



Coordinated Services and Supports Plan (CSSP)

ABOUT ME

MICHAEL TENNESSEN

Assessment Date: 05/17/2021

Plan Dates: 07/01/2021 to 06/30/2022

Developed by: Amanda Nowak (952) 219-0278

Address: 2730 Winnetka Ave N.
New Hope, MN 55428

County: Hennepin

Home: (612) 224-1383

Work:

Other:

General Plan Notes:

Strengths, Skills, and Abilities: Michael describes himself as motivated and hard-working. He has a positive outlook when it comes to reaching his goals.

Hopes, Dreams, and Aspirations: Michael would like to continue to improve his overall health. Michael is happy with where he is currently living and wants to ensure that he stays there. Michael also wants to start working again - he wants to work with RISE to assist him with finding a job.

Routines and Rituals: Michael states that he eats regular meals, takes his medicine, and goes to any appointments that he has scheduled. Outside of that, his daily routine varies depending on how he is feeling or what he has going on that day.

Social, Leisure, Spiritual, and Religious Activities: No spiritual/religious activities indicated. Michael loves being outdoors - he enjoys camping, fishing, bike riding, and many other outdoor activities.

Natural and Informal Supports: Michael's biggest support is his father.

Current Employment Situation and Employment Goal: Michael is currently unemployed, but wants to find a job. Michael wants to work with RISE to assist him with finding a job. Michael stated that he would like to do groundskeeping work.

Current Housing Situation and Housing Goal: Michael is currently living in a Customized Living home. Michael is happy with where he is currently living, and does not have a desire to move.

What is Important: It is important to Michael to stay at the current place he is living, to improve his overall health, and to work with RISE to find a job.

PERSON INFORMATION

Date of Birth: 01/11/1980 **Age:** 41 yrs

Emergency Contacts

Name	Relationship	Phone
Robert Tennesen	Parent	(612) 669-9641

Notes/Comments

Decision Making Representatives

Name	Type of Authority	Address	Phone

Notes/Comments**Health Insurance & Payers**

Is the person certified disabled by Social Security or through the State Medical Review Team (SMRT) process? Yes

Is the person on medical assistance? Yes

Type	Describe	Policy Number	Effective Date
Medical Assistance	MA-DX	PMI#: 00567538	02/01/2021
Managed Care	UCARE	PMI#: 00567538	12/01/2018
Medicare - Part A		Medicare #: 2E96KW4G	12/01/2003
Medicare - Part B		Medicare #: 2E96KW4G	12/01/2003
Medicare - Part D		Medicare #: 2E96KW4G	01/01/2006

Notes/Comments**Providers**

Health Care Providers	Phone	Comments
Primary Physician	(952) 993-3400	Dr. Tara Nelson (Primary Care Provider), Park Nicollet, 3850 Park Nicollet Blvd, St. Louis Park, MN 55416

Health Care Providers	Phone	Comments
Psychiatrist	(763) 537-6612	Dr. Nataliya Ishkova (ACT Team Psychiatrist), ResCare, 6120 Earle Brown Dr. #100, Brooklyn Center, MN 55430
Targeted Case Manager	(763) 537-6612	Annie Luttinen (ACT Team Mental Health Case Manager), ResCare, 6120 Earle Brown Dr. #100, Brooklyn Center, MN 55430, x121
ACT Team Mental Health Case Manager		
Other	(763) 205-1702	Total Care Assisted Living, 2730 Winnetka Ave N., New Hope, MN 55428
Customized Living		
Targeted Case Manager	(952) 219-0278	Amanda Nowak (CADI Case Manager), Placement Partners, 7400 Metro Blvd. #216, Edina, MN 55439
CADI Case Manager		

Notes/Comments

Hospital Preference: M Health Fairview Riverside

WHAT'S IMPORTANT TO THE INDIVIDUAL**Short and Long-Term Goals**

Goal Statement	Target Date	Provider & NPI (if applicable)	Frequency of Reporting
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Short and Long-Term Goals

Goal Statement	Target Date	Provider & NPI (if applicable)	Frequency of Reporting
Michael would like to continue improving his physical and mental health.	06/30/2022	PLACEMENT PARTNERS MN INC -- A828133300	semi-annually
Michael would like to find a job with the help of RISE.	06/30/2022	PLACEMENT PARTNERS MN INC -- A828133300	semi-annually
Michael would like to continue living at the Customized Living home he is currently at.	06/30/2022	TOTALCARE ASSISTED LIVING SERVICE -- A956680000	semi-annually

Action Steps for Goals:

What will the person do? Michael will continue to monitor his physical and mental health. Michael will see his doctor and psychiatrist on a regular basis. Michael will continue to work with his CADI Case Manager and providers to work toward his goals.

