

Coordinated Services and Supports Plan (CSSP)

ABOUT ME

QUINTANA J MARTINEZ

Assessment Date: 06/17/2021

Plan Dates: 08/01/2021 to 07/31/2022

Developed by: Grace Thompson (612) 500-9201

Address: 323 W Baker St

St Paul, MN 55107

County: Ramsey

Home: (651) 419-4106

Work: (507) 369-8865

Other: (651) 227-1626

General Plan Notes:

Person's Name: Quintana Martinez	PMI: 02543291
Case Manager: Grace Thompson	Case Manager Phone: 612-500-9201
Waiver/Program: CADI	Waiver Span Dates: 08/01/2021-07/31/2022
Home Visit Date/Annual: July	Quality Visit /Semi Annual: January
Date plan was last updated: 7/27/21	CSSP Mailed Date: 7/27/21

Quintana is 19, who is living with his family friend Lorraine Obay currently. Quintana preferer's to be called Quinn.

Diagnosis: DX: F91.1 Conduct disorder (severe), F90.2 Attention-deficit hyperactivity disorder (combined type), F29 Unspecified psychotic disorder (with delusions), F10.2 Alcohol use disorder (moderate, with binge episodes), F12.20 Cannabis Use and F60.1 Schizoid personality disorder, unspecified and F84.0 Autistic spectrum disorder.

Summary of Waiver Services: Case Management/Aide; IHS W/ Training. Interested in receiving an ARHMS provider.

Routines/Rituals: Quinn reports that he does not have a regular daily routine. He enjoys sleeping in and waking up around 10 AM. Quinn also enjoys relaxing, hanging out with friends, and he enjoys listening to music.

Important to Client: Quinn reports that it is important to him to clear up his court situation. It is also important to Quinn to get his license, to finish his schooling, and to play music.

Strengths: Quinn reports that his strengths include that he is hardworking, he is a very genuine person, and that he is an honest and compassionate individual.

Natural Supports: Quinn reports that his natural supports consist of his IHS provider, Fahad and Lorraine Obay, who he is currently residing with.

Global Dream Statement: Quinn dreams and aspires to get his license one day so he is able to drive himself around.

Additional Hopes and Dreams: Quinn also hopes to get done with his court situation and to move on from the legal system. Quinn also hopes to finish school, get his license, and to one day get a motorcycle.

Housing: Quinn is currently residing with a family friend, Lorraine. Quinn is safe and enjoys living with Lorraine. Quinn has no plans to move anytime soon and housing is stable for the next 6 months.

Transportation: Quinn is currently getting around by friends or bus. Quinn is interested in getting a bus To-Go Card in the future.

Employment/Education: Quinn is not actively working in a competitive setting. Quinn enjoys doing side jobs for friends. Quinn is not interested in competitive employment at this time; however he might be interested in competitive employment with Ebert and Gerbert's through a friend in the future. Quinn is currently working to complete his high school diploma with his IHS provider.

Health Status: Quinn reports that his health is good at this time. Quinn has had one hospitalization in the last 6 months due to alcohol intoxication. Quinn has had no other medication changes in the last 6 months.

Informed Choice: Other services that were discussed with Quinn at the meeting, was for Day program or work programs available to Quinn. Quinn was not interested in other services at this time and made an informed decision. Setting Quinn up with an ARHMS provider was also discussed. Quinn was open to this service option and the CM will work to begin setting that service up for Quinn. All other services were denied at this time.

PERSON INFORMATION**Date of Birth:** 09/17/2001 **Age:** 19 yrs**Emergency Contacts**

Name	Relationship	Phone
Tina Allen	Parent	(612) 390-5308

Notes/Comments

His second contact is his family friend Lorraine Obay at 651-227-1626.

