They will use the DD Waiver to access desired services following his graduation from transition. He will be attending Partnership Resources day program when they have availability for him.

Hopes/Dreams/Aspirations: Music is very important to Austin and he would like to have daily opportunities to access. Austin enjoys physical activity and wants opportunities to go to water and adventure parks. Austin has enjoyed riding horses and is reported to want to continue.

Assistive Technology: Austin uses his iPad for recreational use.

Transportation: Austin's family gets him wherever Austin needs/wants to go.

Services offered: This is a new waiver opening so each service available on the DD waiver was offered and the family has chosen to utilize Individualized home supports without training, respite and day program through Partnership Resources.

Health: Austin is a very healthy young man. No concerns.

What is important to me: Austin's religious preference is Christian Lutheran, and he and his family enjoy attending church together. Austin's family is a primary support in his life; Trina works in special education at Rogers High School and is knowledgeable about Austin's diagnoses and needs. The highlight of Austin's year last year was going to the Prom at his school.

What is important for me: It is important for Austin to keep a routine. He likes knowing what to expect for each day. It is also important for him to continue to learn independence and communication skills.

Natural Supports: Austin has his mother, father and sister that are all great supports for Austin.

PERSON INFORMATION**Date of Birth:** 07/26/1999 **Age:** 21 yrs**Emergency Contacts**

| Name | Relationship | Phone |
|---|--------------|----------------|
| Trina & Greg Sachs gtsachs@centurylink.net | Parent | (612) 805-2228 |
| Addy Sachs | Sibling | (763) 242-4995 |

Notes/Comments**Decision Making Representatives**

| Name | Type of Authority | Address | Phone |
|-------------------------------|-------------------|-----------------------------------|----------------|
| Trina & Greg Sachs/Parents | Private Guardian | 7780 Erick St., Loretto, MN 55357 | (612) 805-2228 |

Notes/Comments**Health Insurance & Payers**

Is the person certified disabled by Social Security or through the State Medical Review Team (SMRT) process? Yes

Is the person on medical assistance? Yes

| Type | Describe | Policy Number | Effective Date |
|--------------------|---------------------------------|---------------|----------------|
| Managed Care | Special Needs Basic Care (SNBC) | A565813600 | 02/01/2018 |
| Medical Assistance | MA-DX (Disabled | 02603579 | 08/01/2020 |

Notes/Comments

Case #1062559

Team #259

Providers

| Health Care Providers | Phone | Comments |
|-----------------------|----------------|--|
| Primary Physician | (952) 977-0300 | Dr. Daniel Albright, Park Nicollet Rogers Clinic: 13688 Rogers Dr., Rogers, MN 55374 |
| Specialty Clinic | (763) 755-4275 | Family Speech & Therapy: 15590 90th St. NE, Otsego, MN 55330 (Speech therapist) |
| Other | (763) 581-1000 | Maple Grove Hospital: 9875 Hospital Drive, Maple Grove, MN 55369 |
| Hospital preference | | |
| Home Care Agency | (763) 422-9713 | Carefree Home Services LLC: 7830 149th Lane NW, Ramsey, MN 55303 (PCA agency) |

Notes/Comments

Pinnacle Services Case Management | Mackenzie Bruflat | #612-500-9585 | mackenzie.bruflat@pinnacleservices.org
 Student Transitioning in Educational Programming (STEP)

WHAT'S IMPORTANT TO THE INDIVIDUAL**Short and Long-Term Goals**

| Goal Statement | Target Date | Provider & NPI (if applicable) | Frequency of Reporting |
|----------------|-------------|--------------------------------|------------------------|
|----------------|-------------|--------------------------------|------------------------|

