

Pre-Surgery Instructions for Periodontal Surgery

1. Please verify that you have received your prescriptions and will take them as instructed.
2. Do not eat or drink anything for at least 6 hours prior to surgery if you are scheduled for IV sedation. Please take any medications you normally take with just a small sip of water.
3. Plan on taking the rest of the school or workday off.
4. You will need ice bag compresses when you return home. We will give you extra gauze and a disposable compress to use on the way home. Tea bags can also be useful to help manage any post-operative bleeding events.
5. Prepare for a cold, soft diet for 2 days following the surgery. Smoothies, milkshakes, instant breakfast drinks, yogurt, etc., are recommended but take care to consume them using a spoon instead of a straw, as the suction through a straw could disrupt the healing process.
6. IF YOU WERE GIVEN A PARTIAL OR FLIPPER, PLEASE BRING IT WITH YOU TO THE SURGERY.
7. You are welcome to bring your own music to listen to during the procedure.
8. Minors scheduled for surgery must be accompanied by a parent or guardian.
9. Please do not bring children or pets with you. Arrange for someone to care for them during your surgery.
10. If you have any questions, please contact the office at (970)245-4478.