Decision Making Representatives

Name	Type of Authority	Address	Phone
Self			

Notes/Comments**Health Insurance & Payers**

Is the person certified disabled by Social Security or through the State Medical Review Team (SMRT) process? Yes

Is the person on medical assistance? Yes

Type	Describe	Policy Number	Effective Date
Medical Assistance	MA CK	02543291 PMI	09/01/2016

Notes/Comments

Providers

Health Care Providers	Phone	Comments
Primary Physician	(651) 241-1000	United Family Clinic
Other	(651) 232-7000	M Health Fairview St. John's Hospital
Hospital of Choice		

Notes/Comments**WHAT'S IMPORTANT TO THE INDIVIDUAL****Short and Long-Term Goals**

Goal Statement	Target Date	Provider & NPI (if applicable)	Frequency of Reporting
I am not interested in returning to regular schools. I will continue to explore area acting schools/theater study as I want to get into acting.	07/31/2022		Annually
I want to manage my own money, my SSI check. I have an appointment with SSA staff to discuss regarding my request to be my own payee.	07/31/2022		Annually
I wish to continue with CADI program, working with my ILS worker on my educational goals, learn to be more independent, to follow through things that I need to do to take better care of myself.	07/31/2022		Annually

Short and Long-Term Goals

Goal Statement	Target Date	Provider & NPI (if applicable)	Frequency of Reporting
I would like some help to be connected to a MH case manager or ARMHS worker who can help me when I am working on accomplish what I need to do.	07/31/2022		Annually

Action Steps for Goals:**What will the person do?**

Assessor: Quintana will continue living independently with the support from CADI waiver services to address his safety and health needs at home. Quin will work with his CM, friend Lorraine Obay and ILS worker, attend all scheduled appointment with ILS worker, his medical team and case manager. Quin will improve his independent living skills by practicing safety skills, making healthy choices and following his service plan to take better care of himself, to manage his MH, improve independent living and safety skills and work on his educational goals.

What will the case manager do?

Assessor: The case manager will work with Quin to update his Coordinate Support and Service Plan that will speak his wishes, address identified health and safety needs and help him achieve his goals. The CM will renew/update services based on assessment recommendations and Quin's final consent. The CM will provide ongoing monitoring of authorized services, communicate with in-home providers when issues arise and ensure Quin's identified needs are met.

What will others do?

Assessor: Quin's friend Lorraine Obay will continue to provide support and will coordinate with Quin's CM and ILS worker as needed.

Quin will work with his homemaking staff to work with a routine for grooming/dressing and help with light housekeeping and meal prep.

What will the provider do?

Assessor: All providers will respectfully provide authorized services as outlined in Quin's CSSP, coordinate with in-home providers and case manager, notify CM with any conditional changes of Quin and ensure his health and safety needs are being addressed.

SUMMARY OF PROGRAMS AND SERVICES

Program Type	Start Date	End Date	Annual Amount	Total Plan Cost	Avg Monthly
Community Access for Disability Inclusion	08/01/2021	07/31/2022	\$13,003.20	\$18,032.16	\$1,502.68
Case Manager/Care Coordinator Grace Thompson		Case Manager/Care Coordinator Provider ID M474622000		Responsible Party Name Quintana Martinez	
Program Notes					

Service Case Management - 15 Minutes							
Start Date 08/01/2021	End Date 07/31/2022	Procedure Code T1016 UC	Frequency 3-Monthly	Units 150	Rate \$24.47	Avg Monthly \$305.88	Total Service \$3,670.50
NPI/UMPI A180173201	Status Pending	Provider Name PINNACLE SERVICES INC		Funding Source CADI Waiver		County of Service Ramsey	
Areas of Need Communications, Supportive Services, Cognitive and Behavior Supports, Quality of Life							
Support Instructions Case management supports with monitoring and coordination current waiver services. Case management additionally supports with the development of new waiver services as needed to ensure: health needs, safety needs, and other support needs are met. Case managers meets two times a year. Once for annual visit and second for 6-month follow up to ensure services are meeting health needs, safety needs, and other support needs.							
Service Notes							

Service							
Case Management Aide (Paraprofessional) - 15 Minutes							
Start Date 08/01/2021	End Date 07/31/2022	Procedure Code T1016 TF UC	Frequency 5-Flexible Use	Units 24	Rate \$9.39	Avg Monthly \$18.78	Total Service \$225.36
NPI/UMPI A180173201	Status Pending	Provider Name PINNACLE SERVICES INC		Funding Source CADI Waiver		County of Service Ramsey	
Areas of Need Personal Assistance, Supportive Services, Cognitive and Behavior Supports, Quality of Life							
Support Instructions The Case Manager Aide will be of administration support to the Case Manager/Social Worker and assist with documentation and paperwork.							
Service Notes							

