

### Life Coaching Services

In-person, Virtual and Telephone Meetings  
Available

Certified Life Coach, NLP Practitioner

10+ years experience in the mental health field as a group leader to adolescents and working as a mentor with adults in various job settings. Specialty in teen and adult populations, neurodivergence and ADHD, LGBTQIAQA+ career goals, various goal setting, and networking.

Self-pay only with a reasonable fee schedule. Visa, Mastercard, Paypal and most major credit cards are accepted through secure payment method. Check and cash payments accepted.

Disclaimer: Life Coaching is not a regulated service by PA Department of Health, although our practitioner does their best to follow Department of Health recommendations and guidelines of other similar services.

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### Licensed Therapy Services

10+ years experience in Mental Health Treatment and a specialty in Trauma, Substance Use Disorder, and Sexual Identity Development.

#### Current Insurances Accepted:

Aetna commercial plans, Cigna commercial plans, Highmark commercial plans, Ambetter Health and Wellness, UPMC commercial plans, and United Health Care (Optum/UMR) commercial plans

Self-pay options for those without insurance, or reasonable rates when discussed with needs based assessment of specific services.



### Mental Health Outpatient Services

- Mental Health Intake
- In-person Individual Sessions
- Couple's Counseling
- Hippy Secure Virtual individual counseling

*Weekend and Evening Availability*

#### Virtual Outpatient Groups: Held Weekly

(Co-facilitated with our certified Life Coach)

#### Adolescent Outpatient Groups(14-17)

- Social Skills group
- LGBTQIAQA+ Identity Development group
- Emotional Resiliency Gaming Group

#### Outpatient Groups(18 years +)

(Co-facilitated with our Life Coach)

- In-person small groups including an 18+ Role Play Gaming(RPG). Pick your character and face your battle.
- LGBTQIAQA+ counseling and support group
- Mental Health and Substance Use Disorder Professionals Outpatient
- Women's Group

## Specialty Services:

### Licensure Supervision

Available for practitioners working towards PA state licensure.

### Mental Health Consulting and Education

Business evaluation and employee satisfaction consulting.

LGBTQIQA Affirming and Inclusivity Consultation

LGBTQIQA+ Informed Training and CEU availability.

### Emotional Support Animal Considerations

Please contact our office regarding your concerns, and treatment options regarding looking for Emotional Support Animal considerations and resources.

## Community Space:

Is your group looking for a safe and affirming community space? Please contact us for availability if your community service organization is looking for a place to host its meetings.

### Currently Hosting

#### Local Organization For Trans-folk (L.O.F.T)

Monthly Online and In Person Support Groups

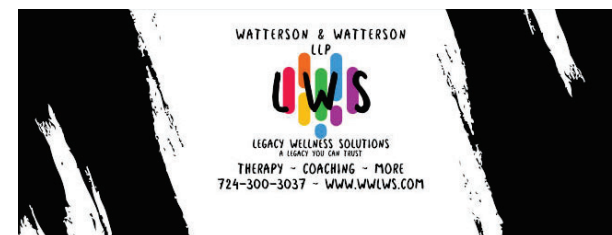


*Follow L.O.F.T on Facebook for Local Events*

*Therapist available upon request.*

### Looking for Queer Affirming Clergy?

Universal Life Church Clergy available for personalized Wedding Ceremonies, Counseling, and more. Call 724-594-2122 for more information.



144 North Jefferson Street, Apartment 1

Kittanning, PA 16201

**www.WWLWS.com**

Fax: 724-571-4899

For Therapy Services:

**Call or Text: 724-300-3037**

info@wwlws.com

For Life Coaching:

**724-594-2122**

info@wwlws.com

### Mission Statement:

To provide respectful and meaningful services to the consumers of Armstrong and surrounding counties. We provide services in a casual and inviting environment with emphasis on inclusivity of the LGBTQIQA+ community and programs.

