



**DEPARTMENT OF  
HUMAN SERVICES**

## **Coordinated Services and Supports Plan (CSSP)**

### **ABOUT ME**

#### **REBECCA DENNIS**

**Assessment Date:** 04/13/2021

**Plan Dates:** 06/01/2021 to 05/31/2022

**Developed by:** Cully Bisgard (000) 000-0000

**Address:** 815 N. High Street

Lake City, MN 55041

**County:** Wabasha

**Home:** (651) 565-5724

**Work:**

**Other:**

**General Plan Notes:**

Rebecca "Becky" is a 67 year old female who lives at River Oaks in Lake City, MN. Becky said her strengths are being sociable and outgoing person. She is also good at managing money. Becky enjoys painting, arts and crafts, games and card games. Becky said she feels safe at River Oaks and wants to continue to live there. She enjoys going out into the community with her independent living skills worker. Becky would like to volunteer with animals or at church. Becky said her daily routine is: "Getting up in the morning, getting dressed, I usually don't go for breakfast, do my chores, I head for lunch, sometimes I sit down and watch TV. Right now I meat with my ILS worker twice a week. Monday and Wednesday, 2 hours each day. Do shopping or do something. Then I get my meds and go down for supper. Look at my bills or go through my mail." Becky's friends, relationship with others and being a good person are important to her. "My dream is to have a car!" Becky has close friends at River Oaks that she enjoys spending time with.

Becky's health has been stable this past year and is looking forward to new dentures. Becky's routine and stable staff and friends are important to her.

Case manager will visit with Becky, face to face, and least one time every 6 months or more as needed. Case manager will continue assessing Becky's wishes, needs and goals. Case manager will monitor the services to ensure goals are continually being worked on and given the opportunity for choice.

# PERSON INFORMATION

Date of Birth: 03/30/1954 Age: 67 yrs

## Emergency Contacts

Name	Relationship	Phone
Shasity Roberts Ryks	Friend/Neighbor	(651) 345-5724

## Notes/Comments

## Decision Making Representatives

Name	Type of Authority	Address	Phone
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Name	Type of Authority	Address	Phone
Own person			

Notes/Comments

**Health Insurance & Payers**

Is the person certified disabled by Social Security or through the State Medical Review Team (SMRT) process? Yes  
Is the person on medical assistance? Yes

Type	Describe	Policy Number	Effective Date
Medical Assistance	over 65	03875999	03/01/2019
Medicare - Part B		1W81E06NP28	03/01/2019
Medicare - Part D	WellCare		
Managed Care	SCHA MSC+	G0387599901	05/01/2019
Medicare - Part A		1W81E06NP28	03/01/2019

Notes/Comments

**Providers**

Health Care Providers	Phone	Comments
Psychologist	(612) 925-6033	Amanda Thooft - Associated Clinic of Psychology: 4027 County Road 25, Minneapolis, MN 55416 - in house
Psychiatrist	(612) 925-6033	Dr. Justin Miles- Associated Clinic of Psychology: 4027 County Road 25, Minneapolis, MN 55416 via ITV
Pharmacy	(608) 784-6500	Health Direct #119 - La Crosse, WI - delivered

Health Care Providers		Phone	Comments
Primary Physician		(651) 345-3321	Kathy Lofberg, CNP- Mayo Clinic Health Systems Lake City
Dentist		(507) 424-1040	Apple Tree Dental - 973 Skyline Dr SW Rochester, MN 55902

**Notes/Comments****WHAT'S IMPORTANT TO THE INDIVIDUAL****Short and Long-Term Goals**

Goal Statement	Target Date	Provider & NPI (if applicable)	Frequency of Reporting
Becky wants to get her new dentures.	05/31/2022		semi annually
Becky wants to get out of River Oaks and do activities in the community at least twice a week.	05/31/2022		semi annually

**Action Steps for Goals:**

**What will the person do?** Becky is working with Apple Tree Dental on her new dentures. Becky meets with her ILS worker twice a week.

**What will the case manager do?**

Case Manager will monitor CADJ services to make sure Becky's health and safety needs are met in the community. Case manager will monitor services, supports and care plan at least every six months.

**What will others do?**

Becky spends a lot of time with her friends who help prevent her from isolating in her room.

**What will the provider do?** River Oaks staff will assist Becky on setting up a dental appointment and transportation. Her ILS worker comes twice a week.

