

# Coordinated Services and Supports Plan (CSSP)

## ABOUT ME

**Abdinour Alasow**

**Preferred Name:** Abdi

**Assessment Date:** 08/09/2021

**Plan Dates:** 10/01/2021 to 09/30/2022

**Developed by:** Amanda Nowak (952) 219-0278

**Address:** 1717 Thomas Ave N  
Minneapolis, MN 55411

**County:** Hennepin

**Home:** (612) 688-7600

**Work:**

**Other:**

**General Plan Notes:**

**Strengths, Skills, and Abilities:**

Abdinour said he isn't sure what his skills are. He is good at continuing to learn English, which is not his native language. He is also a positive person.

**Hopes, Dreams, and Aspirations:**

Abdinour would eventually like to live in his own apartment and have a job.

**Routines and Rituals:**

Abdinour says he eats three meals a day, and enjoys spending time outside when he can. He will attend any appointments that he has scheduled.

**Social, Leisure, Spiritual, and Religious Activities:**

No spiritual or religious activities indicated. Abdinour shared that he enjoys spending time outside and watching TV.

**Natural and Informal Supports:**

Abdinour's family are good natural supports for him.

**Current Employment Situation and Employment Goal:**

Abdinour is currently unemployed. Abdinour said he wants to find a job but doesn't know where to start.

**Current Housing Situation and Housing Goal:**

Abdinour is currently living in a Customized Living home. He is happy here, but would like to live in his own apartment.

**What is Important:**

It is important to Abdinour to continue receiving supports. It is also important to him to start looking for a job and to soon move into his own apartment.

**PERSON INFORMATION**

**Date of Birth:** 01/01/1997 **Age:** 24 yrs

**Emergency Contacts**

Name	Relationship	Phone
Ismanhan	Sibling	(612) 702-2811

**Notes/Comments****Decision Making Representatives**

Name	Type of Authority	Address	Phone
Civil Commitment with Jarvis			

**Notes/Comments****Health Insurance & Payers**

Is the person certified disabled by Social Security or through the State Medical Review Team (SMRT) process? Yes

Is the person on medical assistance? Yes

Type	Describe	Policy Number	Effective Date
Medical Assistance	MA/DX	04268663	10/01/2020
Managed Care	Hennepin Health SNBC		01/01/2021
Medicare - Part A		8GW6Y77CV72	11/01/2021
Medicare - Part B		8GW6Y77CV72	11/01/2021
Medicare - Part D		8GW6Y77CV72	11/01/2021

**Notes/Comments****Providers**

Health Care Providers	Phone	Comments
Primary Physician	(763) 581-5630	Dr. Andrew Wiechman, North Memorial Clinic-Brooklyn Center
Psychiatrist	(612) 873-2218	Dr. Erica Mitchell, HCMC Adult Psychiatry
Targeted Case Manager	(952) 219-0278	Amanda Nowak, Placement Partners
CADI case manager		

**Notes/Comments**

## WHAT'S IMPORTANT TO THE INDIVIDUAL

### Short and Long-Term Goals

Goal Statement	Target Date	Provider & NPI (if applicable)	Frequency of Reporting
Abdi would like to have people in his life that he can trust.	09/30/2022	PLACEMENT PARTNERS MN INC -- A828133300	semi-annually
Abdi would like to return to Ethiopia and start a business.	09/30/2022	PLACEMENT PARTNERS MN INC -- A828133300	semi-annually
Abdi would like to buy a home and a car.	09/30/2022	PLACEMENT PARTNERS MN INC -- A828133300	semi-annually

### Action Steps for Goals:

#### What will the person do?

Abdi will continue to have ongoing conversations with his case manager regarding his current goals.

**What will the case manager do?** Case Manager will meet with Abdinour at least twice per year for his annual meeting and 6-month quality visit, and additional meetings as needed/requested. Case Manager will make service referrals, monitor services, and set up funding for services through the CADI Waiver. Case Manager will also communicate with team members, staff, and medical providers to assist Abdinour. The case manager is responsible for service coordination and conflict resolution. Case Manager will monitor and coordinate informal and formal supports in order to reasonably ensure health and safety. If there are any questions, requests for updates, or issues with service provision, the case manager will help to resolve.

