|  |  |
| --- | --- |
| PROGRESS REPORT AND RECOMMENDATIONS | |
| Name: Brenda Overton  Report Completed by (name and title): Jessica Reno, Program Director  Distribution Date: 5/14/2015 | Date of Progress Report: 5/14/2015  Type of Progress Report (i.e. annual): Semi-Annual  Date of Review Meeting (if applicable): 5/14/2015 |
| To:  Person Served  Legal Representative  Case Manager  Other: Residential Provider | |
| Summary of Service Outcome and Support Progress | |
| Outcome #1: I would like ILS assistance to help me start using a my personal planner to keep track of my schedule from day to day by ensuring I am writing down my plans (activities and appointments). I would like staff to assist me once per week with my planning. I would like to accomplish this goal 80% of trials through April 2015.  Summary of progress toward achieving this outcome: Brenda achieved this goal 100% of trails in the current recording period. Staff reported that Brenda recorded an average of 2 to 3 appointments per week in her planner. Toward the end of the reporting period, Brenda came prepared with her planner to the scheduled shifts and required no staff prompts to start working on the goal.  Recommendation for implementing this outcome:  Continue  Change  Discontinue  Rationale for the recommendation: Due to Brenda accomplishing this goal it is recommended that the goal be changed to completion of 100% of trials, with staff providing one or no prompts to Brenda to start working on the goal. | |
| Outcome # 2: I would like to work on expanding my community and social skills by getting out in the community and learning about the area. I will do this by participating in a variety of activities outside of my home with my ILS worker, friends and roommates. I would like to do this by going into the community to places like a restaurant (1x/month), park, bowling, church etc... at least once a week 80% of trials through April 2015.  Summary of progress toward achieving this outcome: Brenda achieved this goal 85% of trials in the current reporting period. Brenda regularly engaged in community activities by shopping with roommates, visiting her daughter, going out to eat with ILS staff, and taking walks with ILS staff.  Recommendation for implementing this outcome:  Continue  Change  Discontinue  Rationale for the recommendation: Brenda successfully achieved this goal, however it is recommended that the goal be continued to continually increase Brenda’s community integration and social skills. | |
| Outcome #3: Sometimes I find it hard to budget. Brenda will utilize coupons and money saving stores like Salvation Army to keep within her budget. Brenda will also try to limit herself to eating out once per month. Brenda will save up to $5 each month using her piggy bank. Brenda will accomplish this goal 85% of trials through April 2015.  Summary of progress toward achieving this outcome: During this reporting period, Brenda regularly achieved this goal by shopping at money savings stores such as the Dollar Store. Brenda also saved approximately $5 to $10 per week 70% of trials.  Recommendation for implementing this outcome:  Continue  Change  Discontinue  Rationale for the recommendation: It is recommended that this goal be continued due to Brenda consistently eating out more than once per month during this reporting period, resulting in Brenda spending a portion of her monthly savings. | |
| Outcome #4: I would like to work on my weight management. I will do this by practicing and/or discussing healthy eating as well as exercising (either/or). I will work on my weight management once a week, 75% of trials through April 2015.  Summary of progress toward achieving this outcome: During this reporting period, Brenda achieved this goal 50% of trails due to choosing to eat out, purchasing snack foods, and not exercising regularly. However, toward the end of the reporting period Brenda met with a dietitian and nutritionist. As a result, Brenda reduced her soda intake, increased her exercise in the community, and experienced weight loss.  Recommendation for implementing this outcome:  Continue  Change  Discontinue  Rationale for the recommendation: It is recommended due to Brenda’s success at the end of the reporting period that this goal be continued to maintain staff support for Brenda’s healthy lifestyle choices. | |

|  |
| --- |
| **Description of the person’s status** |
| Health: Brenda experienced problems with her knees, incontinence and heart problems.  What is currently important to the person and for the person: Making new friends and becoming active in the community are important to Brenda. It is important for Brenda to increase her healthy lifestyle to maintain her health and well-being.  Status of social relationships and natural supports: Brenda reports having friends at her residence and being close to her family.  Recent inclusion and participation in the community: Brenda goes out in the community with her ILS staff and residential staff.  New or ongoing opportunities for the development and exercise of functional and age-appropriate skills, decision making and choice, personal advocacy, and communication: None  Status of the person’s civil and legal rights: Brenda is her own guardian.  Other information as requested by the support team, please indicate: None |