

Coordinated Services and Supports Plan (CSSP)

ABOUT ME

SHARRELL VICTOR

Assessment Date: 08/18/2020

Plan Dates: 08/18/2020 to 07/31/2021

Developed by: Tania Hueting (612) 505-2534

Address: 2017 Girard Ave N Apt 8

Minneapolis, MN 55411

County: Hennepin

Home: (612) 597-9152

Work: (612) 597-9152

Other: (612) 597-9152

General Plan Notes:

Assessment Date: 08/18/2020

Assessor Name and Number: Angela Stensland # (01) 612-348-4111

CM Name and Number: N/A

Program: CADI

Case Mix: B

Hospital of Choice: Unknown

Person Centered Summary (Hopes/Dreams/Aspirations):

Sharrell Victor is a 30-year-old female who has been struggling with a recent diagnosis of Multiple sclerosis and a long history of mental health challenges. Sharrell called Hennepin County with her ARMHS worker to request MnCHOICES assessment for possible customized living and IADL supports. Sharrell lives with her 5-year-old daughter and needs to find a more accessible apartment due to her MS diagnosis.

Sharrell had PCA approved in the past but did not use it. She has also been assigned a BHCM in the past but did not find it helpful. She reports no recent hospitalizations but does have a history of previous psychiatric admissions. Sharrell wanted to move to Kingsley Commons but was denied due to a prior eviction. Sharrell has a history of bed hopping and homelessness. Her ARMHS worker is working with her to help her connect with Housing Stabilization Services. Sharrell has struggled with transportation due to her anxiety. Her ARHMS worker reported that she needs help with medication management which Sharrell reported she did not need help in this area as she only takes two oral medications. She sometimes has pain with mobility and bathing but does not want help with personal cares. Her current unmet needs are HAC, transportation, ILS, home delivered meals due to her struggle with mental health and this has impacted her weight. Sharrell reported that she is not needing help with ADLS right now but IADLS due to her behavioral health concerns and the progression of Multiple Sclerosis. Plan is to get help through Housing stabilization and get her on the CADI WAIVER

About Me

Strengths: She told CM that she struggles with coming up with strengths. However, she said that she is good at drawing. and she is a good friend

Routine and rituals: Lately she will wake up at 8 am every morning, she will then wake up her daughter, have her do her morning routine, brush her teeth etc, eat breakfast and then help her get set up for her distant learning. While she is doing distant learning then she is calling making appointments, watching tv or helping her with her school. She typically will go to be around 10 when her daughter is going to sleep.

Her and her daughter celebrate Christmas, halloween and valentines day. She said that she hasnt had a lot of money but for christmas they have a tree and some gifts. for Valentines day she gets her a little bag and puts some candy in there

Hopes and dreams: to get better housing for her and her daughter.

Natural and informal supports: Her mom

Employment goal: She has SSI and doesnt plan on working.

Social and religion- She would describe herself as antisocial its something that she is working on. she doesnt follow any religion.

Living situation: She currently is studio apartment. The rent keeps going up. The environment there is a lot of fighting and not a good environment. She wants more space and a better environment.

Important to her: Being the best mom that she can be

PERSON INFORMATION

Date of Birth: 01/27/1990 **Age:** 31 yrs

Emergency Contacts

Name	Relationship	Phone
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Name	Relationship	Phone
Jacinta Victor	Parent	(612) 387-4273

Notes/Comments**Decision Making Representatives**

Name	Type of Authority	Address	Phone
self			

Notes/Comments

Sharrell is able to make her own decisions at this time

Health Insurance & Payers

Is the person certified disabled by Social Security or through the State Medical Review Team (SMRT) process? Yes

Is the person on medical assistance? Yes

Type	Describe	Policy Number	Effective Date
Medical Assistance		PMI 00245786	

Notes/Comments**Providers**

Health Care Providers	Phone	Comments
Primary Physician	(651) 232-7800	Dr Laura Geigler 2945 Hazelwood St, Maplewood, MN 55109
Psychiatrist	(612) 925-8496	Dr Sara 4027 County Rd 25 Minneapolis, MN
Targeted Case Manager	(612) 505-2534	Tania H cadi case manager 7400 Metro Blvd suite 216, Edina, MN 55439

Notes/Comments

WHAT'S IMPORTANT TO THE INDIVIDUAL

Short and Long-Term Goals

Goal Statement	Target Date	Provider & NPI (if applicable)	Frequency of Reporting
Sharell would like to continue going to therapy	07/31/2021	PLACEMENT PARTNERS MN INC -- A828133300	semi-annual
Sharrell would like to be a better mom	07/31/2021	PLACEMENT PARTNERS MN INC -- A828133300	
Sharrell would like to be in a better apartment	07/31/2021	HOUSING WITH CARE LLC -- 1497318828	semi-annually
Sharrell would like a meal delivery service to assist in not having to meal prep as much	07/31/2021	MOMS MEALS -- 1093834020	semi-annually
Sharrell would like an ILS to assist her with getting chores done	07/31/2021	AAND L HEALTH SERVICES -- A686478900	

Action Steps for Goals:

What will the person do?

