

# Eyeliner After-Care Instructions

(To be followed for Original Procedure & ALL touch-ups)

Congratulations on your eyeliner! If this is your first permanent makeup experience, this document will help you know what to expect. Hopefully, you will read this and see that what you are experiencing is completely normal. If you need some extra reassurance give me a call or text at 772-200-4276, and I'll be happy to help.

**RULE # 1 - DON'T PANIC!** Permanent makeup is definitely a process requiring patience, trust, communication and compliance. Your eyeliner will undergo many changes as you heal. It is not at all uncommon for clients to lose portions of their eyeliner while healing, but not to worry - you have a touch up coming to address this very thing. Rest-assured I am here for you and will do my very best to get you the result you desire. Unfortunately, sometimes your biology can combat all of my best intentions. After-care can make the all the difference in our success. Please keep reading...

RULE # 2 - DON'T SWEAT THE SMALL STUFF. I will say it again, permanent makeup is a process, that requires 2, occasionally 3, visits to achieve optimal results. This serves us well for a few reasons. First, It gives us the luxury of being ultra-conservative at the first visit, keeping in mind that the goal is a beautiful, well-executed result. Secondly, it gives us an opportunity to address areas that did not respond as well as we hoped; add fullness and color density, etc. While I always strive for perfection, once swelling and your biology come into play, it can be hard to assess the fine details. THERE ARE ALWAYS ISSUES TO ADDRESS - THIS IS WHY WE PLAN ON A TOUCH UP FROM THE START. At your touchup, we will see how you healed, and adjust our plan accordingly, as well as addressing any design and color issues. The bottom line is it's just too early to judge your results too harshly - you are under construction. See Rule #1.

**TOUCHUP APPOINTMENT** - In ALL cases, a follow-up appointment is required approximately 6 WEEKS after your initial application to fine tune and ensure the best result. You are 100% responsible for maintaining your appointments. Touchup appointments after 90 days from initial procedure will be subject to an additional charge.

**DON'T BE A STRANGER** - Pigments will slowly fade over time according to one's metabolism, skin type, sun exposure, medication, lifestyle, smoking, etc. A yearly color boost is recommended to keep your color looking fresh.



## How to Care for Your Eyeliner

Though rare, infection is possible. If you see signs of infection such as persistent increased redness or swelling, fever, drainage, or oozing, contact Karin at 772-200-4276 and your doctor immediately.

#### IMMEDIATELY FOLLOWING THE PROCEDURE:

Ice may be used, twenty minutes at a time, during the first few hours to minimize swelling and discomfort. Protect your skin with gauze or a paper towel wrapped around the ice pack. Take pain reliever as needed after the numbing wears off. If your eyes feel irritated, use a lubricating eye drop, such as Celluvisc) until discomfort subsides. Do not rub your eyes. Do not wear contacts for 3 days. Sleeping on your back with the head slightly elevated and this will help reduce swelling.

### STARTING DAY 2 (for 1st 5 days):

- Ice as needed in the morning to reduce puffiness
- Rinse with eye wash as needed to soothe eyes
- Apply a thin coat of AfterInked ointment (which will be provided for you) or grape-seed Oil.
- Repeat morning and night for 1st 5 days (up to 4 times daily).
- AfterInked cream may be used as long as you desire to condition skin.
- Prior to showering, apply a thin coat of AfterInked to provide a barrier between your brows and the water. Do not linger in steamy shower. Do not let water spray directly on face.

#### **ABSOLUTE NO-NOs**

- Do not pick, peel or pull on the skin.
- Avoid sweating and vigorous exercise for at least 1 week. Excessive sweating can cause loss of pigment.
- Do not use peroxide or Neosporin on treated areas.
- Do not expose area to direct sun or to tanning beds.
- Avoid exposing the area excessive moisture or humidity, such as: facials, swimming, whirlpools (hot tubs), saunas, steam rooms, and steamy showers.
- Avoid Retin-A, moisturizers, glycolic acids, exfoliants and anti-aging products at all times (not just during healing) on all micropigmented areas. These can cause pigments to fade and lighten prematurely.
- Avoid tanning beds, sun, chlorine spas and pools, soap and chemicals (including skin cleansers, makeup removers, alpha hydroxyl creams, and tooth whitening toothpaste) near the treated area until healed.



While every person is different and some heal more quickly or slowly than others, here is generally what to expect...Temporary side effects from permanent makeup include, but are not limited to: redness, swelling, puffiness, bruising, dry patches and tenderness. You should expect to lose approximately 1/3 of the initial color during the healing process. We have selected the optimal pigments for you with this in mind. In approximately six days it may appear too light. After about 10 days, the color will show more. It will appear softer when completely healed.

**Day 1** This can vary from slightly puffy to swollen, heavy lids, light sensitive and possibly bloodshot. They feel more swollen than they actually appear. Makeup looks quite heavily applied. It's advisable to sleep in an elevated position to help reduce swelling at night. Also, do not use your best pillowcase the first two nights.

**Day 2** Eyes will be swollen and perhaps a bit 'crusty' upon waking. You may gently use a tip and water to remove excessive crusting, but bear in mind, the less you touch them, the better your results will be. As you go about your day, swelling will recede. Avoid heavy lifting, physical exertion and crying.

**Day 3** Eyes will be less swollen, but still tight. The lash area will feel sore if touched.

**Day 4 & 5** Pigment within the epidermis will begin to flake off in little stitch looking lines, although some people do not notice the exfoliation at all. DO NOT PICK - you will pull DERMAL pigment and end up with uneven color. They may start to itch. After-care ointment should help soothe them.

**Day 6 +** Eyeliner may look ashy and muted for a period of a few weeks (weeks 2-4), as skin continues to heal. It takes 4-6 weals for color to fully mature.

The touch up appointment is essential for a desirable outcome. We will build upon the foundation that has been laid at the first visit. It is up to you to make and keep your included touch up appointment approximately 4 weeks after first visit.

QUESTIONS OR CONCERNS? Email Karin at info@MojoMasterPM.com or Call 772-200-4276.