What will the case manager do?

Case Manager will meet with Michael twice per year for her 6 month quality visit and annual meeting. Case Manager will meet with/connect with Michael additionally as needed. Case Manager will make service referrals, monitor services, and set up funding for services through the CADI waiver. Case Manager will also communicate with providers, support staff, medical providers, and others on Michael's support team to assist Michael. Case Manager will monitor and coordinate informal and formal supports in order to reasonably ensure health and safety. If there are any questions, requests for updates, or issues with service provision, Case Manager will help to resolve.

What will others do? Michael's informal supports will continue to support Michael in working toward his goals.

What will the provider do? Total Care Assisted Living will assist Michael with his daily cares as needed. Livewell PERS will provide Michael with a sense of security.

SUMMARY OF PROGRAMS AND SERVICES

Program Type	Start Date	End Date	Annual Amount	Total Plan Cost	Avg Monthly
Community Access for Disability Inclusion	07/01/2021	06/30/2022	\$74,000.00	\$13,979.12	\$1,164.93
Case Manager/Care Coordinator Amanda Nowak		Case Manager/Care Coordinator Provider ID A493432300		Responsible Party Name	
Program Notes					

Service 24-Hour Customized Living Services - Daily							
Start Date 07/01/2021	End Date 06/30/2022	Procedure Code T2031 TG	Frequency	Units 365	Rate \$0.00	Avg Monthly \$0.00	Total Service \$0.00
NPI/UMPI A956680000	Status Pending	Provider Name TOTALCARE ASSISTED LIVING SERVICE		Funding Source CADI Waiver		County of Service Hennepin	
Areas of Need Quality of Life, Cognitive and Behavior Supports, Health Related/Medical, Home Management, Personal Assistance							
Support Instructions							
Service Notes Total Care Assisted Living will assist Michael with providing prompts for bathing, eating, and grooming tasks. Total Care Assisted Living will also assist Michael with redirecting behaviors, making and answering phone calls, preparing meals, shopping, light housekeeping tasks, heavy housekeeping tasks, laundry tasks, medication management, insulin administration as needed, financial management, and transporting him to and from appointments.							

Service Case Management - 15 Minutes							
Start Date 07/01/2021	End Date 06/30/2022	Procedure Code T1016 UC	Frequency 5-Flexible Use	Units 148	Rate \$24.47	Avg Monthly \$301.80	Total Service \$3,621.56
NPI/UMPI A828133300	Status Pending	Provider Name PLACEMENT PARTNERS MN INC		Funding Source CADI Waiver		County of Service Hennepin	
Areas of Need Supportive Services							
Support Instructions Case Manager will meet with Michael at least twice per year for his Annual Reassessment meeting, 6 month quality visit, and additional meetings as needed. Case Manager will make service referrals, monitor services, and set up funding for services through the CADI waiver. Case Manager to also communicate with team members, staff, and medical providers as needed. Case Manager will monitor and coordinate informal and formal supports in order to reasonably assure health and safety. If there are questions, requests for updates or issues with service provision, the Case Manager will help to resolve.							

Service Notes

Case Manager will meet with Michael at least twice per year for his Annual Reassessment meeting, 6 month quality visit, and additional meetings as needed. Case Manager will make service referrals, monitor services, and set up funding for services through the CADI waiver. Case Manager to also communicate with team members, staff, and medical providers as needed. Case Manager will monitor and coordinate informal and formal supports in order to reasonably assure health and safety. If there are questions, requests for updates or issues with service provision, the Case Manager will help to resolve.

Service Case Management Aide (Paraprofessional) - 15 Minutes							
Start Date 07/01/2021	End Date 06/30/2022	Procedure Code T1016 TF UC	Frequency 5-Flexible Use	Units 24	Rate \$9.39	Avg Monthly \$18.78	Total Service \$225.36
NPI/UMPI A828133300	Status Pending	Provider Name PLACEMENT PARTNERS MN INC		Funding Source CADI Waiver		County of Service Hennepin	
Areas of Need Supportive Services							
Support Instructions Paraprofessional to assist the case manager with administrative duties such as mailing out documents, faxing documents, filing, typing and other duties as assigned.							
Service Notes Paraprofessional to assist the case manager with administrative duties such as mailing out documents, faxing documents, filing, typing and other duties as assigned.							