Service Homemaker Services / Cleaning - 15 Minutes							
Start Date 08/01/2021	End Date 07/31/2022	Procedure Code S5130	Frequency 2-Weekly	Units 22	Rate	Avg Monthly	Total Service
NPI/UMPI 1174649644	Status Pending	Provider Name ACCRA CARE INC		Funding Source CADI Waiver		County of Service Ramsey	
Areas of Need Personal Assistance, Supportive Services, Home Management, Quality of Life							
Support Instructions Homemaking services are in place to help work on homemaking skills to assist the client with cleaning the house, laundry assistance, and food making skills.							
Service Notes							

Service													
Individualized Home Supports with Training 1:1 - 15 Minutes													
Start Date 08/01/2021	End Date 07/31/2022	Procedure Code H2014 UC U3	Frequency 2-Weekly	Units 1251	Rate \$11.30	Avg Monthly \$1,178.02	Total Service \$14,136.30						
NPI/UMPI A615488300	Status Pending	Provider Name DYNAMIC SERVICES LLC		Funding Source CADI Waiver		County of Service Ramsey							
Areas of Need Home Management, Cognitive and Behavior Supports, Supportive Services, Employment/Training/Skill Building, Self-Direction, Personal Assistance, Quality of Life													
Support Instructions Dynamic Services will provide Quintana with In Home Supports with training services to assist him in organizing finances and learning daily independent living skills to improve his daily life. Dynamic Services will begin providing Quinn with 6 hours/week of IHS services to better support his school needs, his financial needs, his medical appointment needs, and all other supports.													
Service Notes Starting 5/6/21, Quinn will start receiving 6 hours (24) units a week of IHS with training supports to better assist him with meeting his school needs, financial needs, medical appointment needs, and all other home supports													

RISKS

How will Health and Safety Issues be Addressed?

Assessor: Quintana will continue with CADI waiver in-home support services to address his health and safety needs at home.

Quinn receives waiver services and is considered a vulnerable adult. Any suspicions of abuse, neglect, or financial exploitation

should be reported to the Minnesota Adult Abuse Reporting Center (MAARC) 844-880-1574.

The following table documents and acknowledges any risks that exist based on identified remaining needs above.

Identified risk and choice regarding services	Negative outcome that may result	Alternative measure that may be implemented
self neglect, assistance with daily cares, grooming and bathing	Decline in overall health, ER visit or hospital stay	informal support, father
severe behaviors/aggression, increase in mental health symptoms	Isolation, hospitalization	notify father, staff, contact mental health providers

Summary plan/agreement reached to address the identified risks:

Brother will help Quin take medications as prescribed, attend all healthcare appointments, work closely with all formal & informal supports, and pro-actively use relapse prevention plan or crisis-safety plan.

Emergency & Back Up Plans**Plan for unforeseen events (e.g, weather, storms, power outages)**

Quintana is a minor and therefore, his brother and sister in law are responsible to take him to the doctor in case of a health emergency. His caregiver will also call 911 in case of a life threatening incident.

Key Contact Name	Relationship	Phone Number
Steve Tuhy	Brother	(651) 387-6488
Christine Tuhy	Sister-in-Law	(651) 325-1436

Plan for emergency health events

Health Partners, 911, Emergency Room, St. John's

Key Contact Name	Relationship	Phone Number
Steve Tuhy	Brother	(651) 387-6488
Christine Tuhy	Sister-in-law	(651) 325-1436
HealthPartners	Primary Physicians	(952) 967-5520
M Health Fairview St. John's Hospital	Hospital of Choice	(651) 232-7000

Plan for unavailable staffing that puts the person at risk

Quin lives with his brother and sister-in-law, they will ensure safety

Key Contact Name	Relationship	Phone Number
Steve Tuhy	Brother	(651) 387-6488
Christine Tuhy	Sister-in-law	(651) 325-1436
Accra Care	PCA/HMKing	(952) 935-3515
Grace Thompson	Waiver Case Manager	(612) 500-9201