1. Sharrell will continue going to therapy
2. She will continue being there for her daughter and doing things to make her happy
3. She will work with Housing with Care to assist her with finding a new apartment
4. She will eat her moms meals
5. She will meet with her ils on a weekly basis and explain what all she would like to get done.

What will the case manager do?

Case Manager to meet with Sharrell 2x per year for her annual reassessment meeting, 6 month quality visit, and additional meetings as needed. Case Manager to make service referrals, monitor services, and set up funding for services through the Cadi Waiver. Case Manager to also communicate with team members, staff, and medical providers to assist Sharrell. The case manager is responsible for with service coordination and conflict resolution. Case Manager will monitor and coordinate informal and formal supports in order to reasonably assure health and safety. If there are any questions, requests for updates, or issues with service provision, the case manager will help to resolve.

What will others do? Her mom can assist her with redirecting behavior, discussing budget if something is a need versus a want, transportation, med management and shopping.

What will the provider do?

Housing with Care will assist Sharrell with getting GRH and/or section 8. They will help her set up an account in HB101.org. They will take her on apartment tours. They will work within her social security budget to try to find her a apartment. Housing access coordinator will help her fill out her " my move plan" form once she finds housing. They will assist her with setting a move date and find out her landlord etc.

Moms meals will assist Sharrell with not having to meal prep as much. They will assist with providing her 14 healthy meals every 2 weeks.

A and L services ILS will assist Sharrell with going shopping, redirecting behaviors, helping her find more resources, help her find housing along with her Housing Access Coordination services, they will assist her with filling out her Hennepin county paperwork, They will help her with making and scheduling phone calls for appointments, they will help her with transportation if she needs to get chores and other things done and they will help her with budgeting if she needs it discussing what is a want versus a need and if it works within her budget.

Livewell will provide Sharrell with assistance of security. If she were to ever get injured or felt sick she could press the red button on the side of her livewell alert watch. the dispatcher would be notified and he could call the appropriate emergency services to provide her assistance. The watch has GPS capabilities that would allow the dispatcher to find her and help her.

SUMMARY OF PROGRAMS AND SERVICES

Program Type	Start Date	End Date	Annual Amount	Total Plan Cost	Avg Monthly
Other	08/18/2020	07/31/2021	\$0.00	\$10,302.00	\$858.50
Case Manager/Care Coordinator Tania Hueting		Case Manager/Care Coordinator Provider ID A343692300		Responsible Party Name	
Program Notes					

Service													
Housing Stabilization - Transition - 15 Minutes													
Start Date 09/24/2020	End Date 07/31/2021	Procedure Code	Frequency	Units 600	Rate \$17.17	Avg Monthly \$936.55	Total Service \$10,302.00						
NPI/UMPI 1497318828	Status Approved	Provider Name HOUSING WITH CARE LLC		Funding Source Medicaid State Plan		County of Service Hennepin							
Areas of Need Home Management													
Support Instructions Housing with Care will assist Sharrell with getting GRH and/or section 8. They will help her set up an account in HB101.org. They will take her on apartment tours. They will work within her social security budget to try to find her a apartment. Housing access coordinator will help her fill out her " my move plan" form once she finds housing. They will assist her with setting a move date and find out her landlord etc.													
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Program Type	Start Date	End Date	Annual Amount	Total Plan Cost	Avg Monthly
Community Alternatives for Disability Inclusion	08/18/2020	07/31/2021	\$0.00	\$17,463.91	\$1,455.33
Case Manager/Care Coordinator Tania Hueting		Case Manager/Care Coordinator Provider ID A343692300		Responsible Party Name	
Program Notes					

Service							
Case Management - 15 Minutes							
Start Date 09/21/2020	End Date 07/31/2021	Procedure Code T1016 UC	Frequency 5-Flexible Use	Units 127	Rate \$24.47	Avg Monthly \$282.52	Total Service \$3,107.69
NPI/UMPI A828133300	Status Approved	Provider Name PLACEMENT PARTNERS MN INC		Funding Source CADI Waiver		County of Service Hennepin	
Areas of Need							
Supportive Services							
Support Instructions							
Case Manager to meet with Sharrell 2x per year for her annual reassessment meeting,6 month qualityvisit,and additional meetings as needed.Case Manager to make service referrals, monitor services,and set up funding for services through the Cadi Waiver. Case Manager to also communicate with team members, staff, and medical providers to assist Sharrell. The case manager is responsible for with service coordination and conflict resolution.Case Manager will monitor and coordinate informal and formal supports in order to reasonably assure health and safety. If there are any questions, requests for updates, or issues with service provision, the case manager will help to resolve.							