Service													
Individualized Home Supports with Training 1:1 - 15 Minutes													
Start Date 07/01/2021	End Date 06/30/2022	Procedure Code H2014 UC U3	Frequency 2-Weekly	Units 834	Rate \$11.30	Avg Monthly \$785.35	Total Service \$9,424.20						
NPI/UMPI A615488300	Status Pending	Provider Name DYNAMIC SERVICES LLC		Funding Source CADI Waiver		County of Service Hennepin							
Areas of Need Supportive Services													
Support Instructions Dynamic Services Individualized Home Supports with Training will assist Michael with redirecting behaviors, making and answering phone calls, scheduling appointments, grocery shopping, financial management, attending medical appointments as requested, socialization, and partaking in enjoyable activities outside of his home.													
Service Notes Dynamic Services Individualized Home Supports with Training will assist Michael with redirecting behaviors, making and answering phone calls, scheduling appointments, grocery shopping, financial management, attending medical appointments as requested, socialization, and partaking in enjoyable activities outside of his home.													

Service													
PERS Monthly Service Fee - Per Month													
Start Date 07/01/2021	End Date 06/30/2022	Procedure Code S5161	Frequency 5-Flexible Use	Units 12	Rate \$59.00	Avg Monthly \$59.00	Total Service \$708.00						
NPI/UMPI A221637300	Status Pending	Provider Name LIVEWELL		Funding Source CADI Waiver		County of Service Hennepin							
Areas of Need Health Related/Medical													
Support Instructions Livewell a pers watch with a monthly fee paid by the cadl waiver will assist Michael with personal security. If he ever were to fall or get hurt he could press the red button on the side of the watch. The dispatcher would be notified and they would be able to call his emergency contact along with send the correct emergency services to assist him.													
Service Notes Livewell PERS watch with a monthly fee paid by the CADI waiver will assist Michael with personal security. If he ever were to fall or get hurt he could press the red button on the side of the watch. The dispatcher would be notified and they would be able to call his emergency contact along with send the correct emergency services to assist him.													

RISKS

How will Health and Safety Issues be Addressed?

Michael has a PERS watch from Livewell that he can use if he were ever in an emergency health or medical situation. Michael also stated that he knows how to and feels comfortable dialing 911. If he ever needed to go to the hospital, his preferred hospital is Methodist Hospital in St. Louis Park. Should he ever go to the hospital his father and emergency contact, Robert Tennesen,

would be contacted. Michael knows to inform his CADI Case Manager, Amanda Nowak, should he be in the hospital for more than 24 hours.

The following table documents and acknowledges any risks that exist based on identified remaining needs above.

Identified risk and choice regarding services	Negative outcome that may result	Alternative measure that may be implemented
N/A		

Summary plan/agreement reached to address the identified risks:

N/A he is agreeable to all services

Emergency & Back Up Plans

Plan for unforeseen events (e.g, weather, storms, power outages)

In the event of severe weather, Michael would go to the basement of his group home. In the event of a fire, Michael would either go out the windows in his bedroom (in the basement) or out the front door. If there was a power outage, Michael would alert Customized Living staff.

Key Contact Name	Relationship	Phone Number
Bob Tennessen	dad	(612) 669-9641

Plan for emergency health events

In the event of an emergency the plan is to dial 911. His emergency contact which is his dad would be notified Bob Tennessen

at 612-669-9641. His primary care doctor would be notified at park Nicollet st louis park 3850 Park Nicollet blvd, st louis park, MN 55416 at phone number 952-993-3400. if he were to have to go to the hospital his hospital of choice is Methodist 6500 Excelsior Blvd, St Louis Park, MN 55426 at phone number (952) 993-5000

He knows to contact his Cadi case manager if he were to be out of the community for over 24 hours Tania H at 612-505-2534

Key Contact Name	Relationship	Phone Number
Park Nicollet - St. Louis Park	Primary Care	(952) 993-3400
Bob Tennesen	Father	(612) 669-9641
Methodist Hospital	Hospital of Choice	(952) 993-5000
Amanda Nowak	CADI Case Manager	(952) 219-0278

Plan for unavailable staffing that puts the person at risk

There should be no reason for there to be unavailable staffing that puts him at risk. However, if that were to occur he would notify his CADI Case Manager, Amanda Nowak, and his emergency contact, Robert Tennesen.

Key Contact Name	Relationship	Phone Number
Amanda Nowak	CADI Case Manager	(952) 219-0278
Bob Tennesen	Father/emergency contact	(612) 669-9641