



SCAR CAMOUFLAGE AFTERCARE

Though rare, infection is possible. If you see signs of infection such as persistent increased redness or swelling, fever, drainage, or oozing, contact Karin at 772-200-4276 and your doctor immediately.

RULE # 1 - DON'T PANIC! After your procedure, the treated area WILL be swollen. Some clients will swell minimally, and some will swell more. Everyone heals differently. This can cause the area(s) to appear uneven, red, itchy, and irritated when healing. The area(s) WILL also appear much darker and thicker than the final result. The initial phase will last for only about 5 days, followed by a couple of days of peeling. Permanent makeup is definitely a process requiring patience, trust, communication and compliance. Your treated area will undergo many changes while healing, but rest assured I am here for you.

RULE # 2 - DON'T SWEAT THE SMALL STUFF. I will say it again, permanent makeup is a process, that requires multiple visits to achieve optimal results. This serves us well for a few reasons. First, It gives us the luxury of being ultra-conservative at the first visit, Secondly, it gives us an opportunity to address areas that did not respond as well as we hoped, to tweak the shape and address asymmetry issues. While I always strive for perfection, once swelling and your biology come into play, it can be hard to assess the fine details. THERE ARE ALWAYS ISSUES TO ADDRESS - THIS IS WHY WE PLAN ON A TOUCH UP FROM THE START. At your touchup, we will see how you healed, and adjust our plan accordingly, as well as addressing any issues. The bottom line is it's just too early to judge your results too harshly - you are under construction. *See Rule #1.*

TOUCHUP APPOINTMENT - In ALL cases, a follow-up appointment is required approximately 4-6 WEEKS after your initial application to fine-tune and ensure the best result. You are 100% responsible for maintaining your appointments. Touchup appointments after 90 days from the initial procedure will be subject to an additional charge.

DON'T BE A STRANGER - Pigments will slowly fade over time according to one's metabolism, skin type, sun exposure, medication, lifestyle, smoking, etc. A periodic color boost is recommended to keep your color looking fresh. The regularity of recommended touchups vary from client to client.

IMMEDIATELY FOLLOWING THE PROCEDURE: If dressing was applied, do not remove until the following day. Apply ice packs as necessary to prevent or reduce swelling. Place Gauze between ice and skin. Every 30-45 minutes, blot the area with clean gauze to absorb any lymph fluid. An accumulation of lymph fluid will result in excessive scabbing and loss of color.

AFTER-CARE BY THE DAY...

While every person is different and some heal more quickly or slowly than others, here is generally what to expect...Temporary side effects from micropigmentation include, but are not limited to redness, swelling, puffiness, bruising, dry patches and tenderness. You should expect to lose approximately 1/3 of the initial color during the healing process. We have selected the optimal pigments for you with this in mind. In approximately six days it may appear too light. After about 10 days, the color will show more. It will appear softer when completely healed.

Day 1 The treated area is approximately 20-25% bolder and darker in width than they will be when healed. Expect light to moderate swelling and redness. The skin's redness causes the color of the pigment to appear darker. Exfoliation, which begins in a few days, will cause the excess pigment surrounding the area to flake away. New skin will heal over the pigmented area and result in a softer appearance. This is all part of the process.

Day 2 Conditions remain the same.

Day 3 Area will start to itch and will appear a bit thicker in texture. Peeling may begin.

Day 4 The skin begins to flake, peeling from the outside edges first.

Day 5 Color finishes flaking off and appears softer and grayer for a few days until color clarifies.

Day 6-9 The color has lightened from its initial overly-dark appearance. For the next several days, the color may now be lighter than what the final color will be.

Day 10 The final color begins to bloom and show through. The color will continue to soften as the healing process completes.

ABSOLUTE NO-NOs

- 🚫 Do not pick, peel or pull on the skin.
- 🚫 Avoid sweating such as from vigorous exercise for at least 1 week.
Excessive sweating can cause loss of pigment
- 🚫 Areola Clients - Avoid Sleeping on your Stomach
- 🚫 Do not use peroxide or Neosporin on treated areas.
- 🚫 Do not expose area to direct sun or to tanning beds.
- 🚫 Avoid exposing the area to excessive moisture or humidity, such as facials, swimming, whirlpools (hot tubs), saunas, steam rooms, and steamy showers.
- 🚫 Avoid tanning beds, sun, chlorine spas, and pools, soap and chemicals (including skin cleansers, makeup removers, alpha hydroxyl creams, and tooth whitening toothpaste) near the treated area.