**SUMMARY OF PROGRAMS AND SERVICES**

<b>Program Type</b>	<b>Start Date</b>	<b>End Date</b>	<b>Annual Amount</b>	<b>Total Plan Cost</b>	<b>Avg Monthly</b>
Community Alternatives for Disability Inclusion	06/01/2021	05/31/2022	\$0.00	\$4,319.28	\$359.94
<b>Case Manager/Care Coordinator</b> Cully Bisgard		<b>Case Manager/Care Coordinator Provider ID</b> m984618100		<b>Responsible Party Name</b>	
<b>Program Notes</b>					

Service							
24-Hour Customized Living Services - Daily							
Start Date	End Date	Procedure Code	Frequency	Units	Rate	Avg Monthly	Total Service
06/01/2021	05/31/2022	T2031 TG		365	\$0.00	\$0.00	\$0.00
NPI/UMPI 1417333428	Status Approved	Provider Name RIVER OAKS AT LAKE PEPIN		Funding Source Not Yet Determined		County of Service Wabasha	
Areas of Need							
Supportive Services							
Support Instructions							
Provider will support Becky in areas med management, medical appointments, social interaction and monitoring mental health.							
Service Notes							
provider will provide 24/7 services 365 days a year for assistance in ADL's and IADL's as needed.							

Service							
Case Management - 15 Minutes							
Start Date	End Date	Procedure Code	Frequency	Units	Rate	Avg Monthly	Total Service
06/01/2021	05/31/2022	T1016 UC		144	\$24.47	\$293.64	\$3,523.68
NP/UMPI	Status	Provider Name		Funding Source		County of Service	
A000055800	Approved	OLMSTED COUNTY COMMUNITY SERVICES		CADI Waiver		Olmsted	
Areas of Need							
Supportive Services							
Support Instructions							
Case management to help coordinate, fund and monitor services. Case manager will monitor implementation of goals and make revisions to the plan as needed. Case manager will meet at least twice per year face to face of more often as needed.							
Service Notes							
144 units per year to coordinate and monitor services.							



Service							
Case Management Aide (Paraprofessional) - 15 Minutes							
Start Date	End Date	Procedure Code	Frequency	Units	Rate	Avg Monthly	Total Service
06/01/2021	05/31/2022	T1016 TF UC		40	\$9.39	\$31.30	\$375.60
NPI/UMPI	Status	Provider Name		Funding Source		County of Service	
A000055800	Approved	OLMSTED COUNTY COMMUNITY SERVICES		CADI Waiver		Olmsted	
Areas of Need							
Supportive Services							
Support Instructions							
Assist case manager with administrative duties such as filing, date entry and phone contact							
Service Notes							
40 units per year to assist case manager with admin duties							

Service							
Individualized Home Supports with Training 1:1 - 15 Minutes							
Start Date	End Date	Procedure Code	Frequency	Units	Rate	Avg Monthly	Total Service
06/01/2021	05/31/2022	H2014 UC U3		832	\$0.00	\$0.00	\$0.00
NPI/UMPI	Status	Provider Name		Funding Source	County of Service		
A615488300	Approved	DYNAMIC SERVICES LLC		Not Yet Determined	Wabasha		
Areas of Need							
Supportive Services							
Support Instructions							
Support Becky with managing her mental health by finding healthy activities.							
Service Notes							
up to 4 hours per week to assist with accessing community and teaching social skills							

Service							
Transportation - Per One Way Trip							
Start Date	End Date	Procedure Code	Frequency	Units	Rate	Avg Monthly	Total Service
06/01/2021	05/31/2022	T2003 UC		240	\$1.75	\$35.00	\$420.00
NPI/UMPI A462713000	Status Approved	Provider Name THREE RIVERS COMMUNITY ACTION INC		Funding Source CADI Waiver		County of Service Wabasha	
Areas of Need							
Supportive Services							
Support Instructions							
support becky in accessing community							
Service Notes							
support Becky with transportation in community							

## RISKS

### How will Health and Safety Issues be Addressed?

Becky said would call 911. She can also alert staff. She has a pendant that calls for staff. She is also able to go get them.

The following table documents and acknowledges any risks that exist based on identified remaining needs above.

<b>Identified risk and choice regarding services</b>	<b>Negative outcome that may result</b>	<b>Alternative measure that may be implemented</b>
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Identified risk and choice regarding services	Negative outcome that may result	Alternative measure that may be implemented

**Summary plan/agreement reached to address the identified risks:**

No risks identified at this time. Becky accepts services offered.

**Emergency & Back Up Plans****Plan for unforeseen events (e.g, weather, storms, power outages)**

Follow River Oaks protocol for bad weather or other events.

Key Contact Name	Relationship	Phone Number
Cori Barker, SW	Director at River Oaks	(651) 345-2713

**Plan for emergency health events**

Becky would call 911 or get staff. Staff at River Oaks to contact emergency services as needed.

Key Contact Name	Relationship	Phone Number
Cori Barker	Director at River Oaks	(651) 345-2713
Shasity Roberts Ryks	friend	(651) 345-5724

**Plan for unavailable staffing that puts the person at risk**

River Oaks to follow their protocol if staffing issues or concerns

Key Contact Name	Relationship	Phone Number
Cori Barker, SW	Director at River Oaks	(651) 345-2713