

Extreme Indoor Golf



EDITION 7

NEWSLETTER

September

Master Your Game This September with Smart Fall Golf Tips

Rob Gibbons

September is hands down one of the best months to be out on the golf course. The scorching heat of summer finally breaks, the crowds thin out, and those gorgeous fall colors start creeping in around the fairways. But fall golf comes with its own unique challenges that can make or break your game if you're not prepared.

The biggest game-changer? Those temperature swings. One morning you're teeing off in a hoodie, and by the back nine you're peeling off layers. Your ball doesn't fly the same distance when it's 55 degrees versus 75 degrees. Start every round with a longer warm-up than you'd do in summer.

Speaking of distance, cooler air is denser, which means your ball won't carry as far. That approach shot that normally needs a 7-iron? You might need a 6-iron to get there. Don't let pride keep you from grabbing more club—I've seen too many golfers come up short because they refused to adjust.



September brings morning dew that can stick around longer, making fairways play slower and softer. Your ball won't roll out like it does on bone-dry summer fairways. On the flip side, greens tend to be in fantastic shape this time of year, so take advantage of those improved putting surfaces.

Wind becomes your new playing partner in fall. Those autumn breezes can wreak havoc on your ball flight, especially on elevated tees and exposed greens. Learn to read the trees and flags, and don't be afraid to take an extra club when hitting into the wind.



Your gear needs attention too. Make sure your grips aren't getting slippery from morning moisture, and consider switching to a softer ball that performs better in cooler temperatures. Layer your clothing so you can adjust as conditions change, and always pack a light rain jacket.

Here's a pro tip: fall is prime time for course management. With shorter days, you can't afford to spend ten minutes looking for wayward shots. Play smart, keep it in play, and focus on steady pars rather than hero shots.

The mental game matters just as much. There's something about fall golf that makes every round feel more precious. Stay relaxed, enjoy those crisp mornings and stunning views, and remember why you fell in love with this game.

As the temperatures drop and days grow shorter, it's smart to plan your practice indoors—where great swings don't take a season off. Extreme Indoor Golf offers the perfect place to keep your game sharp, no matter the weather.

Fleetwood Finally Breaks Through With FedEx Cup Championship in Atlanta

Kevin Walton

After 164 attempts at his first PGA Tour victory, Tommy Fleetwood couldn't have picked a more spectacular moment to break through. The English golfer captured both the Tour Championship and the FedEx Cup title at East Lake Golf Club in Atlanta on Sunday, earning a life-changing \$10 million prize with his breakthrough performance.

Fleetwood posted a steady 2-under 68 in the final round to finish at 18-under par for the tournament, winning by three strokes over Patrick Cantlay and Russell Henley. The victory represents not just his first PGA Tour win, but also makes him the second English winner of the FedExCup, following Justin Rose.



The dramatic finish unfolded at the historic East Lake layout, where Fleetwood maintained his composure under immense pressure. His weekend surge began Friday when he shot a blistering 63, setting the stage for Sunday's coronation. Throughout the final round, the 33-year-old from Southport displayed the steady nerves that had eluded him in previous near-misses.

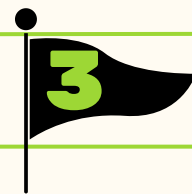
What made Fleetwood's victory even more impressive was the caliber of competition he faced. The field included several former FedEx Cup champions and major winners, all vying for golf's richest prize. Yet Fleetwood never wavered, methodically building his lead as others faltered under the season-ending pressure.



The \$10 million winner's check represents the largest single payout in professional golf, instantly transforming Fleetwood from a player searching for his first American victory to one of the tour's biggest earners. His triumph also secures full PGA Tour membership and exemptions into major championships for years to come.

For Atlanta golf fans who witnessed the drama at East Lake, Fleetwood's victory provided a thrilling conclusion to the PGA Tour season. The picturesque course, redesigned by Rees Jones, served as the perfect backdrop for this career-defining moment.

As the 19th FedExCup champion, Fleetwood joins an elite group of players who have captured golf's season-long points race. His patient approach and clutch putting under pressure proved that persistence eventually pays off at the highest level of professional golf.



Team USA Eyes Redemption at Bethpage Black

Howie Bernt

The stage is set for what promises to be the most electrifying Ryder Cup in recent memory. From September 26-28, 2025, the prestigious Bethpage Black Course in Farmingdale, New York, will host golf's most passionate rivalry as Team USA, led by captain Keegan Bradley, attempts to wrest back the coveted silverware from defending champions Team Europe.

