

Dr. A Crichton and Dr. B Ford

#102, 49 Richard Way S.W.
Calgary, Alberta, T3E 7M8
Phone: 403-245-3730,
Fax 403-245-1058
www.glaucomacalgary.com

Glaucoma Surgery

PLEASE READ CAREFULLY BEFORE SURGERY

Before Surgery:

Medical:

- A medical must be done by your family doctor about 1 month or as soon as possible before surgery; medicals are valid for 3-4 months assuming no health changes.
- Please bring the enclosed medical form to your doctor to complete at your appointment
- If you fail to have your medical done, your surgery will be postponed.

Drops:

- Continue your drops as usual until you arrive at surgery.
- Instructions for additional surgery drops are enclosed (prescription will be faxed to your pharmacy).

Surgery:

Date:

MMM-DD-YYYY

Arrival Time:

(walk in door time)

- NOTHING TO EAT AFTER MIDNIGHT THE NIGHT PRIOR, CLEAR FLUIDS ARE ALLOWED UP TO 5-6 HOURS PRIOR.

- Total length of time there is approximately 2 hours.
- You MUST bring current picture ID and your Alberta healthcare card.

Location:

- HOLY CROSS SURGICAL SERVICES
Suite 101, 2210 2nd ST SW, Calgary, AB, T2S 1S6

Parking:

- Pay parking is available in parking lot, enter in main doors. You CANNOT drive yourself home from surgery (taxi is acceptable provided no sedation is given)

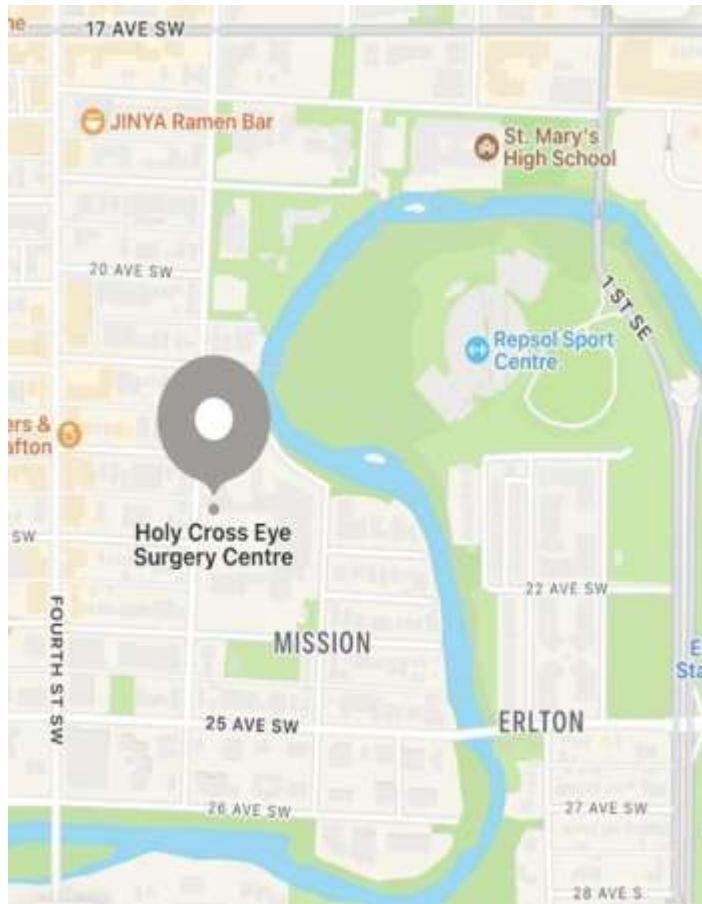
Post-Operative Appointments (at Richard Way Office, will be booked closer to surgery):

1 Day after Surgery:

2-3 Days after Surgery:

~1 week after surgery:

HOLY CROSS SURGICAL CENTER



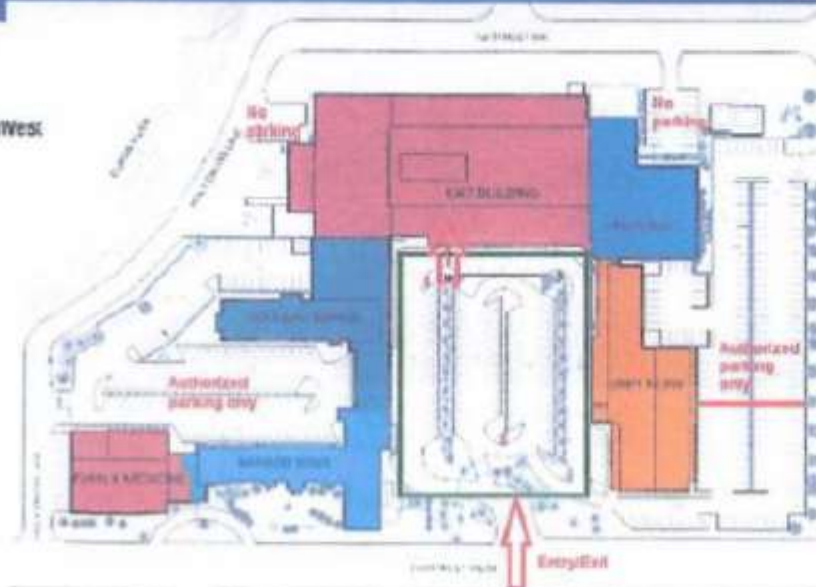
Holy Cross Surgical Services is located at:

Room 101-2210 2nd ST SW,
Calgary, Alberta
T2S 3C3

Paid parking is available.