Short and Long-Term Goals

| Goal Statement | Target Date | Provider & NPI (if applicable) | Frequency of Reporting |
|--|--------------------|---|-------------------------------|
| Austin is working on communication skills. His family and also his staff at his transitions program are assisting him. | 01/31/2022 | DYNAMIC SERVICES LLC -- A615488300 | Annually |
| Austin is learning independence in cleaning as well as meal prep. His family is helping him with these skills. | 01/31/2022 | DYNAMIC SERVICES LLC -- A615488300 | Annually |
| Austin has homework from his transitions program. He would like to continue to get his homework completed each week with the assistance of his family when needed. | 01/31/2022 | DYNAMIC SERVICES LLC -- A615488300 | Annually |

Action Steps for Goals:**What will the person do?**

1. Austin will participate in established goals/action steps to the best of his ability.
2. Verbal and Non-verbal cues/gestures will serve as his means of communicating satisfaction or dissatisfaction with goals/action steps.
3. Austin will communicate with his family when he would like some assistance with homework.

What will the case manager do?

1. Austin's case manager will meet/speak with him, his parents/guardians, and provider(s), at least quarterly, to discuss personal, service, and outcome progress.
2. His case manager will coordinate with Austin and his parents/guardians to set up services that meet his needs.
3. His case manager will meet with Austin twice per year and ensure his support team meets annually to review his quality of life, services, and outcome progress.

What will others do?

1. Austin's parents will continue to advocate for his individual preferences and support needs. They serve as his legal guardians and make decisions on his behalf.
2. Austin's mother will be a individualized home supports without training staff and will work with Austin to help him gain independence in these areas.
3. Austin's family will assist him with homework at his request.

What will the provider do?

1. Austin's provider(s) will engage him in desired outcomes and track success/progress.
2. Provider(s) will maintain open communication with Austin and his parents to gauge his satisfaction with desired services and outcomes.
3. Provider(s) will provide support services in accordance with guardian approved service plans.

SUMMARY OF PROGRAMS AND SERVICES

| | | | | | |
|---|---------------------------------|--|--------------------------------|---|------------------------------|
| Program Type Personal Care Attendant | Start Date 01/01/2021 | End Date 04/14/2021 | Annual Amount \$0.00 | Total Plan Cost \$0.00 | Avg Monthly \$0.00 |
| Case Manager/Care Coordinator Mackenzie Bruflat | | Case Manager/Care Coordinator Provider ID A541608000 | | Responsible Party Name Trina & Greg Sachs | |
| Program Notes | | | | | |

| Service | | | | | | | | | | | | | |
|---|-------------------------------|--|-----------------------------|--|-----------------------|--------------------------------------|--------------------------------|--|--|--|--|--|--|
| Personal Care Assistance: (PCA) - 15 Minutes | | | | | | | | | | | | | |
| Start Date 01/01/2021 | End Date 04/14/2021 | Procedure Code T1019 | Frequency 1-Daily | Units 1274 | Rate \$0.00 | Avg Monthly \$0.00 | Total Service \$0.00 | | | | | | |
| NPI/UMPI A166745900 | Status Pending | Provider Name CAREFREE HOME SERVICES INC | | Funding Source Medicaid State Plan | | County of Service Hennepin | | | | | | | |
| Areas of Need Personal Assistance, Quality of Life, Cognitive and Behavior Supports, Self-Direction, Supportive Services | | | | | | | | | | | | | |
| Support Instructions Carefree Home Services coordinates PCA support staff for Austin to receive 1.75 hours of PCA services daily. PCA staff will assist with Austin's daily needs as applicable and to ensure he is groomed and bathed appropriately and dressed appropriately for the weather. PCA staff will maintain open communication with Austin to gauge his satisfaction with desired services will provide support services to him in accordance with his guardian-approved service plans. | | | | | | | | | | | | | |
| Service Notes Austin is assessed to need assistance for his activities of daily living and other needs and receives support and redirection with ensuring his personal cares are monitored and completed. | | | | | | | | | | | | | |

