



C. Diff Tip Sheet

- C. Diff is spread thru spores that are found in stool from an infected person
- The spores can live on surfaces for long periods of time
- If you can have infected people use one restroom and avoid preparing food until treated and symptoms resolve
- Wash hands with soap and water (Alcohol hand sanitizers don't work against C. Diff)
- Wash surfaces with bleach or a bleach product. (most Clorox wipes do not contain bleach)
- Wash soiled linens, clothing and other soiled fabrics in hot water with laundry detergent and bleach (avoid washing soiled items with other clothing)

Bathroom and Kitchen cleaning tips

- Use bleach/water 1:10 ratio or 1 cup of bleach to 9 cups of water made fresh daily
- Surfaces should stay wet with solution for 10min before drying with a clean cloth
- Remove fabric shower curtain and replace with plastic or vinyl shower liner that can be cleaned with bleach
- Remove any hanging towels or rugs/mat
- Store Toothbrushes/cups or other items in a zip lock bag and/or in closets or under sink
- Close toilet lid before every flush
- Can use a bleach tab in toilet tank
- Cleaning with paper towels that can be throw in the garbage is best
- Wear disposable gloves while cleaning and change and wash hands with each room
- Clean dishes in dishwasher with high heat setting or if hand washing in a sink you can put 2-3 tablespoons of bleach in dish water with soap and rinse thoroughly