

Eyebrow After-Care Instructions

(To be followed for Original Procedure & ALL touch-ups)

Congratulations on your new eyebrows! If this is your first permanent makeup experience, it can be a bit unnerving the very first time you see your newly tattooed brows. They will most-likely look too thick, dark, hard, inflamed and sometimes *downright scary* - at least to you. Hopefully, you will read this and see that what you are experiencing is completely normal. If you need some extra reassurance give me a call or text at 772-200-4276, and I'll be happy to help.

RULE # 1 - DON'T PANIC! This initial phase of dark, hard looking brows last for only about 5 days, followed by a couple days of peeling. Permanent makeup is definitely a process requiring patience, trust, communication and compliance. Your brows will undergo many changes as they heal, but rest-assured I am here for you and together we will come through it with gorgeous brows

RULE # 2 - DON'T SWEAT THE SMALL STUFF. I will say it again, permanent makeup is a process, that requires 2, occasionally 3, visits to achieve optimal results. This serves us well for a few reasons. First, It gives us the luxury of being ultra-conservative at the first visit, keeping in mind that the goal is a natural, subtle result. Secondly, it gives us an opportunity to address areas that did not respond as well as we hoped, to tweak shape and address asymmetry issues. While I always strive for perfection, once swelling and your biology come into play, it can be hard to assess the fine details. THERE ARE ALWAYS ISSUES TO ADDRESS - THIS IS WHY WE PLAN ON A TOUCH UP FROM THE START. At your touchup, we will see how you healed, and adjust our plan accordingly, as well as addressing any shape and color issues. The bottom line is it's just too early to judge your brows too harshly - they are under construction. See Rule #1.

TOUCHUP APPOINTMENT - In ALL cases, a follow-up appointment is required approximately 6 WEEKS after your initial application to fine tune and ensure the best result. You are 100% responsible for maintaining your appointments. Touchup appointments after 90 days from initial procedure will be subject to an additional charge.

DON'T BE A STRANGER - Pigments will slowly fade over time according to one's metabolism, skin type, sun exposure, medication, lifestyle, smoking, etc. A yearly color boost is recommended to keep your color looking fresh.

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How to Care for Your Brows

Though rare, infection is possible. If you see signs of infection such as persistent increased redness or swelling, fever, drainage, or oozing, contact Karin at 772-200-4276 and your doctor immediately.

IMMEDIATELY FOLLOWING THE PROCEDURE:

Apply ice packs as necessary to prevent or reduce swelling. Place Gauze between ice and skin. Every 30-45 minutes, blot area with clean gauze to absorb any lymph fluid. An accumulation of lymph fluid will result in excessive scabbing and loss of color.

ABSOLUTE NO-NOs

* Do not pick, peel or pull on the skin.

* Avoid sweating such as from vigorous exercise for at least 1 week. Excessive sweating can cause loss of pigment or blurring of hairline strokes.

- * Do not use peroxide or Neosporin on treated areas.
- * Do not expose area to direct sun or to tanning beds.

* Avoid exposing the area excessive moisture or humidity, such as: facials, swimming, whirlpools (hot tubs), saunas, steam rooms, and steamy showers.

* Avoid Retin-A, moisturizers, glycolic acids, exfoliants and anti-aging products at all times (not just during healing) on all micropigmented areas. These can cause pigments to fade and lighten prematurely.

* Avoid tanning beds, sun, chlorine spas and pools, soap and chemicals (including skin cleansers, makeup removers, alpha hydroxyl creams, and tooth whitening toothpaste) near the treated area until healed.

Seasoned permanent makeup wearers can attest to the phenomenon of the healing brows. They go from *too dark*, to *too light*, and hopefully end at *just right*. It takes a minimum of 4 weeks to get an honest assessment of the healed color. This table below will help you to anticipate the changes ahead. Patience is a wonderful virtue, that you will need. Once brows have completed the initial peeling phase, you are free to resume all normal activities and may use brow pencil or makeup, should you desire. Remember too light, too short, too skinny are all GOOD problems to have.



Procedure Day: Upon completion, your brows may look hard, painted, too dark, too think, etc. You can expect your healed results to be approximately 20-25% lighter and thinner than the initial appearance. Keep in mind that swelling will expand the tissue making brows appear thicker that they truly are. As swelling subsides, brows will narrow. Swelling can temporary distort the brows, accentuating asymmetry. Any real issues will be addressed at the touchup when you are not swollen. Please keep in mind that if you ALWAYS had an eyebrow higher than the other (which most of us do), I may not be able to make them match. Remember eyebrow are sisters, not twins. Blot brows every 45 minutes to absorb any weeping. Icing is welcome, but not required.

Day 2 (follow these instructions for 1st 5 days)

Gently wash your brows with cool water and clean finger tips to remove any crusting. Pat Dry with gauze. Apply a thin coat of AfterInked or grape-seed Oil. NO PETROLEUM BASED PRODUCTS No soap. Do not scrub or pick. Do not run water directly on brows. Repeat morning and night for 1st 5 days (only 2x daily). AfterInked cream may be used as long as you desire to condition skin.

Prior to showering, apply a thin coat of AfterInked to provide a barrier between your brows and the water. Do not linger in steamy shower. Do not let water spray directly on face. Other that morning and evening care, DO NOT get your brows wet, damp, steamy, etc.

Day 3 & 4 Eyebrows may start to itch and will appear a bit thicker in texture. Exfoliation begins.

Day 5 Brows will start to peel. DO NOT help them! Underlying color may appear ashy and too light. You are entering "the invisible phase". As body continues to heal, color will 'bloom' over coming weeks, becoming a richer, warmer tone, This may take up to 6 weeks to fully develop. Once smooth to the touch, you may resume all normal activities and apply makeup as you see fit.

NEVER APPLY ANTI-AGING OR SKIN CARE PRODUCTS TO BROWS. ALWAYS USE SUNSCREEN ON THEM!

QUESTIONS OR CONCERNS? Email Karin at Info@MojoMasterPM.com or Call / Text 772-200-4276