| Service | | | | | | | | | | | | | |
|---|-------------------------------|--|-----------------------------|--|-----------------------|--------------------------------------|--------------------------------|--|--|--|--|--|--|
| Personal Care Assistance: (PCA) - 15 Minutes | | | | | | | | | | | | | |
| Start Date 01/01/2021 | End Date 04/14/2021 | Procedure Code T1019 | Frequency 1-Daily | Units 1288 | Rate \$0.00 | Avg Monthly \$0.00 | Total Service \$0.00 | | | | | | |
| NPI/UMPI A166745900 | Status Pending | Provider Name CAREFREE HOME SERVICES INC | | Funding Source Medicaid State Plan | | County of Service Hennepin | | | | | | | |
| Areas of Need Quality of Life, Self-Direction, Cognitive and Behavior Supports, Supportive Services, Personal Assistance | | | | | | | | | | | | | |
| Support Instructions Carefree Home Services coordinates PCA support staff for Austin to receive 1.75 hours of PCA services daily. PCA staff will assist with Austin's daily needs as applicable and to ensure he is groomed and bathed appropriately and dressed appropriately for the weather. PCA staff will maintain open communication with Austin to gauge his satisfaction with desired services will provide support services to him in accordance with his guardian-approved service plans. | | | | | | | | | | | | | |
| Service Notes Austin is assessed to need assistance for his activities of daily living and other needs and receives support and redirection with ensuring his personal cares are monitored and completed. | | | | | | | | | | | | | |

| Program Type | Start Date | End Date | Annual Amount | Total Plan Cost | Avg Monthly |
|---|------------|--|---------------|--|-------------|
| DD Rule 185/Related Condition | 01/01/2021 | 12/31/2021 | \$1,596.00 | \$1,596.00 | \$133.00 |
| Case Manager/Care Coordinator Naomi Chalk, LSW | | Case Manager/Care Coordinator Provider ID A937957300 | | Responsible Party Name Trina & Greg Sachs | |
| Program Notes | | | | | |

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|--|-------------------------------|---|------------------------------------|--|-------------|--------------------------------------|----------------------|
| Service Case Management/Service Coordination | | | | | | | |
| Start Date 01/01/2021 | End Date 12/31/2021 | Procedure Code | Frequency 5-Flexible Use | Units 6 | Rate | Avg Monthly | Total Service |
| NPI/UMPI A180173201 | Status Pending | Provider Name PINNACLE SERVICES INC | | Funding Source Medicaid State Plan | | County of Service Hennepin | |
| Areas of Need Supportive Services | | | | | | | |
| Support Instructions Pinnacle Services will coordinate Case Management services for Austin. Austin's Case Manager will coordinate with him and his parents/co-guardians Trina and Greg to set up services to meet goals and to sustain services that will make his life more comfortable and as independent as possible. Austin's Case Manager is responsible for support with service coordination and conflict resolution for Austin. His Case Manager will monitor implementation of services through face-to-face contact twice a year and check in with Austin quarterly to ensure his needs are being met and to discuss his personal, service, and outcome progress. Austin's Case Manager will provide 6 annual billable units of Case Management services and as many unbillable units as needed annually and provide support for Austin as needed. His Case Manager will ensure Austin and his support team meet yearly to review his quality of life, services, and outcome progress. | | | | | | | |
| Service Notes Austin requires support with accessing services and resources through his non-waiver VADD funding to meet his needs in the community in the least restrictive setting based on his preferences. | | | | | | | |

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|---|---------------------------------|--|--------------------------------|---|----------------------------------|
| Program Type Developmental Disability Waiver | Start Date 04/15/2021 | End Date 01/31/2022 | Annual Amount \$0.00 | Total Plan Cost \$42,310.92 | Avg Monthly \$4,231.09 |
| Case Manager/Care Coordinator Mackenzie Bruflat | | Case Manager/Care Coordinator Provider ID A541608000 | | Responsible Party Name Trina & Greg Sachs | |
| Program Notes | | | | | |