Service Notes

Case Manager to meet with Sharrell 2x per year for her annual reassessment meeting, 6 month quality visit, and additional meetings as needed. Case Manager to make service referrals, monitor services, and set up funding for services through the Cadi Waiver. Case Manager to also communicate with team members, staff, and medical providers to assist Sharrell. The case manager is responsible for with

service coordination and conflict resolution. Case Manager will monitor and coordinate informal and formal supports in order to reasonably assure health and safety. If there are any questions, requests for updates, or issues with service provision, the case manager will help to resolve.

Service													
Case Management Aide (Paraprofessional) - 15 Minutes													
Start Date 09/21/2020	End Date 07/31/2021	Procedure Code T1016 TF UC	Frequency 5-Flexible Use	Units 21	Rate \$9.39	Avg Monthly \$17.93	Total Service \$197.19						
NPI/UMPI A828133300	Status Approved	Provider Name PLACEMENT PARTNERS MN INC		Funding Source CADI Waiver		County of Service Hennepin							
Areas of Need Supportive Services													
Support Instructions Paraprofessional to assist Case Manager to file; fax; field phone calls and other duties as assigned. Para professional to assist the case manager with administrative duties such as mailing out documents, faxing documents, filing, typing and other duties as assigned.													
Service Notes Paraprofessional to assist Case Manager to file; fax; field phone calls and other duties as assigned. Para professional to assist the case manager with administrative duties such as mailing out documents, faxing documents, filing, typing and other duties as assigned.													

Service Home Delivered Meals - One Meal per Day							
Start Date 09/24/2020	End Date 07/31/2021	Procedure Code S5170	Frequency 1-Daily	Units 311	Rate \$6.53	Avg Monthly \$184.62	Total Service \$2,030.83
NPI/UMPI 1093834020	Status Approved	Provider Name MOMS MEALS		Funding Source CADI Waiver		County of Service Hennepin	
Areas of Need Quality of Life							
Support Instructions Moms meals will assist Sharrell with not having to meal prep as much. They will assist with providing her 14 healthy meals every 2 weeks.							
Service Notes Moms meals will assist Sharrell with not having to meal prep as much. They will assist with providing her 14 healthy meals every 2 weeks.							

Service							
PERS Monthly Service Fee - Per Month							
Start Date 09/24/2020	End Date 07/31/2021	Procedure Code S5161	Frequency 3-Monthly	Units 10	Rate \$59.00	Avg Monthly \$53.64	Total Service \$590.00
NPI/UMPI A221637300	Status Approved	Provider Name LIVEWELL		Funding Source CADI Waiver		County of Service Hennepin	
Areas of Need							
Support Instructions <p>Livewell will provide Sharrell with assistance of security. If she were to ever get injured or felt sick she could press the red button on the side of her livewell alert watch. the dispatcher would be notified and she could call the appropriate emergency services to provide her assistance. The watch has GPS capabilities that would allow the dispatcher to find her and help her.</p>							
Service Notes <p>Livewell will provide Sharrell with assistance of security. If she were to ever get injured or felt sick she could press the red button on the side of her livewell alert watch. the dispatcher would be notified and he could call the appropriate emergency services to provide her assistance. The watch has GPS capabilities that would allow the dispatcher to find her and help her.</p>							

Service													
RETIRED: Independent Living Skills Training 1:1 - 15 Minutes													
Start Date 09/24/2020	End Date 07/31/2021	Procedure Code H2032 TF	Frequency 2-Weekly	Units 704	Rate \$11.30	Avg Monthly \$723.20	Total Service \$7,955.20						
NPI/UMPI A686478900	Status Approved	Provider Name A AND L HEALTH SERVICES		Funding Source CADI Waiver		County of Service Hennepin							
Areas of Need Cognitive and Behavior Supports, Employment/Training/Skill Building, Supportive Services, Communications, Quality of Life													
Support Instructions A and L services ILS will assist Sharrell with going shopping, redirecting behaviors, helping her find more resources, help her find housing along with her Housing Access Coordination services, they will assist her with filling out her Hennepin county paperwork, They will help her with making and scheduling phone calls for appointments, they will help her with transportation if she needs to get chores and other things done and they will help her with budgeting if she needs it discussing what is a want versus a need and if it works within her budget.													
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Service							
Transitional Services - Per Occurrence							
Start Date 02/03/2021	End Date 07/31/2021	Procedure Code T2038	Frequency 5-Flexible Use	Units 1	Rate \$1,700.00	Avg Monthly \$283.33	Total Service \$1,700.00
NPI/UMPI	Status Approved	Provider Name		Funding Source CADI Waiver		County of Service	
Areas of Need Home Management							
Support Instructions moving services, delivery,							
Service Notes							