Overall Site Plan

Our address:
2210 2nd Street SouthWest
Suite: 101



Holy Cross Surgical Services Patient Parking

Patient parking is marked by the grass

1. Enter off of 2nd Street by the crosswalk signals
2. Park in vacant stall
3. Parking fees apply; payable at any of four meters onsite
4. Enter at the Main entrance (Marked by the red "1") located to the right of the pharmacy.
5. The entrance is to the right after the full entrance vestibule.
6. Use the intercom to identify yourself with reception. Once identified, reception will open the door for you.



IMPORTANT GLAUCOMA SURGERY INSTRUCTIONS

BEFORE SURGERY:

- If you are on Coumadin, please ensure you have your INR checked approximately 5 - 7 business days prior to surgery.
- **Do not have any solid food or milk products for 8 hours minimum/after midnight before surgery, this includes gum or candy. Do not drink any alcoholic beverages for 24 hrs before surgery.**
- **You may drink up to 1 cup clear fluids 6 hours before surgery (e.g. tea or coffee with NO dairy/sugar added, apple juice, water, clear sports drink).**
- Your operation may be canceled due to acute medical conditions (e.g. cough or cold). If in doubt, contact your surgeon's office prior to surgery.
- Take your medications as normal before surgery with sips of water (anything requiring food or diabetic medications will need to be taken after surgery)
- If you use glaucoma drops in the surgery eye, take them the morning of surgery. A prescription for drops related to surgery will be faxed to your pharmacy; there is an instruction sheet with start dates enclosed in this package

THE DAY OF SURGERY:

- It is recommended to have someone accompany you to and from surgery. Please make your own arrangements. Mild sedation is an option at the surgery center provided someone will be with you the entire day of surgery
- **Please bring your Alberta Health Card and Current Picture Identification**
- Wear loose comfortable clothing. Nothing tight or constricting.
- Please do not wear jewelry or makeup. If you wear contact lenses, please remove them before surgery.
- You will check in at the reception area. There is a waiting room if your driver needs to wait.
- They will have you sign a consent form and then take you back to see the anesthetist. He/she will administer either the anesthetic drops or the local anesthetic, which will freeze the whole side of your face.
- Once the anesthetic has taken effect, you will walk to the surgical suite where Dr. Crichton or Dr. Ford (whichever doctor you normally see) will do your surgery.
- You will lie on a surgical bed while covered with a sterile surgical drape. The surgery itself takes about 20-45 minutes and you will be awake for the whole procedure.
- The doctor will put bandages and a shield over your eye after surgery

AFTER SURGERY:

- Leave your eye patch on overnight and the next day until your appointment at our office. Do not remove the patch to take any eye drops.
- Go home & rest. Resting quietly the day of surgery is recommended
- **You will have a 1 day, 2-3 day and ~1 week post-surgery follow-up appointment at our office. Further appointments will depend on healing but will likely be quite frequent for several weeks**
- You may experience numbness of your face and eye for up to 6 hours after surgery.
- If you experience discomfort, you may take Tylenol as recommended.
- If you experience severe pain, call the office at 403-245-3730 during daytime hours. After hours, to receive telephone advice, call Calgary Health Link at 811. For an emergency, go to the hospital emergency department (Rockyview Hospital in Calgary).
- You may eat regular meals following surgery.
- **DISCONTINUE GLAUCOMA DROPS/PILLS FOR YOUR SURGERY EYE ONLY AND USE YOUR POST-OPERATIVE DROPS UNLESS OTHERWISE ADVISED (CONFIRM WITH DOCTOR). Continue any drops you take for your non-surgery eye as normal.**

POST-OPERATIVE ADVICE FOLLOWING SURGERY:

- If you have any questions about your eyes, please call the office.
- Wear eye shield at night for 2 weeks. Tape to face with medical tape or fix the eye shield with elastic (e.g. like a pirate patch).
- Your wound is healing and it will not be firm enough to stand too much pressure for about six weeks.
- Avoid all dirty/dusty environments, stooping, straining, lifting and vigorous activities for at least two weeks. It is impossible to list all the activities you should avoid. You should sleep propped up/inclined for 2 weeks after surgery; these timelines may be extended pending healing.
- Avoid closing/squeezing eyes tightly. Never rub or touch the eye. Take care when washing your face, avoid getting water or soap in the eye.
- If there is a lot of discharge from the eye upon waking, wipe off the lids with moist cotton, but avoid exerting pressure on the eye, particularly the upper lid. If
- Wash your hands thoroughly before and after putting in eye drops.
- You may have the feeling of something in the eye due to the incision, but do not close the eye tightly. This feeling may persist for a few weeks, artificial tears (preferably preservative-free) may help provide some relief.

PRE SURGERY MEDICAL FORM

PLEASE RETURN WITHIN 3 WEEKS BEFORE SURGERY

(Form is valid for 3 months provided no changes)

Dear Dr. _____,

Your patient has been scheduled to have surgery at: Holy Cross Surgical Center

Please provide a complete history and physical examination on this form and fax as soon as possible to 403-245-1058

Patient's name: _____

Date of Surgery: MMM-DD-YYYY

Diagnosis: GLAUCOMA

Procedure: _____

Past Medical Hx -

Medication List:

-
-
-
-
-
-
-

Recent Steroid use-

Drug Allergies-

Previous Surgery-

Anesthetic Problems-

Functional Inquiries (Systems Inventory) No Yes

Cardiovascular

Respiratory/Smoking

Heptic

Renal

Nervous System

Endocrine

Musculoskeletal System

Blood or Coagulation Disorders

— —
— —
— —
— —
— —
— —
— —
— —

Pulse

BP

Weight

Height (approx.)

Normal

Abnormal

If Abnormal give details:

EENT

Cardiovascular

Respiratory

Abdominal

Nervous System

Musculoskeletal

Other (Specify)

FIT FOR SURGERY?

YES ___ NO ___

Date _____ Dr. Name _____ Phone # _____