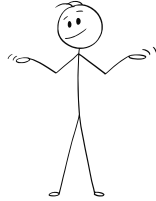# EXPLORING MY TWO SOCIAL SELVES

Name: _____

You are going to create a double mind map that explores who you are in two spaces: *Real Life* (offline world) and *Online* (digital world - social media, video games, group chats, posting, commenting, etc.).
Think about what you do, how you communicate, socialize, and represent yourself.
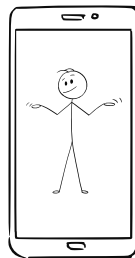
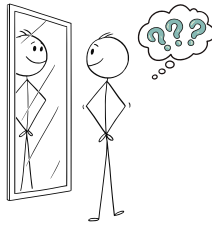## "HOW I ACT, TALK, SOCIALIZE AND PRESENT MYSELF IN REAL LIFE"

## "HOW I ACT, TALK, SOCIALIZE AND PRESENT MYSELF ONLINE"

# REFLECTION QUESTIONS

1. What were the biggest differences you noticed between your real life and online selves?

_____

_____

_____

_____

2. Why do you think people act differently online compared to in person?

_____

_____

_____

_____

3. Which "version" of yourself feels more authentic to you? Why?

_____

_____

_____

_____

4. Does managing your online self ever take time or energy away from your real-life experiences? Explain or give an example.

_____

_____

_____

_____

5. How might the way you act online affect your real-life relationships, reputation, or even how you see yourself?

_____

_____

_____

_____

6. What responsibilities do you think you have to yourself and others when you're participating in the digital world?

_____

_____

_____

_____