Service Transitional Services- Furniture - Decremental							
Start Date 02/03/2021	End Date 07/31/2021	Procedure Code T2038 U1	Frequency 5-Flexible Use	Units 1	Rate \$1,000.00	Avg Monthly \$166.67	Total Service \$1,000.00
NPI/UMPI 1497318828	Status Approved	Provider Name HOUSING WITH CARE LLC		Funding Source CADI Waiver		County of Service Hennepin	
Areas of Need Home Management							
Support Instructions furniture							
Service Notes							

Service Transitional Services- Household Supplies - Decremental							
Start Date 02/03/2021	End Date 07/31/2021	Procedure Code T2038 U2	Frequency 5-Flexible Use	Units 1	Rate \$300.00	Avg Monthly \$50.00	Total Service \$300.00
NPI/UMPI 1497318828	Status Approved	Provider Name HOUSING WITH CARE LLC		Funding Source CADI Waiver		County of Service Hennepin	
Areas of Need Home Management							
Support Instructions Household items							
Service Notes							

Service							
Transportation - Per One Way Trip							
Start Date 09/24/2020	End Date 07/31/2021	Procedure Code T2003 UC	Frequency 5-Flexible Use	Units 583	Rate \$1.00	Avg Monthly \$53.00	Total Service \$583.00
NPI/UMPI A000027200	Status Approved	Provider Name HENNEPIN COUNTY HUMAN SERVICES DEPT		Funding Source CADI Waiver		County of Service Hennepin	
Areas of Need Quality of Life							
Support Instructions metro to assist her Sharrell in going to and from her where she needs to go							
Service Notes metro to assist her Sharrell in going to and from her where she needs to go							

RISKS

How will Health and Safety Issues be Addressed?

in the event of a health and safety issue the plan is for her to press her pers watch or to dial 911. her emergency contact Jacinta Victor whose phone number is 612-387-4273 would be notified. Her primary care doctor Dr Laura Gaigler at Fairview M Health Maplewood would be contacted at 2945 Hazelwood St, Maplewood, MN 55109 with phone number (651) 232-7800.

in the event of her having to go to the hospital her hospital of choice is North memorial located at 3300 Oakdale Ave N, Robbinsdale, MN 55422 with phone number (763) 520-5200

she knows that if she were to be in the hospital for over 24 hours that her Cadi case manager Tania H would be contacted at 612-505-2534

The following table documents and acknowledges any risks that exist based on identified remaining needs above.

Identified risk and choice regarding services	Negative outcome that may result	Alternative measure that may be implemented
CM offered a homemaker to assist with cleaning her apartment. she declined due to feeling she can do it herself until she gets a bigger place	her place can become very cluttered and unclean.	She can call cm if she changes her mind.

Summary plan/agreement reached to address the identified risks:

CM offered a homemaker to assist with cleaning her apartment. she declined due to feeling she can do it herself until she gets a bigger place. She can call cm if she changes her mind. her place can become very cluttered and unclean.

Emergency & Back Up Plans**Plan for unforeseen events (e.g, weather, storms, power outages)**

Sharrell's support system which are her friends, mother and ARMHS worker will assist with evacuation or relocating to a safe area. Sharrell also knows to call 911 when necessary.

In the event of severe weather she would go to the basement. in the event of a fire she would get out of the nearest exit. in the event of a power outage she would call the electrical people

Key Contact Name	Relationship	Phone Number
Jacinta Victor	mom	(612) 387-4273

Plan for emergency health events

If Sharrell's should require emergency medical care, the plan is to call 911 and admit to the hospital listed. If the emergency requires that a physician be contacted notify the MD listed on page 1.

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she knows that if she were to be in the hospital for over 24 hours that her Cadi case manager Tania H would be contacted at 612-505-2534

Key Contact Name	Relationship	Phone Number
Tania H	Cadi case manager	(612) 505-2534
north memorial	hospital of choice	(763) 520-5200
Jacinta Victor	mom and emergency contact	(612) 387-4273
Dr Laura Gaigler	primary care doctor	(651) 232-7800

Plan for unavailable staffing that puts the person at risk

If an unforeseen event makes staffing unavailable, the case manager choice will attempt to secure immediate trained staff, to provide care if no other trained staff is available.

Key Contact Name	Relationship	Phone Number
Tania H	Cadi Case Manager	(612) 505-2534