### **What will others do?**

Informal supports will encourage and support Abdi. Informal supports will act as an advocate for Abdi by asking questions and assisting Abdi with decisions. Informal supports will notify health care staff and service coordinator of changes in health. Informal supports will allow Abdi to define relationship and level of support.

### **What will the provider do?**

1st Attentive Services 24-hour Customized Living will provide Abdinour with a safe and comfortable place to live. They will assist him with his daily cares, behavior management/redirection, medication management, socialization, and reaching his goals and ambitions.

**SUMMARY OF PROGRAMS AND SERVICES**

Program Type	Start Date	End Date	Annual Amount	Total Plan Cost	Avg Monthly
Community Access for Disability Inclusion	10/01/2021	09/30/2022	\$125,200.00	\$204,746.77	\$17,062.23
Case Manager/Care Coordinator Amanda Nowak		Case Manager/Care Coordinator Provider ID A493432300		Responsible Party Name	
Program Notes					

<b>Service</b>													
24-Hour Customized Living Services - Daily													
<b>Start Date</b> 10/01/2021	<b>End Date</b> 09/30/2022	<b>Procedure Code</b> T2031 TG	<b>Frequency</b> 1-Daily	<b>Units</b> 365	<b>Rate</b> \$527.47	<b>Avg Monthly</b> \$16,043.88	<b>Total Service</b> \$192,526.55						
<b>NPI/UMPI</b> A185418400	<b>Status</b> Pending	<b>Provider Name</b> 1ST ATTENTIVE SERVICES LLC		<b>Funding Source</b> CADI Waiver		<b>County of Service</b> Hennepin							
<b>Areas of Need</b> Cognitive and Behavior Supports, Supportive Services, Home Management													
<b>Support Instructions</b> 1st Attentive Services 24-hour Customized Living will assist Abdinour with housekeeping tasks, laundry tasks, eating, providing prompts/cues for grooming, providing prompts/cues for dressing, medication management, behavior redirection, socialization, transportation, engaging in enjoyable activities, and working toward his overall goals and ambitions.													
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Service							
Case Management - 15 Minutes							
Start Date 10/01/2021	End Date 09/30/2022	Procedure Code T1016 UC	Frequency 3-Monthly	Units 148	Rate \$24.47	Avg Monthly \$301.80	Total Service \$3,621.56
NPI/UMPI A828133300	Status Pending	Provider Name PLACEMENT PARTNERS MN INC		Funding Source CADI Waiver		County of Service Hennepin	
Areas of Need Supportive Services							
Support Instructions Case Manager will meet with Abdinour at least twice per year for his annual reassessment meeting, 6 month qualityvisit, and additional meetings as needed. Case Manager will make service referrals, monitor services, and set up funding for services through the CADI Waiver. Case Manager will also communicate with team members, staff, and medical providers to assist Abdinour. The case manager is responsible for service coordination and conflict resolution. Case Manager will monitor and coordinate informal and formal supports in order to reasonably assure health and safety. If there are any questions, requests for updates, or issues with service provision, the case manager will help to resolve.							



**Service Notes**

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<b>Service</b> Case Management Aide (Paraprofessional) - 15 Minutes							
<b>Start Date</b> 10/01/2021	<b>End Date</b> 09/30/2022	<b>Procedure Code</b> T1016 TF UC	<b>Frequency</b> 5-Flexible Use	<b>Units</b> 24	<b>Rate</b> \$9.39	<b>Avg Monthly</b> \$18.78	<b>Total Service</b> \$225.36
<b>NPI/UMPI</b> A828133300	<b>Status</b> Pending	<b>Provider Name</b> PLACEMENT PARTNERS MN INC		<b>Funding Source</b> CADI Waiver		<b>County of Service</b> Hennepin	
<b>Areas of Need</b> Supportive Services							
<b>Support Instructions</b> Paraprofessional to assist the case manager with administrative duties such as mailing out documents, faxing documents, filing, typing and other duties as assigned.							
<b>Service Notes</b> Paraprofessional to assist the case manager with administrative duties such as mailing out documents, faxing documents, filing, typing and other duties as assigned.							