| Service | | | | | | | |
|--|------------------------|--|-----------------------------|-----------------------------|-----------------|-------------------------------|-----------------------------|
| Case Management - 15 Minutes | | | | | | | |
| Start Date 04/15/2021 | End Date 01/31/2022 | Procedure Code T1016 UC | Frequency 5-Flexible Use | Units 148 | Rate \$23.19 | Avg Monthly \$343.21 | Total Service \$3,432.12 |
| NPI/UMPI A180173201 | Status Pending | Provider Name PINNACLE SERVICES INC | | Funding Source DD Waiver | | County of Service Hennepin | |
| Areas of Need Supportive Services | | | | | | | |
| Support Instructions Austin and supports can contact case manager with any requests to change or update the plan. Case manager is responsible for support with services coordination and conflict resolution. Case manager will monitor implementation through face-to-face contact twice a year. Austin and family can contact case manager by phone or email at 612-500-9585, Mackenzie.bruflat@pinnacleservices.org. | | | | | | | |
| Service Notes | | | | | | | |

| Service | | | | | | | |
|--|-------------------------------|---|------------------------------------|------------------------------------|-----------------------|--------------------------------------|----------------------------------|
| Case Management Aide (Paraprofessional) - 15 Minutes | | | | | | | |
| Start Date 04/15/2021 | End Date 01/31/2022 | Procedure Code T1016 TF UC | Frequency 5-Flexible Use | Units 24 | Rate \$9.39 | Avg Monthly \$22.54 | Total Service \$225.36 |
| NPI/UMPI A180173201 | Status Pending | Provider Name PINNACLE SERVICES INC | | Funding Source DD Waiver | | County of Service Hennepin | |
| Areas of Need | | | | | | | |
| Support Instructions | | | | | | | |
| Service Notes | | | | | | | |

| | | | | | | | |
|---|-------------------------------|--|------------------------------|------------------------------------|-----------------------|--------------------------------------|-------------------------------------|
| Service Individualized Home Supports without Training 1:1 - 15 Minutes | | | | | | | |
| Start Date 04/15/2021 | End Date 01/31/2022 | Procedure Code S5135 UC | Frequency 2-Weekly | Units 3864 | Rate \$7.16 | Avg Monthly \$2,766.62 | Total Service \$27,666.24 |
| NPI/UMPI A615488300 | Status Pending | Provider Name DYNAMIC SERVICES LLC | | Funding Source DD Waiver | | County of Service Hennepin | |
| Areas of Need Personal Assistance | | | | | | | |
| Support Instructions Staff will assist Austin with all Activities of daily living. They will assist him with bathing, dressing, cooking, transportation, taking medications, ect. They will supervise him and ensure his health and safety needs are met. | | | | | | | |
| Service Notes | | | | | | | |

| Service | | | | | | | |
|--|------------------------|---------------------------------------|-----------------------|-----------------------------|----------------|-------------------------------|------------------------------|
| Respite Care Services, In Home - 15 Minutes | | | | | | | |
| Start Date 04/15/2021 | End Date 01/31/2022 | Procedure Code S5150 | Frequency 2-Weekly | Units 1680 | Rate \$6.54 | Avg Monthly \$1,098.72 | Total Service \$10,987.20 |
| NPI/UMPI A615488300 | Status Pending | Provider Name DYNAMIC SERVICES LLC | | Funding Source DD Waiver | | County of Service Hennepin | |
| Areas of Need Caregiver/Parent Support | | | | | | | |
| Support Instructions Respite will be used for assisting with cares, and preventing care giver burn out. Respite Staff will assist with all activities of daily living, as well as taking Austin to activities and out in the community if he is interested while care giver gets a break. | | | | | | | |
| Service Notes | | | | | | | |

RISKS

How will Health and Safety Issues be Addressed?

Austin lives with his parents, who are responsible for all of her daily care and supervision needs. They have chosen to utilize DD waiver funding to supplement his daily living needs. He is a vulnerable adult and requires direct supervision in all settings to ensure his health and safety needs are met.

Austin has the following areas that may be a concern for his overall health and safety:

1. Medication management: Austin receives full support with his medication management and may forget or be unable to take his medications daily. His parents/co-guardians Trina and Greg will assist Austin with medication reminders and ensuring the medication needed is set up daily for Austin.

