



How to Care for Your Lip Color

Congratulations on your permanent lip color! If this is your first permanent makeup experience, it can be a bit unnerving the very first time you see your newly tattooed lips. They will most-likely look too thick, bright or dark, swollen, inflamed and sometimes *downright scary* - at least to you. Hopefully, you will read this and see that what you are experiencing is completely normal. If you need some extra reassurance give me a call or text at 772-200-4276, and I'll be happy to help.

RULE # 1 - DON'T PANIC! This initial phase of swollen, distorted looking lips lasts for only about 5 days, followed by a couple days of peeling. Permanent makeup is definitely a process requiring patience, trust, communication and compliance. Your lips will undergo many changes as they heal, but rest-assured I am here for you and together we will come through it with gorgeous lips!

RULE # 2 - DON'T SWEAT THE SMALL STUFF. I will say it again, permanent makeup is a process, that requires 2, occasionally 3, visits to achieve optimal results. This serves us well for a few reasons. First, It gives us the luxury of being ultra-conservative at the first visit, keeping in mind that the goal is a beautiful, well-executed result. Secondly, it gives us an opportunity to address areas that did not respond as well as we hoped, to tweak shape and address asymmetry issues. While I always strive for perfection, once swelling and your biology come into play, it can be hard to assess the fine details. **THERE ARE ALWAYS ISSUES TO ADDRESS - THIS IS WHY WE PLAN ON A TOUCH UP FROM THE START.** At your touchup, we will see how you healed, and adjust our plan accordingly, as well as addressing any shape and color issues. The bottom line is it's just too early to judge your permanent makeup too harshly - you are under construction. See Rule #1.

TOUCHUP APPOINTMENT - In ALL cases, a follow-up appointment is required approximately 6 WEEKS after your initial application to fine tune and ensure the best result. You are 100% responsible for maintaining your appointments. Touchup appointments after 90 days from initial procedure will be subject to an additional charge.

DON'T BE A STRANGER - Pigments will slowly fade over time according to one's metabolism, skin type, sun exposure, medication, lifestyle, smoking, etc. A yearly color boost is recommended to keep your color looking fresh.

Though rare, infection is possible. If you see signs of infection such as persistent increased redness or swelling, fever, drainage, or oozing, contact Karin at 772-200-4276 and your doctor immediately.



HOW TO CARE FOR YOUR LIPS

IMMEDIATELY FOLLOWING THE PROCEDURE:

Apply ice packs as necessary to prevent or reduce swelling.

Every 30 minutes, blot area with clean gauze to absorb any weeping of lymph fluid (completely normal and expected). An accumulation of lymph fluid will result in excessive scabbing and loss of color.

STARTING DAY 2 (for 1st 5 days):

- Gently wash your lips with cool water, a mild alcohol-free soap and clean finger tips to remove any crusting. Do not scrub or pick.
- Pat Dry with gauze.
- Apply a thin coat of AfterInked or grape-seed Oil.
- Reapply throughout day as lips become dry and tight.
- AfterInked cream may be used as long as you desire to condition skin.
- Prior to showering, apply a thin coat of AfterInked to provide a barrier between your lips and the water. Do not linger in steamy shower. Do not let water spray directly on face.

ABSOLUTE NO-NOs

- Do not pick, peel or pull on the skin.
- Avoid sweating such as from vigorous exercise for at least 1 week. Excessive sweating can cause loss of pigment.
- Do not use peroxide or Neosporin on treated areas.
- Do not expose area to direct sun or to tanning beds.
- Avoid exposing the area excessive moisture or humidity, such as: facials, swimming, whirlpools (hot tubs), saunas, steam rooms, and steamy showers.
- Avoid Retin-A, moisturizers, glycolic acids, exfoliants and anti-aging products at all times (not just during healing) on all micropigmented areas. These can cause pigments to fade and lighten prematurely.
- Avoid tanning beds, sun, chlorine spas and pools, soap and chemicals (including skin cleansers, makeup removers, alpha hydroxyl creams, and tooth whitening toothpaste) near the treated area until healed.



Healing Timeline - What to Expect

- **Day 1** Lips will be swollen, are tender, and have a heavy, thick lipstick look with a reddish-brick color. For the first few days, the color is darker than it will appear when healed.
- **Day 2** Lips have slight swelling, are reddish in color, are tender, and have a slight metallic taste.
- **Day 3** Lips will have less swelling, a thicker texture, are orange, are sore, and have a hot feeling. They are pre-exfoliation.
- **Day 4 -7** Exfoliation begins with very chapped lips. As surface color begins to peel away, the underlying color will appear very faint and that lips have lost all of their color. This is referred to as the Invisible Phase. As lips continue to heal, the color will bloom and become more vibrant. This can take up to 6 weeks.

The touch up appointment is essential for a desirable outcome. We will build upon the foundation that has been laid at the first visit. It is up to you to make and keep your included touch up appointment approximately 4 weeks after first visit.

QUESTIONS OR CONCERNS? Email Karin at info@MojoMasterPM.com / call or text 772-200-4276.