The American squad enters this biennial battle with fire in their bellies and revenge on their minds. After suffering a 16.5-11.5 defeat in Rome in 2023, the home crowd advantage at the notoriously challenging Bethpage Black could be the catalyst they desperately need. Bradley's potential dual role as both captain and player would create an unprecedented situation, adding an extraordinary layer of intensity to an already pressure-packed environment.

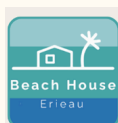
Team Europe, under the steady leadership of Luke Donald—who becomes Europe's first repeat captain since Bernard Gallacher, who captained three consecutive teams from 1991-1995—arrives as the confident defending champions. They're seeking to achieve what would be a historic away Ryder Cup victory, with Donald aiming to become only the second captain to lead Europe to victories both home and away, following Tony Jacklin who achieved this feat in 1985 and 1987.

The European squad boasts formidable talent, with established stars and emerging players ready to defend their title. The team's depth and experience in high-pressure situations make them a formidable opponent, especially considering their dominant performance in Rome where they controlled the competition from start to finish.

For Team USA, the path to victory runs through Bethpage Black's punishing layout—a course that has humbled the world's best players in major championships. The home crowd will be deafening, creating an atmosphere that could either inspire greatness or amplify pressure. The Americans enter as favorites, carrying expectations that have both motivated and haunted previous generations.

The qualification process has been intense, with automatic spots being determined through various ranking systems and captain's picks adding strategic intrigue. Both teams feature a compelling mix of seasoned veterans and hungry newcomers eager to make their mark on golf's biggest stage.

My Prediction: This will come down to Sunday singles, with the outcome decided by the narrowest of margins. Bethpage Black's brutal conditions will favor the grittier, more experienced players. I'm predicting a nail-biting 14½-13½ victory for Team USA, with Keegan Bradley's leadership and the thunderous home crowd support proving the decisive factors. The Americans' hunger for redemption, combined with their familiarity with the challenging Long Island venue, will ultimately tip the scales in what promises to be an unforgettable weekend of golf drama.



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18 Weeks of Indoor Golf Paradise But Only If You Can Get In

Ryan McTavish

Hey everyone, Ryan here! As the leaves start turning and those outdoor rounds get a little chillier, I couldn't be more excited to welcome you back to Extreme Indoor Golf. Our Fall League season runs 18 weeks starting October 27th with a break December 22nd until January 5th. Teams must play minimum 15 weeks for playoffs. Registration is \$175 plus tax, weekly rounds \$35 (tax included), weekend makeup rounds \$40 (tax included). Miss your scheduled round? Give us 24 hours notice or pay \$25 plus tax fee. Early Bird Special: 10% off registration if you sign up before September 20th! Our state-of-the-art simulator bays are ready with amazing customer service. Whether working on short game or bombing drives down virtual fairways, we've got you covered. Nothing beats following up a solid round with delicious pub food and a frosty pint.



This \$30 Wind Meter Changed My Approach Game

Kevin Walton

There's a defining moment when golfers realize guessing wind speed costs them strokes they can't afford to lose. I learned this watching a single-digit handicapper pull out a small device before every approach shot while I squinted at treetops like a confused meteorologist. His secret weapon? A pocket wind meter.

This isn't about overthinking the game. It's about having actual data instead of hoping that "feels like a two-club wind" guess is remotely accurate. BTMETER Wind Speed Gauge Meter gives you precise wind speed and direction in seconds.

Without relying on flags that lie or leaves that mislead, you start making informed decisions. That's why tour players have caddies with wind meters while weekend golfers throw grass in the air hoping for divine intervention.

The device is smaller than your rangefinder, fits in any pocket, and costs less than a decent driver grip. It reads wind speed instantly and works in any weather condition.

Next windy round, try this: check actual wind speed before pulling a club, adjust accordingly, and swing with confidence. Watch how often you hit approach shots close compared to playing wind roulette.



We've loaded over 70 incredible courses to tackle, from legendary championship layouts to hidden gems for every skill level and mood. But here's the big news: our Fall League fills up fast every single year, and spots are flying off the books. The competition is fierce, camaraderie unmatched, and prizes worth bragging about. Don't get left out—give our pro shop a call today and secure your spot before it's too late. Trust me, you don't want to miss this.