<b>Service</b>							
Individualized Home Supports with Training 1:1 - 15 Minutes							
<b>Start Date</b> 11/11/2021	<b>End Date</b> 09/30/2022	<b>Procedure Code</b> H2014 UC U3	<b>Frequency</b> 2-Weekly	<b>Units</b> 741	<b>Rate</b> \$11.30	<b>Avg Monthly</b> \$761.21	<b>Total Service</b> \$8,373.30
<b>NPI/UMPI</b> A615488300	<b>Status</b> Pending	<b>Provider Name</b> DYNAMIC SERVICES LLC		<b>Funding Source</b> CADI Waiver		<b>County of Service</b> Hennepin	
<b>Areas of Need</b> Quality of Life, Employment/Training/Skill Building, Supportive Services, Cognitive and Behavior Supports							
<b>Support Instructions</b> Dynamic Services Individualized Home Supports with Training will meet with Abdinour for 4 hours each week. They will assist him with paperwork, redirecting behaviors, engaging in enjoyable activities, looking for jobs, transportation, and scheduling appointments.							
<b>Service Notes</b> Dynamic Services Individualized Home Supports with Training will meet with Abdinour for 4 hours each week. They will assist him with paperwork, redirecting behaviors, engaging in enjoyable activities, looking for jobs, transportation, and scheduling appointments.							

## RISKS

### How will Health and Safety Issues be Addressed?

Abdi will contact the emergency contact or call 911 in the event of an emergency or a member of his mental health team will contact emergency services if Abdi having an exacerbation of his mental health symptoms at the time of the emergency.

In the event of a medical emergency the plan is to dial 911 or press the pers account. His emergency contact Ismanhan which is his sister could be contacted at phone number 612-702-2811. His primary care doctor Dr. Andrew Wiechman, North Memorial Clinic - Brookln Center would be contacted at 763-581-5630. If he had to go to the hospital his hospital of choice is HCMC.

He knows that if he were to be out of the community for over 24 hours to contact his CADI case manager Amanda Nowak, 952-219-0278

The following table documents and acknowledges any risks that exist based on identified remaining needs above.

Identified risk and choice regarding services	Negative outcome that may result	Alternative measure that may be implemented
N/A		

### Summary plan/agreement reached to address the identified risks:

he is agreeable to all services at this time

## Emergency & Back Up Plans

### Plan for unforeseen events (e.g, weather, storms, power outages)

If emergency medical or psychiatric care is needed, the plan is to call 911 and admit to HCMC. If there was a fire he would go downstairs and out the door. in the event of a power outage he would call excel energy. In the event of severe weather and to get away from windows he would go to the bathroom.

Key Contact Name	Relationship	Phone Number
ismanhan	sister	(612) 702-2811

**Plan for emergency health events**

Will also inform emergency contact(s) listed in this plan.

If the emergency requires that a physician be contacted, notify the provider listed in this plan.

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Key Contact Name	Relationship	Phone Number
ismanhan	sister	(612) 702-2811
Dr. Andrew Wiechman	primary care doctor	(763) 581-5630
HCMC	hospital of choice	(612) 873-3000
Amanda Nowak	CADI Case Manager	(952) 219-0278

**Plan for unavailable staffing that puts the person at risk**

If an unforeseen event makes staffing unavailable the plan is to contact the primary emergency contact and the provider will attempt to secure immediate trained staff and notify the following caregiver(s) to provide care if no other trained staff is available. There should be no reason for unavailable staffing however if that were to occur he would contact his cad case manager and his emergency contact

Key Contact Name	Relationship	Phone Number
ismanhan	sister	(612) 702-2811

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Amanda Nowak	CADI Case Manager	(952) 219-0278