2. Medical appointments: Austin has difficulty arranging and attending medical appointments alone. Trina and Greg will assist him to arrange and attend all appointments. Trina and Greg will also follow up on any new orders from the physician and case manager as applicable.
3. General: Trina and Greg, Austin's other family members, his school staff, and his Carefree Home Services PCA staff will notify Austin's case manager if there are changes in his needs of needing increased safety supports.
4. Austin's case manager will also notify the primary care physician of waiver case management involvement to request they notify the case manager of any recommendations or concerns.

Austin is a vulnerable adult, and any suspicions of abuse, neglect, or financial exploitation should be reported to the Minnesota Adult Abuse Reporting Center (MAARC) - 844-880-1574.

The following table documents and acknowledges any risks that exist based on identified remaining needs above.

| Identified risk and choice regarding services | Negative outcome that may result | Alternative measure that may be implemented |
|--|--|---|
| It has been identified that Austin is at risk for not having the appropriate socialization and vocational supports in place to meet his employment, educational, and social goals following his graduation from STEP Transition program in May 2020; he is currently in the process of considering different day program options and may tour them later on. | Austin may become isolated or bored with spending regular time socializing with others in the community. | Austin and/or his parents can reach out to Austin's Case Manager if/when Austin decides to officially pursue day program referrals. |

Summary plan/agreement reached to address the identified risks:

Austin is graduating from his transition school program in May 2020 and does not currently have a day program in place for after he graduates. His Case Manager has sent several options to his parents, but his parents are still considering the options.

If/when they decide to pursue any options, they can contact Austin's Case Manager to complete official referrals for Austin and

begin scheduling tours.

Emergency & Back Up Plans

Plan for unforeseen events (e.g, weather, storms, power outages)

Austin's school staff or PCA staff will take any necessary action in the event of an emergency or unforeseen event. Staff or program managers will stay with Austin until the event is over, and if needed, staff will notify Austin's emergency contacts.

| Key Contact Name | Relationship | Phone Number |
|--------------------|---|----------------|
| Addy Sachs | Sister/Secondary Emergency Contact | (763) 242-4995 |
| Trina & Greg Sachs | Parents/Co-Guardians/Primary Emergency Contacts | (612) 805-2228 |

Plan for emergency health events

During an emergency, staff that are with Austin will provide assistance and monitor the situation until it is over. Staff will contact Austin's emergency contacts and, if emergency medical care is needed, staff will call 911 as necessary. Staff will notify Austin's primary care physician, and Austin will be taken to his hospital preference listed below. Guardians and staff will notify Austin's Case Manager of any hospitalizations or medical disruptions occurring. Austin's parents/co-guardians will make all necessary medical decisions.

| Key Contact Name | Relationship | Phone Number |
|--------------------|---|----------------|
| Trina & Greg Sachs | Parents/Co-Guardians/Primary Emergency Contacts | (612) 805-2228 |
| Mackenzie Bruflat | Case Manager | (612) 500-9585 |

| Key Contact Name | Relationship | Phone Number |
|--|------------------------------------|----------------|
| Maple Grove Hospital | Hospital Preference | (763) 581-1000 |
| Addy Sachs | Sister/Secondary Emergency Contact | (763) 242-4995 |
| Dr. Daniel Albright, Park Nicollet Rogers Clinic | Primary Care Physician | (952) 977-0300 |

Plan for unavailable staffing that puts the person at risk

Austin's family could contact his PCA Agency to arrange for an alternative PCA if his regularly scheduled PCA is unavailable. Alternatively, family could seek assistance from friends and family. In the event of unavailable staffing, the Program Managers will attempt to assign staff to cover the absentee shift. Austin's Case Manager will be notified of the incident, and program managers will follow up with corrective action as deemed necessary.

| Key Contact Name | Relationship | Phone Number |
|--------------------|----------------------|----------------|
| Trina & Greg Sachs | Parents/Co-Guardians | (612) 805-2228 |
| Mackenzie Bruflat | Case Manager | (612) 500-9585 |